NAME	Amala Roslyn V.A	
DESIGNATION	Guest Lecturer	
QUALIFICATION	MSc. Food Science & Nutrition	
EMAIL ID	amalaantony2812@mail.com	
PHONE NO	9074132247	

TEACHING INTERESTS

- Food service management
- Food Science & Nutrition
- Dietetics
- Food technology
- Food safety

RESEARCH AREAS

- Craft products using waste materials
- Proximate composition, functional and pasting properties of flour from Musa paradisiaca at different levels of maturity and its feasibility of developing value – added products

ACADEMIC/PROFESSIONAL QUALIFICATIONS*

NAME OF THE PROGRAMME	INSTITUTION/UNIVERSITY	YEAR OF PASSING
MSc. Food Science & Nutrition	St. Teresa's College (Autonomous), Ernakulam	2025
BSc. Home Science	St. Teresa's College (Autonomous), Ernakulam	2023
Higher secondary	E.M.G.H.S.S Fort Kochi	2020
Matriculation	Fatima G.H.S Fort Kochi	2018

OTHER TRAINING PROGRAMS ATTENDED

NAME OF THE PROGRAMME	INSTITUTION/UNIVERSITY	YEAR
HACCP Level 3 for food manufacturing (RQF)	St. Teresa's College (Autonomous), Ernakulam	2025

INDUSTRIAL EXPERIENCE

DESIGNATION	ORGANISATION	YEAR OF SERVICE
Food Processing Internship	HT Foods Pvt. Ltd	1 week
Dietetic Internship	PSG Hospital, Coimbatore	1 month
Dissertation-based research	Doctor John's Biotech Centre for Research & Development	1 month

JOURNAL PUBLICATIONS

SL.NO.	TITLE	NAME OF JOURNAL / VOL. NO / ISSUE NO / PAGE NOS	ISBN/ISSN NO	MONTH / YEAR
1.	Craft Products Using Waste Materials	Bridging Industry and Academia for Catalysing Innovation	ISBN 978-81-7255-175-9	March 2024
2.	Proximate composition, functional and pasting properties of banana flour (*Musa paradisiaca*)	Star Research Reach	ISSN 0975-5101	December 2025

SEMINARS/CONFERENCES/WORKSHOPS ATTENDED#

SL.NO	NAME OF THE PROGRAMME	NAME OF THE ORGANISER& SPONSORING AGENCY	VENUE & DATE	LEVEL *
1.	Incubation and Incubation Opportunities in Home	34th Biennial National Conference of the Home	St. Teresa's College *December 2022*	National

	Science for a Self-Reliant India	Science Association of India (HSAI)		
2.	International Conference on Interdisciplinary Research in the Area of Sports Nutrition, Health and Fitness	St. Albert's College	*12th January 2024*.	Regional
3.	International Symposium	Amrita Institute of Medical Sciences	2024	International
4.	Innovative Strategies for Global Nutrition Security: Focus on Fortification	Technical Support Unit for Rice Fortification, Regional Agricultural Research Station	Kerala Agricultural University *October 2024*	National
5.	Food and Nutrition Security: Addressing Challenges and Opportunities	in collaboration with KAU, KUFOS, ICAR-KVK, and jointly organized by St. Teresa's College	St. Teresa's College *23rd January 2025*	National
6.	Erudite Scholar-in-Residence Programme	Department of Home Science, and sponsored by the Education Council	St. Teresa's College *July 2022*.	Institutional

INVITED TALKS/IN MEDIA/ANY OTHER

- Resource person on the topic 'Mindful eating Healthy living' at Gregorian Public School, Maradu on 16th January 2026

PG PROJECTS GUIDED

SL.NO	TITLE	MONTH/ YEAR
1.	Formulation and Nutritional Evaluation of Iron rich Health Mix powder for anemia prevention	March 2026