



Workshop on ‘Econometrics for
Research in Economics’

Report

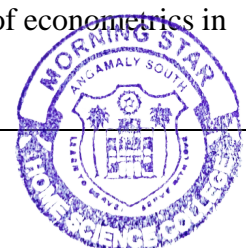
Date	30 January 2024
Venue	Conference Hall
Organizer	P.G. Department of Economics
Resource Person	Dr. P. R. Suresh, Assistant Professor, Department of Applied Economics, CUSAT
Beneficiaries	65 students participated

Description

Objective: The Workshop on Econometrics for Research in Economics, organized by the PG Dept of Economics, aimed to provide participants with a comprehensive understanding of econometric techniques using ICT tools, equipping them with the necessary skills to conduct high-quality research in economics. The workshop focused on bridging the gap between theoretical knowledge and practical application, emphasizing the importance of econometrics in empirical economic research.

Description: P.G. Department of Economics organized a workshop on “Econometrics for Research in Economics” on 30 January, 2024. The workshop commenced at 11:00 AM in the conference hall, with an enthusiastic turnout of students from the economics department. Dr. PR Suresh, an esteemed expert in applied economics from CUSAT, served as the resource person for the workshop. Dr. Suresh delivered into the fundamental concepts of econometrics, elucidating the theoretical foundations and methodological approaches that underpin the discipline. He emphasized the importance of econometric models in analyzing real-world economic phenomena, citing examples from his own research and experiences. The resource person covered a wide array of topics, including regression analysis, time-series econometrics, and panel data techniques. Dr. Suresh encouraged a participatory learning environment, fostering discussions on challenges faced in empirical research and providing valuable insights into overcoming them.

Outcome: The workshop successfully achieved its objectives, leaving participants with a heightened understanding of econometric techniques using ICT tools and their applications in economic research. A total of 65 students participated. The interactive sessions facilitated a dynamic exchange of ideas, allowing participants to clarify doubts and gain practical insights into econometric analysis. In conclusion, the Workshop on Econometrics for Research in Economics proved to be a valuable and enriching experience, bridging the gap between theory and practice for participants and fostering a deeper appreciation for the role of econometrics in advancing the field of Economics



Geo-tagged Photographs of the event



Brochure



Student introduces resource person



Resource person leading the session



Resource person interacting with students





Morning Star Home Science College PG Department of Economics

List of participants

[30/01/2024]

Workshop on "Econometrics for Research in Economics"

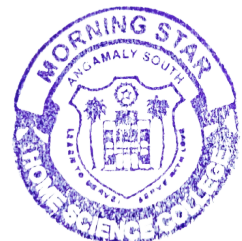
Sl. No.	Name	Class	Signature
1	Jesna Anna Thomas	1 st MA Business Economics	[Signature]
2	Ajuna K Raj	1 st MA Business Economics	[Signature]
3	P.S. Jansath	1 st MA Business Economics	[Signature]
4	Ammu P S	1 st MA Business Economics	[Signature]
5	Fathma Beevi M S	1 st MA Business Economics	[Signature]
6	Anamaya M Davy	1 st MA Business Economics	[Signature]
7	Fahmida pravin K V	1 st MA Business Economics	[Signature]
8	Aishwariya P A	1 st MA Business Economics	[Signature]
9	Asna P. P	1 st MA Business Economics	[Signature]
10	Ananya C Shreya	1 st MA Business Economics	[Signature]
11	Anshitha Ashraf	1 st MA Business Economics	[Signature]
12	Ashna T K	1 st MA Business Economics	[Signature]
13	Fathima Suhana	1 st MA Business Economics	[Signature]
14	ALFIYA V M	1 st MA Business Economics	[Signature]
15	Anas Angel	1 st MA Business Economics	[Signature]
16	Sreividya Sarish	1 st MA Business Economics	[Signature]
17	ATHIRA MURALI	1 st MA BUSINESS ECONOMICS	[Signature]
18	Fathima P N	1 st MA Economics	[Signature]
19	Asna rool C A	1 st MA Economics	[Signature]
20	Athira Sonthosh	1 st MA Business Economics	[Signature]
21	Deeka mk	1 st BA Economics	[Signature]
22	Alna Aseer	1 st BA Economics	[Signature]
23	Deeka Manoj	1 st BA Economics	[Signature]
24	Aisha p M	1 st BA Economics	[Signature]
25	Aswani Asokan	1 st BA Economics	[Signature]
26	Vani Muralidharan	1 st BA Economics	[Signature]
27	Fahmida Shahar	1 st BA Economics	[Signature]
28	Nikhitha prakash	1 st BA Economics	[Signature]





Morning Star Home Science College
PG Department of Economics

Sl. No.	Name	Class	Signature
29	Rasna Hameed	3 rd BA Economics	
30	Nayamalakebary N.U	III rd BA Economics	
31	Adithya P V	III rd BA Economics	
32	Anagha T.D	III rd BA Economics	
33	JIBISHA SHAJI	III rd BA Economics	
34	Arunima Jayan	III rd BA Economics	
35	Anja Satheesan	III rd BA Economics	
36	Aishwarya V B	III rd BA Economics	
37	WANDANA V P	II nd BA Economics	
38	Akshara Baiju	III rd BA Economics	
39	Anjitha TR	III rd BA Economics	
40	Meenu Rajeev	1 st MA Business Economics	
41	Maana Joy	2 nd MA Business Economics	
42	Prasree Sathesh	3 rd BA Economics	
43	Anveta S J	III rd BA Economics	
44	steeranda Prasad	III rd BA Economics	
45	Anvitha Krishna M S	III rd BA Economics	
46	AFFAYA M S	III rd BA Economics	
47	Lina Thamma	III rd BA Economics	
48	SAYANA BABY	III rd BA Economics	
49	Geetha Rajendran	III rd BA Economics	
50	SARAA DIF	III rd BA Economics	
51	Arthra Gopikumar	III rd BA Economics	
52	Anjana Chri	III rd BA Economics	
53	Ashwini M.C	III rd BA Economics	
54	Anna Peter	III rd BA Economics	
55	Sandra TL	II MA Business Economics	
56	Arinmoyee Sekhuan	II MA Business Economics	






Morning Star Home Science College
PG Department of Economics

Sl No.	Name	Class	Signature
57	Anagha Babu	II nd MA Business Economics	Anagha
58	Jeyaraj	II nd MA Business Economics	Jeyaraj
59	Athira M B	II nd MA Business Economics	Athira
60	Krishnapriya V	II nd MA Business Economics	Krishna
61	Prithi M R	II nd MA Business Economics	Prithi
62	Nithya Nagesh	II nd MA Business Economics	Nithya
63	Arjanandha T	II nd MA Business Economics	Arjanandha
64	Pavathi Nandana	III rd B.A Economics	Pavathi
65	Anathy Baby	III rd B.A Economics	Anathy




Dr. RESMI G.
Research Guide and Head
PG Department of Economics
Morning Star Home Science College
Angamaly



Morning Star Home Science College

PG Department of Economics

Workshop on Business Model Canvas

Report

Date	12 March 2024
Venue	I BA Economics Class
Organizer	P.G. Department of Economics
In Association With	Institution's Innovation Council
Resource Person	Ms.Jwelini K S, Assistant Professor, Department of Commerce, Morning Star Home Science College, Angamaly
Beneficiaries	29

Description

Objective: The major objective of the workshop on Business Model Canvas was to foster collaboration and teamwork, critical thinking and problem solving, building decision making skills and presentation skills and boosting leadership.

Description: P.G. Department of Economics in association with Institution's Innovation Council organized a workshop on Business Model Canvas on 12th march 2024. Ms. K S Jwalini, HOD, Department of Commerce, Morning Star Home Science College, Angamaly was the resource person. The workshop was organised for the PG students.

Outcome: As an outcome of the workshop, participants now possess basic knowledge about business model canvas and developed the soft skills needed in professional life.



Geo-tagged Photographs of the event



Brochure



Photo





Morning Star Home Science College
PG Department of Economics

List of Participants

[12/03/2024]

Workshop on "Business Model Canvas"

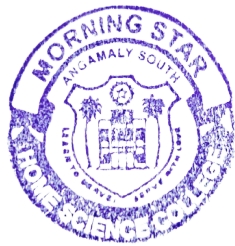
Sl. No.	Name	Class	Signature
1	Imamol. K. Skaria	11 th MA Business Economics	Imamol
2	Sandra T.L	11 th MA Business Economics	Sandra
3	Krushnajiya Chari	11 th MA Business Economics	Krushnajiya
4	Athira M.B	11 th MA Business Economics	Athira
5	Jessee Anna Thomas	1 st MA Business Economics	Jessee
6	Ayithya. K	1 st MA Business Economics	Ayithya
7	ASHINA T.K	11 th MA BUSINESS ECONOMICS	Ashina
8	FATHIMA SUHANA	11 th MA BUSINESS ECONOMICS	Fathima
9	ANSHITHA AHIRAJ	11 th MA BUSINESS ECONOMICS	Anshitha
10	ALFIYA V.M	11 th MA BUSINESS ECONOMICS	Alfiya
11	BISMI RIVAS	11 th MA BUSINESS ECONOMICS	Bismi
12	Ann's Angel	11 th MA Business Economics	Ann's Angel
13	Sreividya Sanish	11 th MA Business Economics	Sreividya
14	Anagha Babu	11 th MA Business Economics	Anagha
15	Athira Sathesh	11 th MA Business Economics	Athira
16	LAKSHMIPRABA K.R	1 st MA Business Economics	Lakshmi
17	Hanishma Shibu	1 st MA Business Economics	Hanishma
18	DEVIPRIYA K.R	1 st MA Business Economics	Devipriya
19	Aisha mol PA	1 st MA Business Economics	Aisha
20	PS Jannath	1 st MA Business Economics	Jannath
21	Fatima Bevi M.S	1 st MA Business Economics	Fatima
22	Fakunisa parvin K.V	1 st M.A Business Economics	Fakunisa
23	Ann Mariya M Dary	1 st MA Business Economics	Ann Mariya
24	Asna A.A	1 st MA Business Economics	Asna
25	AMMU P.S	1 st MA Business Economics	Ammu
26	Nawami Vasa.	1 st MA Business Economics	Nawami
27	Maria Joy	1 st M.A Business Economics	Maria





Morning Star Home Science College
PG Department of Economics

Sl. No.	Name	Class	Signature
28	Priya MR	1 st MA Business Economics	
29	Mechu Rajeev	1 st MA BUSINESS ECONOMICS	



Dr. RESMI G.
Research Guide and Head
PG Department of Economics
Morning Star Home Science College
Angamaly



Life skill Development Programme

Report

Date	19 September 2023
Venue	Conference Hall
Organizer	The Department of English
Resource Person	Mr.P.S Vinayan, Soft skill Development Trainer, Entrepreneur
Beneficiaries	50 students

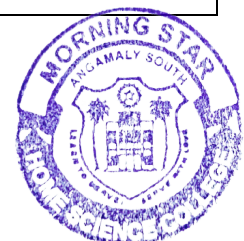
Description

Objectives:

- Empower students to collaborate and work together.
- Managing time effectively in a hectic environment
- Enhancing inter-personal skills through interaction

Description: The Department of English, Morning Star Home Science College, organized a life skill development programme on the topic “Lifecraft: Mastering Essential Skills for Success”. Mr. P S Vinayan, Soft Skill Trainer and Entrepreneur was the resource person. The lecture commenced formally with a welcome address by one of our students. It was indeed an interactive session which all the students actively participated throughout the session. Several activities were introduced to the students to engage and interact sharpening their communicative and interpersonal skills. Activities to enhance their time management skills were also included. Students were divided into groups and performed several tasks so as to encourage their collaboration with peers and team work. These activities helped them to seek knowledge through multiple perceptions and interpretations, allowing them work as a team for a particular goal. It also encouraged students to discover the path to their passions and develop a strong sense of identity.

Outcome: This lecture was absolutely effective as it was visible through the student’s feedback sessions. Students enthusiastically participated in the event and interacted effectively in the entire session. Activities which enhanced their inter-personal skills were highlighted. It also enhanced student’s confidence and reduced anxiety.



Geo-tagged Photographs of the event



MORNING STAR HOME SCIENCE COLLEGE, ANGAMALY
Re-accredited by naac with A++ grade
Department of English presents

LIFE SKILLS DEVELOPMENT PROGRAMME

"LIFECRAFT: MASTERING ESSENTIAL SKILLS FOR SUCCESS"



Co-ordinators:
Ms. Vyshanayi
Byju (HOD)
Ms. Anamol Doulson
Ms. Jamie Matthew
Ms. Ann Maria Jose

Resource person: P.S. Vinayan
Soft Skill Development Trainer,
Entrepreneur

DATE: 13.09.2023
TIME: 5.30 AM
VENUE: CONFERENCE HALL

Brochure



Photo





Morning Star Home Science College Angamaly

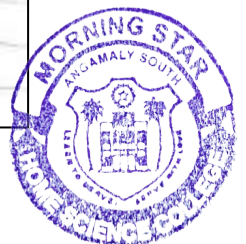
Department of English

List of participants

Life Skill Development Programme
(19.09.23)

25

Sr No.	Name	Class	Signature
1	Anuja Daves	I st BA English	Anuja
2	Catherine Shine	"	Catherine
3	Geethika Saji	"	Geethika
4	Anna Inessa Shaji	"	Anna
5	Angel Maria	"	Angel
6	T.D. Shanti	"	T.D. Shanti
7	Asani Rameison	II nd BA English	Asani
8	Salini M.R.	"	Salini
9	Alet Manoj	"	Alet
10	Subthamol P's	"	Subthamol
11	Sreemurthana r's	"	Sreemurthana
12	Ann Mariya M. Jude	"	Ann Mariya
13	Nayana Paul	"	Nayana
14	Ann Mary Mathkatt	III rd BA English	Ann Mary
15	Smitha M	"	Smitha
16	Maria Anne Sindap	"	Maria Anne
17	Ann Mariya Joby	"	Ann Mariya
18	Ann Mariya G. Kandankulam	"	Ann Mariya
19	Agnes Jose	"	Agnes
20	Adithya Saji	"	Adithya
21	Anupriya Shaji	"	Anupriya
22	Sivanu Binoy	"	Sivanu
23	Crismol Shaji	"	Crismol
24	Saja Muneer Mjacob	"	Saja
25	Smitha S	II B.com	Smitha
26	Nethika VM	"	Nethika
27	Vyshroja T Prakash	"	Vyshroja
28	Geethika Jacob	"	Geethika
29	Athira Saijeev	"	Athira
30	Malavika K Raju	"	Malavika
31	Jyothi Rajkumar	"	Jyothi
32	Sona Babu	"	Sona
33	Agsha neha	"	Agsha





Morning Star Home Science College Angamaly

Department of English

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34	Suzany mol M	I B.com	Wahana
35	Sibana Jamal	I Msc chemistry	Sonia
36	Amina Meljadia	"	Sana
37	Kasthika vandevan	"	Sana
38	Aysha Noorger	I Msc Zoology	Wahana
39	Nandana Vidhya Kumar	"	Nandha
40	Angela saba	"	Anish
41	Mahna Asiel	"	Sana
42	Jewel Rose	"	Jewel
43	Ashwanya S	III B.voc	Ash
44	Sana Nazrin MS	"	Sana
45	Geanga C S	"	Geanga
46	Rashmy P Raju	I B.sc Zoology	Rashmy
47	Edvina Mary Baby	"	Edvina
48	Tessa Rose Catherine	"	Tessa
49	Nandana Babu	"	Nandana
50	Aashrithy S Rajas	II B.voc	Rashmy




Signature of HOD



Webinar on 'Introducing Effective Apps for
Better Communication'

Report

Date	18 March 2024
Venue	Google Meet
Organizer	Department of English
Collaborating Agency	Literary Club
Resource Person	Ms. Jasmin Baby (Assistant Professor, Department of English)
Beneficiaries	I, II & III year students of English Department

Description

Objective:

- To introduce effective apps for better communication in English.

Description:

Department of English, in association with the literary club, organized a webinar on "Introducing Effective Apps for Better Communication" on 18th March 2024. Ms. Jasmin, Lecturer, Department of English was the resource person.

Outcome: The students got a clear-cut idea regarding effective apps for better communication in English





Morning Star Home Science College, Angamaly Department of English

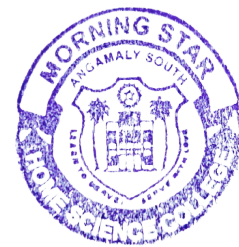
Geo-tagged Photographs of the event



Brochure



Google meet



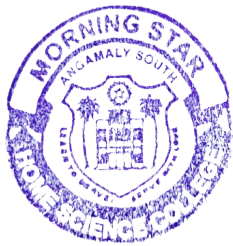


Morning Star Home Science College, Angamaly

Department of English

List of Participants

Sl. No.	Name	Class
1.	Anju Davis	I B.A. English
2.	Catherine Shine	I B.A. English
3.	Geethika Saji	I B.A. English
4.	Anu Treesa Shaji	I B.A. English
5.	Angel Maria	I B.A. English
6.	T.D. Shruti	I B.A. English
7.	Asmi Rumeisan K.N.	II B.A. English
8.	Salini M.R.	II B.A. English
9.	Alet Manoj	II B.A. English
10.	Subitha Mol P.S.	II B.A. English
11.	Sreenandhana C.S.	II B.A. English
12.	Ann Mariya M. Jude	II B.A. English
13.	Nayana Paul	II B.A. English
14.	Agnes Jose	III B.A. English
15.	Adithya Saji	III B.A. English
16.	Crismol Shaji	III B.A. English
17.	Safa Mava Mujeeb	III B.A. English




Head of the Department
Department of English
Morning Star Home Science College
Angamaly South-683 573



SWASTHYA – Workshop on screening &
management of anaemia in women

Report

Date	19 December 2023
Venue	Nazareth Block
Organizer	PG & Research Department of Home Science
Collaborating Agency	HLL Lifecare Limited & Indian oil
Resource Person	Dr.Rino Raveendran, BAMS, HLL Management Academy Mr.Gurram Akhil, Project Associate, Swasthya Project, HLL Management Academy Mr.Jijo S Pramod, Project Associate, Swasthya Project, HLL Management Academy
Beneficiaries	Awareness class - 60 students Screening and counselling – 78 students and 6 staff

Description

Objective: The programme aims to enhance understanding of the participants on significance of anaemia, its causes, impact on health, and emphasizing the importance of early detection. Foster a holistic approach to anaemia management by emphasizing the importance of coordinated efforts in addressing the various aspects of prevention, screening, and intervention.

Description: A screening and management of Anaemia workshop was conducted in the college for staff and students by PG & Research Department of Home Science in collaboration with HLL Lifecare Limited (A government of India enterprise) & Indian oil, as part of SWASTHYA project. Anaemia screening is a vital healthcare practice aimed at identifying individuals with low haemoglobin levels, which can indicate a deficiency in red blood cells or impaired oxygen-carrying capacity. The program was on 19 December 2023 from 9.30 am onwards at Nazareth Block. The college students and Staff participated in the programme. An awareness class on ‘Anaemia – causes and prevention’ was conducted for the students by the resource person, Dr.Rino Raveendran, BAMS, HLL Management Academy. Anaemia screening and counselling for the prevention and management of anaemia was done by Mr.Gurram Akhil & Mr.Jijo S Pramod, Project Associates, Swasthya Project, HLL Management Academy.

Outcome: Participants demonstrate an increased ability to identify anaemia through effective screening methods, contributing to early detection and intervention. Workshop attendees acquired knowledge and skills to implement evidence-based management strategies, leading to improved outcomes for individuals diagnosed with anaemia within the college community.



Geo-tagged Photographs of the event



Brochure



Awareness class on Anaemia



Screening of Anaemia



Counselling on management of anaemia





Morning Star Home Science College
PG and Research Department of Home Science

19/12/2023

SWASTHYA – Workshop on screening & management of anaemia in women

List of Participants

Screening and Management of Anaemia
 12 'Swasthya'
 - ANANDHINI class

19 December 2023

Sl No	Name of Participants	Class	Signature
1	Geetha Rajeevan	1 st MSc FCS	Geetha
2	Ann Teresa Mariat	"	Ann Teresa
3	Sreelekshmi T.V	"	Sreelekshmi
4	Laya Joy	5 th BSc FCS	Laya
5	Nazmi Nazim	3 rd BSc FCS	Nazmi
6	Fahima C.R	"	Fahima
7	Pooja B	"	Pooja
8	Alana James	"	Alana
9	Aishwarya P	"	Aishwarya
10	Rishin Syed MS	"	Rishin
11	Aliga Maryam	"	Aliga
12	Rubana Fathima	"	Rubana
13	Neema Joseph	1 st BSc FCS	Neema
14	Ohaya Theresa	"	Ohaya
15	Arin Nathan	"	Arin
16	Aurika Johnson	"	Aurika
17	Sethulakshmi S	"	Sethu
18	Annmarissa	"	Annmarissa
19	Ann Mary Baby	"	Ann Mary
20	Divya T.J	"	Divya
21	Elsafane	"	Elsa
22	Jyothika Varghese	B.com 3 rd	Jyothika
23	Prisha Ann	"	Prisha
24	Liya K.J	"	Liya
25	Fahna PA	"	Fahna
26	Irfana Iqbal	"	Irfana
27	Manasa Jimmy	"	Manasa
28	Alicia Devasoy	"	Alicia
29	Agnes Jolly	"	Agnes
30	Anna Baby	"	Anna

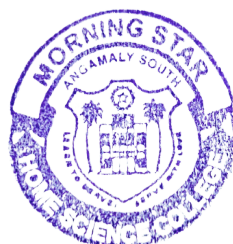




Morning Star Home Science College
PG and Research Department of Home Science

13

31	Saniya Sajou	B.Com 3 rd	<i>[Signature]</i>
32	Radhika Mohanan	"	<i>[Signature]</i>
33	Sandra Sasi	"	<i>[Signature]</i>
34	Neelha Krishna	"	<i>[Signature]</i>
35	Maniya Joy	"	<i>[Signature]</i>
36	Dhanu Stasy	"	<i>[Signature]</i>
37	Ashna C.J	"	<i>[Signature]</i>
38	Krishnapinga H Pillai	"	<i>[Signature]</i>
39	Angel Baby	"	<i>[Signature]</i>
40	Johna Lakshmi K	"	<i>[Signature]</i>
41	Amrany Johnson	"	<i>[Signature]</i>
42	Dinija Davis	"	<i>[Signature]</i>
43	Ahifa Salam	II nd B.Sc FCS	<i>[Signature]</i>
44	Nayana T.D	"	<i>[Signature]</i>
45	Merin Alias	"	<i>[Signature]</i>
46	Sandra Nirmal	"	<i>[Signature]</i>
47	Diyana Joy	"	<i>[Signature]</i>
48	Jessa P.J	"	<i>[Signature]</i>
49	Fathima Nashy	"	<i>[Signature]</i>
50	Krishnapuya M Menon	III rd B.Sc FCS	<i>[Signature]</i>
51	Anasika Sanjeev	"	<i>[Signature]</i>
52	Juvainiya P.M	"	<i>[Signature]</i>
53	Ashani C.B	"	<i>[Signature]</i>
54	Ana Sani	II nd B.Com	<i>[Signature]</i>
55	Geetha Manya Antony	III rd B.Sc FCS	<i>[Signature]</i>
56	Malavika Sajeev Kumar	II nd B.Sc FCS	<i>[Signature]</i>
57	Thani Mathin	IV th B.Sc FCS	<i>[Signature]</i>
58	Missy Mathin	"	<i>[Signature]</i>
59	Saniritha	III rd B.Sc FCS	<i>[Signature]</i>
60	Fathima Mathiza	3 rd B.Sc FCS	<i>[Signature]</i>



[Handwritten Signature]

DR. LIZMITHA GODWIN M.Phil, Ph.D.
Associate Professor & Research Guide
Head of the Department
PG & Research Dept. of Home Science
Morning Star Home Science College
Angamaly South, Ernakulam Dt., Kerala-683 573



Orientation on Food Safety Training Programme

Report

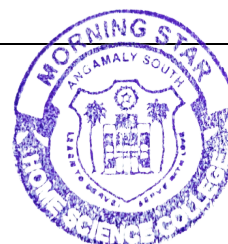
Date	9 February 2024
Venue	Nazareth block
Organizer	PG and Research Department of Home Science
Beneficiaries	46 students of Department of Home Science

Description

Objective: Familiarizing students with FSSAI regulations and guidelines regarding food safety and standards. It also highlights the importance of acquiring FSSAI certificate in safeguarding consumer health and interests.

Description: The students of Department of Home Science attended an orientation class on Food Safety Training Programme organized by PG and Research Department of Home Science on 9 February 2024 in Nazareth Block at 12.00 pm. Mr.Joy P Mathew, MD and Food Safety Trainer along with Ms.Ashmy A Baby, Faculty, Medical Coding and Hospital Administration were the resource persons. Dr.Lizmitha Godwin, HOD welcomed the gathering. Students interacted very well to acquire information regarding the certificate courses in FSSAI. The programme came to an end by 1.30 pm.

Outcome: The FSSAI orientation training programme for college students aimed to enhance awareness about food safety standards and regulations. Through this initiative, participants gained insights into best practices for ensuring food safety and quality in various food-related activities and the various training programmes conducted by the fssai.



Geo-tagged Photographs of the event



Introducing resource person



**Orientation on
Food Safety Training Programme**

Students' interaction with resource persons





Morning Star Home Science College
PG and Research Department of Home Science

09/02/2024

Orientation on Food Safety Training Programme

List of Participants

11 Orientation on Food Safety Training Programme

Sl. No.	9/2/2024 Name of Participant	class	Signature
1	Arjaly Jose	1 st MSc FCS	
2	Noethu Sebastian	"	
3	Fathimath Fasma k N	"	
4	Devika Babu	"	
5	Fathima Rehma T.A	"	
6	Devendhu Prasad	"	
7	Lakshmi Prasad	"	
8	Steelakshmi T.V.	1 st MSc FCS	
9	Ana Inessa Meraf	"	
10	Cladueena Pereira	III rd BSc FCS	
11	Anan. CB	"	
12	Anamika Sanjeev	"	
13	Nixy E-D	II nd MSc FCS	
14	Fathima Nwajia	III rd BSc FCS	
15	Rose Mariya Anthony	III rd BSc FCS	
16	Mirry Martin	"	
17	Thasni Mahin	III rd BSc FCS	
18	Alana James	III rd BSc FCS	
19	Keishnapriya M. Menon	III rd BSc FCS	
20	Nesnamal Marickol	II nd MSc FCS	
21	Asra Asharaf	II nd M.Sc FCS	
22	SANIYA.T	II nd BSc FCS	
23	Jwathiya P.M	"	
24	Juna Maria Roy	III rd BSc FCS	
25	Fathima CR	"	
26	Boja B	"	
27	Leya Joy	III rd BSc FCS	
28	Ruksana Fathima	"	
29	Dhanya D	"	
30	Nasni Akar	"	
31	Dhaya Theresa	2 nd BSc FCS	
32	Malavika	III rd BSc FCS	





Morning Star Home Science College
PG and Research Department of Home Science

45

Sl. No.	Name of Participant	class	Signature
33	Sethulakshmi S.	1 st BSc Fes	
34	Allynol Divasylkathy	"	
35	Anitta Johnson	"	
36	Neema Joseph	"	Neema
37	Ann Mathew	"	
38	Elsa Paul	"	Elsa
39	Ann Mariya Joseph	"	ANNMARIYA
40	Dr. Sneha	"	
41	Dr. Divya	"	
42	Angana Rajan	"	
43	Ann Mary Raly	"	
44	Vismaya Phadeep	"	
45	Harisha K.B.	"	
46	Bhagyalakshmi OT.	"	



Dr. LIZMITHA GODWIN M.Phil., Ph.D.
Associate Professor & Research Guide
Head of the Department
PG & Research Dept. of Home Science
Morning Star Home Science College
Angamaly South, Ernakulam Dt., Kerala-683 573



ICT for Project Report Writing

Report

Date	23 & 24 February 2024
Venue	Conference Hall
Organizer	PG and Research Department of Home Science
Resource Person	Ms.Rajani Devi T.R. PG and Research Department of Home Science Morning Star Home Science College
Beneficiaries	34 III BSc FCS, II MSc FCS & II MA Business Economics students

Description

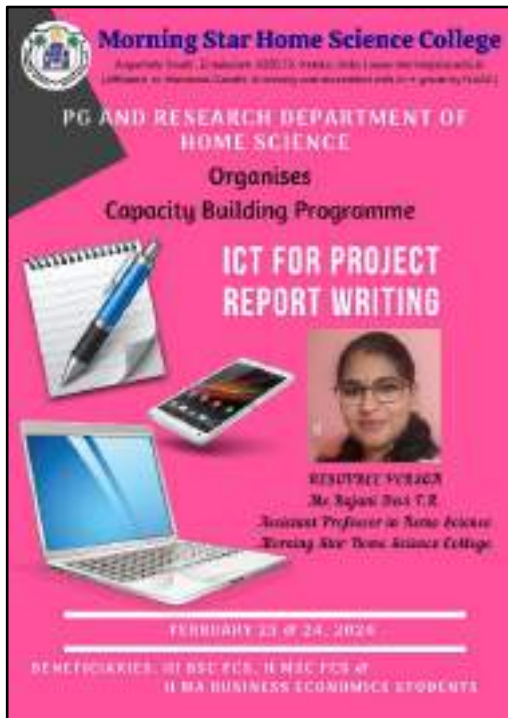
Objective: The capacity building program on ICT for Project Report Writing was organised to equip the students to prepare their project report meticulously.

Description: The PG and Research Department of Home Science successfully hosted a two-day event on 23 and 24 February, 2024, at the Conference Hall. The participants of the program were 34 students from III BSc FCS, II MSc FCS, and II MA Business Economics. Practical demonstrations and hands-on activities on the use of Microsoft Word and Microsoft Excel were organized to supplement theoretical knowledge with real-world application. The applications of these software in the preparation of project reports were emphasized. At the end of the session students interacted with the resource person and got their doubts clarified.

Outcome: The participants gained knowledge about the parts of the project report. They also got an insight of formatting of the sections in the project report using Microsoft Word. They also were receptive to the idea of creating different types of graphs and charts in Microsoft Excel.



Geo-tagged Photographs of the event



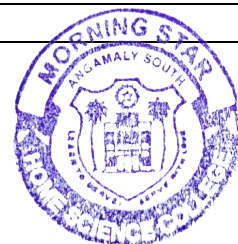
Brochure



ICT for Project Report Writing



Demonstration of Microsoft Word and Excel





Morning Star Home Science College

PG and Research Department of Home Science

23 & 24 February 2024

ICT for Project Report Writing

List of Participants

Capacity Building Programme:
ICT for Project Report Writing

17

Sl No	Name	Class	Session I	Session II
			23-02-2024	24-02-2024
1	Fathimaths Fatma KVN	II MSc FCS	Fathima	Fathima
2	Fathima Rehman 2:0	"	Fathima	Fathima
3	Lakshmi Prasad	"	Lakshmi	Lakshmi
4	Thasni Manin	II nd BSc FCS	Thasni	Thasni
5	Devendhu Prasad	II MSc FCS	Devendhu	Devendhu
6	Anna Asharaf	II M.Sc FCS	Anna	Anna
7	Nesnamol Mathackal	II nd MSc FCS	Nesnamol	Nesnamol
8	Cladveena Pereira	III rd BSc FCS	Cladveena	Cladveena
9	Juwairiya P.M	II nd BSc FCS	Juwairiya	Juwairiya
10	SANIYA Z	III rd BSc FCS	Saniya	Saniya
11	Mirny Martin	III rd BSc FCS	Mirny	Mirny
12	Juna Maria Roy	III rd BSc FCS	Juna	Juna
13	Rox Maria Antony	III rd FCS	Rox	Rox
14	Fathima Musniza	III rd FCS	Fathima	Fathima
15	Devika Babu	III rd MSc FCS	Devika	Devika
16	Arijaly Jose	III rd MSc FCS	Arijaly	Arijaly
17	Necthu Sebastian	III rd MSc FCS	Necthu	Necthu
18	Aiswarya P	III rd BSc FCS	Aiswarya	Aiswarya
19	Rizvin Sigad	III rd BSc FCS	Rizvin	Rizvin
20	Nazni Nazar	III rd BSc FCS	Nazni	Nazni
21	Pooja B	III rd BSc FCS	Pooja	Pooja
22	Laya JOY	III rd BSc FCS	Laya	Laya
23	Anna Angel	II nd MA Business	Anna	Anna
24	Athira Sathosh	II nd MA Business	Athira	Athira
25	Jirunal K. Skana	II nd MA Business	Jirunal	Jirunal
26	Anomanya Sebastian	II nd MA Business	Anomanya	Anomanya
27	Sreandya Sanish	II nd MA Business	Sreandya	Sreandya
28	Anayha Babu	II nd MA Business	Anayha	Anayha
29	SANDEE T L	II nd MA Business	Sandee	Sandee
30	KRISHNA PRIYA UNNI	II nd MA Business	Krishna	Krishna
31	Abiga M Jacob	II nd B.Sc FCS	Abiga	Abiga
32	Alana James	II nd B.Sc FCS	Alana	Alana
33	Ruksana fathima p-s	III rd BSc FCS	Ruksana	Ruksana

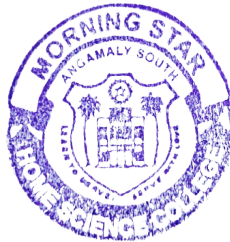




Morning Star Home Science College
PG and Research Department of Home Science

48

S. No.	Name	Class	Session - I	Session - II
84	Ann. Pinesa Marial	I st MSc-FCS	23.2.2024 Antenna	24.2.2024 Antenna



Lizmitha

Dr. LIZMITHA GODWIN M.Phil., Ph.D.
Associate Professor & Research Guide
Head of the Department
PG & Research Dept. of Home Science
Morning Star Home Science College
Angamaly South, Ernakulam Dt., Kerala-683 573



Miss Nutrition Contest

Report

Date	7-12 March 2024
Venue	Nazareth lock
Organizer	PG and Research Department of Home Science
Collaborating Agency	Health and Wellness Club
Beneficiaries	52 Students

Description

Objectives:

- To promote awareness of healthy eating habits and lifestyle choices while celebrating individuals who embody a balanced and nutritious approach to wellness.
- To inspire other people to prioritize nutrition and overall well-being.

Description: As part of the Women's Day celebration in 2024, the PG and Research Department of Home Science, in collaboration with the Health and Wellness Club, organized a Miss Nutrition contest to promote healthy eating habits among students. The contest comprised three rounds, beginning with anthropometric screening on March 7th, where 52 students participated. Six students advanced to the second round, a nutrition-based objective written test. The final round, "Awareness in Nutrition," took place on stage on March 12th. Dr. Lizmitha Godwin, HOD and Coordinator of the Health and Wellness Club, provided a brief introduction about the Miss Nutrition Contest and emphasized the significance of healthy eating habits for teenagers. Ms. Jesna John (II BSc FCS) emerged as the winner of the Miss Nutrition Contest, and the Principal, Dr. Sr Shemi George, crowned her while congratulating all the finalists.

Outcome: The students demonstrated their knowledge and passion for healthy living, showcasing their understanding of nutrition principles and their ability to promote wellness in their communities.





Brochure



Miss Nutrition Contest - judgement



Miss Nutrition Contest



Crowning Miss Nutrition 2024





Morning Star Home Science College

PG and Research Department of Home Science

7-12 March 2024

Miss Nutrition Contest

List of Participants

52

Anthropometric Screening Test

Date: 7-13 March 2024 MISS NUTRITION CONTEST 2023-24

S.No	Name	Department	Signature
1	Kliya Kes Sanu	1 st B.Com B.com	[Signature]
2	Alka Shyja	"	[Signature]
3	Aruna T	"	[Signature]
4	Ana Marya	11 th B.com	[Signature]
5	Athira P.V	"	[Signature]
6	Asna	1 st M.A. Economics	[Signature]
7	Angana K. Raj	"	[Signature]
8	Nithya Nagaraj	"	[Signature]
9	Fakrunicia parim K.V	"	[Signature]
10	Sandya Joseph Martin	1 st B.A Economics	[Signature]
11	Davika Ramesh	1 st B.A Economics	[Signature]
12	Athila M.A	1 st B.A Economics	[Signature]
13	Ashira M.A	"	[Signature]
14	Amalendu Asokan	1 st B.A Economics	[Signature]
15	Jeeena Paveen	1 st B.A Economics	[Signature]
16	Jayana Jyothi	1 st B.A Economics	[Signature]
17	Devanandana Dhin	1 st B.A Economics	[Signature]
18	Jadessa MA	1 st B.Sc FCS	[Signature]
19	DeviPriya K.R	1 st M.A Business Economics	[Signature]
20	St. Alphyia CSN	1 st Bsc. Fcs	[Signature]
21	Miriy Martin	11 th Bsc Fcs	[Signature]
22	Rose Mariya Antony	11 th Bsc Fcs	[Signature]
23	Thasmita Maken	11 th Bsc fcs	[Signature]
24	Malavika Baijantkumar	11 th Bsc fcs.	[Signature]
25	Juvanti Jyoti P.M	11 th BSc-FCS	[Signature]
26	Sanika Z	"	[Signature]
27	Juni Malini Roy	11 th Bsc Fcs	[Signature]
28	Tajwana muniya	"	[Signature]
29	Swacy Mol m	1 st B.com	[Signature]
30	Malavika K Laya	1 st B.com	[Signature]
31	Aneetha Seby	1 st B.com	[Signature]
32	Mirra V.M	1 st B.com	[Signature]





Morning Star Home Science College
PG and Research Department of Home Science

Sl No.	Name	Department	
33	Anyana Sudini	1 st year B Com	<i>[Signature]</i>
34	Suparna Babu	1 st year B Com	<i>[Signature]</i>
35	Ratna T R	2 nd year B Com	<i>[Signature]</i>
36	Gopalkrishna Suresh	1 st year B Com	<i>[Signature]</i>
37	Radhu Sojan	1 st year B Com	<i>[Signature]</i>
38	Soma Varghese	1 st year B Com	<i>[Signature]</i>
39	Nigamol Biju	II nd year B Com	<i>[Signature]</i>
40	Jasna P J	II nd year BSc Fis	<i>[Signature]</i>
41	Esther Nazly CA	"	<i>[Signature]</i>
42	Sreelakshmi T.V.	1 st MSc FCS	<i>[Signature]</i>
43	Niray B.D.	II nd MSc FCS	<i>[Signature]</i>
44	Ann Treasa Moolal	1 st MSc FCS	<i>[Signature]</i>
45	Leya Joy	III rd FCS, BSc	<i>[Signature]</i>
46	Nazni Nazar	III rd BSc FCS	<i>[Signature]</i>
47	Alana James	III rd BSc FCS	<i>[Signature]</i>
48	Pooja B	III rd B.Sc FCS	<i>[Signature]</i>
49	Dhanya D	III rd B.Sc FCS	<i>[Signature]</i>
50	Krishanya M.M	III rd B.Sc FCS	<i>[Signature]</i>
51	Chadvaena Reshma	II nd B.Sc FCS	<i>[Signature]</i>
52	Anamika Sanjeev	III rd BSc FCS	<i>[Signature]</i>



Lizmitha

Dr. LIZMITHA GODWIN M.Phil., Ph.D.
 Associate Professor & Research Guide
 Head of the Department
 PG & Research Dept. of Home Science
 Morning Star Home Science College
 Angamaly South, Ernakulam Dt., Kerala-683 573



**Deciding with Confidence:
Mastering the Steps in Decision Making**

Report

Date	12 March 2024
Venue	Conference Hall
Organizer	PG and Research Department of Home Science
Resource Person	Dr.Lizmitha Godwin, HoD, PG and Research Department of Home Science
Beneficiaries	60 Students

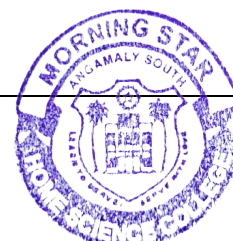
Description

Objective: To educate students on the importance of effective decision-making and provide them with practical steps and strategies to enhance their decision-making skills.

Description: The PG and Research Department of Home Science organized a Soft Skill Development Program on the topic "Deciding with Confidence: Mastering the Steps in Decision Making" for the first and second-year BA Economics students on March 12, 2024. Dr. Lizmitha Godwin, the Head of the PG and Research Department of Home Science, served as the resource person for the program, which commenced at 10:30 am in the conference hall.

During the session, Dr. Lizmitha Godwin emphasized the significance of decision-making and elucidated the steps involved in the process using relevant real-life examples. Through practical illustrations, students gained insights into effective decision-making techniques. They actively participated in the session, seeking clarification on various aspects and engaging in discussions to enhance their understanding of the topic.

Outcome: Overall, the program provided students with valuable knowledge and skills essential for making confident and informed decisions, thereby enhancing their soft skills and empowering them for future endeavors.



Geo-tagged Photographs of the event



MORNING STAR HOME SCIENCE COLLEGE
Angamaly South, Ernakulam DT., Kerala
Affiliate to Mahatma Gandhi University, Kottayam
Re-accredited with A++ Grade by NAAC

PG and Research Department of Home Science
Organises
"Deciding with Confidence:
Mastering the Steps in Decision Making"
SOFT SKILL DEVELOPMENT PROGRAM

BENEFICIARIES | **12 MARCH 2024**
1 & II YEAR BA | @ 10.30 AM
ECONOMICS STUDENTS

Resource Person
DR. LIZMITHA GODWIN
HEAD, DEPT OF HOME SCIENCE

Venue: Conference Hall

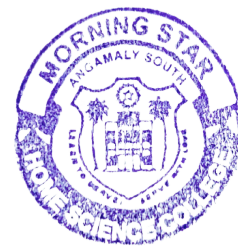
Brochure



Talk by Resource person



Interaction with students





Morning Star Home Science College
PG and Research Department of Home Science

12/03/2024

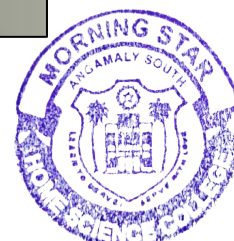
Deciding with Confidence:
Mastering the Steps in Decision Making

List of Participants

Screening and Management of Anaemia
 12 'Swasthya'
 - ANMED111 class

19 December 2023

Sl No	Name of Participants	Class	Signature
1	Gadlin Rajeevan	1 st BSC FCS	
2	Ann Teresa Mariat	"	
3	Sreelakshmi T.V	"	
4	Leya Joy	3 rd BSC FCS	
5	Nazmi Nazim	3 rd BSC FCS	
6	Fahima C.R	"	
7	Pooja B	"	
8	Alada James	"	
9	Aiswarya P	"	
10	Rishin Syed M.S	"	
11	Alifa Muzeb	"	
12	Rubana Fathima	"	
13	Nerna Joseph	1 st BSC FCS	
14	Chaya Thresa	"	
15	Don Mathew	"	
16	Anitha Johnson	"	
17	Sethulakshmi S	"	
18	ANNMARISA	"	
19	Ann Mary Baby	"	
20	Divya T.J	"	
21	Elsafane	"	
22	Jyothika Varghese	B.COM 3 rd	
23	Prisha Ann	"	
24	Liya K.J	"	
25	Fahna PA	"	
26	Tofana Iqbal	"	
27	Manasa Jimmy	"	
28	Alena Devassy	"	
29	Agnes Jolly	"	
30	Anna Baby	"	

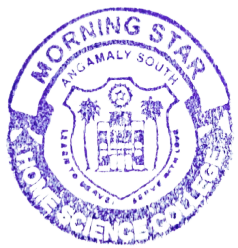




Morning Star Home Science College
PG and Research Department of Home Science

Sl. No.	Name	Course	Signature
31	Sanjya Sajou	B.Com 3 rd	[Signature]
32	Balra Muhamad	"	[Signature]
33	Sandhya Sasi	"	[Signature]
34	Neelha Krishna	"	[Signature]
35	Maniya Joy	"	[Signature]
36	Dhanu Stasy	"	[Signature]
37	Ashna C.T	"	[Signature]
38	Krishnaping H. Pillai	"	[Signature]
39	Angel Baby	"	[Signature]
40	Ishti Kalyani K.R	"	[Signature]
41	Annamay Thomas	"	[Signature]
42	Dunya Davis	"	[Signature]
43	Ahifa Salam	II nd B.Sc FCS	[Signature]
44	Nayana T.D	"	[Signature]
45	Merin Alias	"	[Signature]
46	Sandra Nirmal	"	[Signature]
47	Diyana Joy	"	[Signature]
48	Jessa PJ	"	[Signature]
49	Fathima Nasly	"	[Signature]
50	Krishnapuga M Menon	III rd B.Sc FCS	[Signature]
51	Anastika Sanjeev	"	[Signature]
52	Jayanthi P.M	"	[Signature]
53	Ashani P.B	"	[Signature]
54	Anna Sani	II nd B.Com	[Signature]
55	Ess Manya Antony	III rd B.Sc FCS	[Signature]
56	Malavika Sajeshkumar	II nd B.Sc FCS	[Signature]
57	Thashi Mathin	IV th B.Sc FCS	[Signature]
58	Miray Harlin	"	[Signature]
59	Saniritha	III rd B.Sc FCS	[Signature]
60	Fathima Kuthiga	3 rd B.Sc FCS	[Signature]

Lizmitha



Dr. LIZMITHA GODWIN M.Phil, Ph.D.
 Associate Professor & Research Guide
 Head of the Department
 PG & Research Dept. of Home Science
 Morning Star Home Science College
 Angamaly South, Ernakulam Dt., Kerala-683 573



Food Safety Supervisor Training and Certification

Report

Date	13 March 2024
Venue	Conference Hall
Organizer	PG and Research Department of Home Science
Collaborating Agency	KARE, Ernakulam
Resource Person	Mr. Wilson P P, FOSTAC Food Safety Trainer
Beneficiaries	40 students

Description

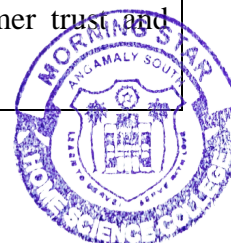
Objectives:

- Promoting a culture of quality and safety within food service institutions by emphasizing the importance of maintaining hygiene standards and preventing contamination.
- To enhance consumer confidence in the safety and quality of the food supply chain by ensuring that trained and certified supervisors oversee food handling and production processes.

Description: PG and Research Department of Home Science organizes food safety supervisor training and certification programme in association with KARE, Ernakulam on 13 March 2024 at the Conference Hall in the Main Block. The programme started at 9.30 am and about 40 students from the Department of Home Science participated in the programme. Dr. Megha Thampy Assistant Professor welcomed the gathering. Mr Wilson P P, FOSTAC Food safety trainer was the resource person. Students actively participated in the programme and attended the exam for the certificate.

Outcomes:

- Students gain a comprehensive understanding of food safety principles, regulations, and best practices.
- Certification emphasizes the importance of maintaining high standards of food safety and quality within the food service institutions, leading to enhanced consumer trust and satisfaction.



Geo-tagged Photographs of the event

MORNING STAR HOME SCIENCE COLLEGE
 Angamaly South, Ernakulam DL, Kerala
 Affiliated to Mahatma Gandhi University, Kottayam
 Re-accredited with A++ Grade by NAAC

PG and Research Department of Home Science
 Organises
Food Safety Supervisor Training and Certification
 (Advanced Level)

13 March 2024
 9:30 am - 3:00 pm

Conference Hall
 Main Block

Trainer : Mr.Wilson P P Pally
Training Partner : KARE, Ernakulam

Certificates awarded by
Food Safety Standard Authority of India



Brochure

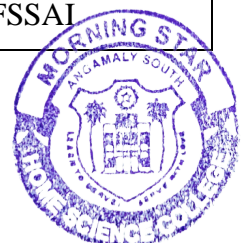
FSSAI Training



FSSAI Training



Certificate course on FSSAI





Morning Star Home Science College
PG and Research Department of Home Science

Food Safety Supervisor Training and Certification

List of Participants

Food Safety Supervisor Training and Certification
(Advanced Level)
Venue: Conference Hall

56
13. March 2024.
9.30 am - 3.00 pm

Sl. No.	Name of participant	Class	Signature
1.	Gradhia Rajeevan	I st MSc. FCS	
2.	Ann Treasa Marikat	"	
3.	LAKSHMI PRASAD	II nd MSc FCS	
4.	Asna Asharaf	"	
5.	Nesnamol Mahackath	"	
6.	Devendhu Prasad	"	
7.	Mubeena Makkath	II nd BSc FCS	
8.	Lijamol Sinu	II nd BSc FCS	
9.	Neema Joseph	I st BSc FCS	
10.	Sethulakshmi S.	"	
11.	Anjana Rajeev	"	
12.	Ann Mary Baby	"	
13.	Thasni Mahin	3 rd Bsc Fcs	
14.	Rizvin Sigad Ms	"	
15.	Aliya Mujeeb	3 rd Bsc Fcs	
16.	Aiswarya P	3 rd BSc FCS	
17.	Cladveena Pereira	3 rd Bsc. FCS	
18.	Mincy Martin	3 rd Bsc. FCS	
19.	Juna Maria Roy	3 rd BSc FCS	
20.	Rose Mariya Antony	3 rd Bsc FCS	
21.	Fatima Nuhisa	3 rd BSC FCS	
22.	SANIYA.Z	3 rd Year BSC FCS	
23.	Ahfa Salam	II nd B.Sc FCS	
24.	Neethu Sebastian	II MSc FCS	
25.	Devika Babu	"	
26.	Anjaly Jose	"	
27.	Sreelakshmi TV.	I st Msc FCS	
28.	Nisoy E. D.	II MSc FCS	
29.	Pooja. B	III rd B.Sc FCS	
30.	Fahima. CR	III rd Bsc. FCS	
31.	Naxni Naxas	III rd BSc. FCS	





Morning Star Home Science College
PG and Research Department of Home Science

Resource Persons:

WILSON: P-F *Lizmitha* cheffield Institute of Hotel Management and Aviation, Angamaly 57

Sachin.S. *Riya* KARE, Angamaly

32.	Loya Joy	3 rd BSc FCS	<i>Loya Joy</i>
33.	Ruksana Fathima PS	3 rd BSc FCS	<i>Ruksana</i>
34.	Ahna James	//	<i>Ahna</i>
36.	Fathimath Fathma KN	II MSc FCS	<i>Fathma</i>
36.	Jesna P J	II BSc FCS	<i>Jesna</i>
37.	Fathima Nazly CA	II BSc FCS	<i>Fathima</i>
38.	Diyana Joy	II BSc FCS	<i>Diyana</i>
39.	Nandhana Shibu	II BSc FCS	<i>Nandhana</i>
40.	Sandha Nimal	II BSc FCS	<i>Sandha</i>



Lizmitha

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 Head of the Department
 PG & Research Dept. of Home Science
 Morning Star Home Science College
 Angamaly South, Ernakulam Dt., Kerala-683 573



WEBINAR ON MONSOON DISEASES:AN OVERVIEW

Report

Date	27 July 2023
Venue	Google meet.
Organizer	Department of Zoology
Resource Person	Dr. Niranjana Davis, Jubilee Mission Medical College, Thrissur
Beneficiaries	50 students and parents

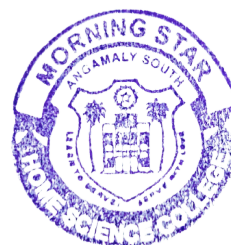
Description

Objectives:

- To improve health and quality of life during monsoon season.
- Prevention and treatment of Monsoon Diseases
- Healthy environment- Healthy People-Healthy Nation

Description: Department of Zoology organized a webinar on ‘Monsoon Diseases: An Overview’ for the parents and public on 27 July 2023 on google meet. Dr. Niranjana Davis, Jubilee Mission Medical College, Thrissur was the resource person. The programme started with a prayer and Ms. Ajitha T V welcomed the gathering. The resource person gave a detailed account of various monsoon diseases, its pathogenesis, mode of transmission and the relevance of personal and environmental hygiene as preventive measures against these diseases. About 50 people were actively participated and benefited from the programme. Ms Jewel Rose George proposed vote of thanks.

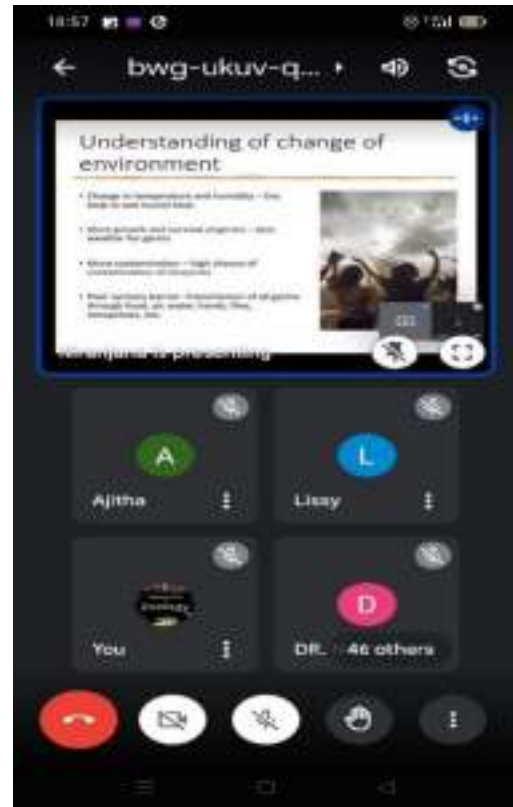
Outcome: About 50 parents and students were actively participated and benefited from the programme.



Geo-tagged Photographs of the event



Brochure



Online session by Dr. Niranjana Davis,
Jubilee Mission Medical College, Thrissur





Morning Star Home Science College Angamaly

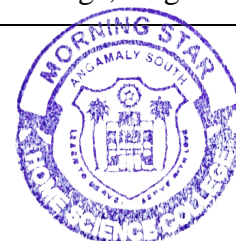
Department of Zoology

WEBINAR ON MONSOON DISEASES:AN OVERVIEW

Date:27 July 2023

List of Participants

Sl. No.	Name	Class	Institution/Place
1.	Agnes Baby	III B Sc Zoology	Morning Star Home Science College, Angamaly
2.	Anagha Sabu	III B Sc Zoology	Morning Star Home Science College, Angamaly
3.	Ann Maria Jojo	III B Sc Zoology	Morning Star Home Science College, Angamaly
4.	Anna Martin	III B Sc Zoology	Morning Star Home Science College, Angamaly
5.	Ansila P A	III B Sc Zoology	Morning Star Home Science College, Angamaly
6.	Aysha Nargees	III B Sc Zoology	Morning Star Home Science College, Angamaly
7.	Hasna Azeez	III B Sc Zoology	Morning Star Home Science College, Angamaly
8.	Jewel Rose George	III B Sc Zoology	Morning Star Home Science College, Angamaly
9.	Kasi Krishnan	III B Sc Zoology	Morning Star Home Science College, Angamaly
10.	Mariya Issac	III B Sc Zoology	Morning Star Home Science College, Angamaly
11.	Nandana Udayakumar	III B Sc Zoology	Morning Star Home Science College, Angamaly
12.	Rubayya Thasni N K	III B Sc Zoology	Morning Star Home Science College, Angamaly
13.	Saibunnisa K S	III B Sc Zoology	Morning Star Home Science College, Angamaly
14.	Sreeshma C S	III B Sc Zoology	Morning Star Home Science College, Angamaly
15.	Adithya P J	II B Sc Zoology	Morning Star Home Science College, Angamaly
16.	Athulya C R	II B Sc Zoology	Morning Star Home Science College, Angamaly
17.	Edveena Mary Baby	II B Sc Zoology	Morning Star Home Science College, Angamaly
18.	Keerthana Das V D	II B Sc Zoology	Morning Star Home Science College, Angamaly
19.	Sandra K Prasad	II B Sc Zoology	Morning Star Home Science College, Angamaly
20.	Athulia T J	II B Sc Zoology	Morning Star Home Science College, Angamaly
21.	Nandana Babu	II B Sc Zoology	Morning Star Home Science College, Angamaly
22.	Abina George	II B Sc Zoology	Morning Star Home Science College, Angamaly
23.	Anju Devasy	II B Sc Zoology	Morning Star Home Science College, Angamaly
24.	Nasreen Banu	II B Sc Zoology	Morning Star Home Science College, Angamaly
25.	Fathimathu Sahadiya.T.A	I B Sc Zoology	Morning Star Home Science College, Angamaly
26.	Anjana.P.B	I B Sc Zoology	Morning Star Home Science College, Angamaly





Morning Star Home Science College Angamaly Department of Zoology

27.	Arunima Shaji	I B Sc Zoology	Morning Star Home Science College, Angamaly
28.	Vinaya.K.D	I B Sc Zoology	Morning Star Home Science College, Angamaly
29.	Arya Ignestious Das	I B Sc Zoology	Morning Star Home Science College, Angamaly
30.	Thansiya P Vahab	I B Sc Zoology	Morning Star Home Science College, Angamaly
31.	Shanya Lakshmi	I B Sc Zoology	Morning Star Home Science College, Angamaly
32.	C M Sabu	Cheerakathil (H)	Kurumassery
33.	Shameena M M	Keetholil House	Nedumbassery
34.	Shybi Sabu	Cheerakathil (H)	Kurumassery
35.	Seema Johny	Thrikkunnathu (H)	Thottakkattukara
36.	Johny Joseph	Thrikkunnathu (H)	Thottakkattukara
37.	Alli George	Mannaparambil	Valat, Wayanad
38.	Ravi C K	Chanaparambil (H)	Puthuvaasery,Nedumbassery
39.	Saji c Lakshmi	Kalarickal (H)	Mekkad
40.	Ani P U	Chanaparambil	Nedumbassery
41.	Ismail Bumaruge	Esamisquidoruge	Minicoy,Lakshadweep
42.	Prasad K V	Kalarickal (H)	Mekkad
43.	Havva Esamisquidoruge	Esamisquidoruge	Minicoy,Lakshadweep
44.	Baby T P	TheLakkadan House	Koodalappad
45.	Naicy Xavier	TheLakkadan House	Koodalappad
46.	Ayolin Jojo	Paramby	Karukutty
47.	Bijumol K P	Thadathil House	Kalady
48.	Aseena Azeez	Painadath House	Desom, Aluva
49.	Sirajudheen K M	Keetholil House	Nedumbassery



K. LEENA JOSEPH
Head, Dept. of Zoology
Morning Star Home Science College
Angamaly South, Kerala - 683 573

Signature of HoD



SKILL ENHANCEMENT AND CAPACITY BUILDING PROGRAMME IN SOFT SKILLS 'PATHWAY-SOCIAL LIFE WELLNESS PROGRAMME'

Report

Date	11 to 13 December 2023
Venue	Conference Hall
Organizer	Department of Zoology
Collaborating Agency	Minority Welfare Department, Govt of Kerala and CCMY Aluva
Resource Persons	Adv. Charly Paul, Faculty, Minority Welfare Department, Govt of Kerala MS. Saheera Thangal, Faculty, Minority Welfare Department, Govt of Kerala Mrs. Sapna K. S. Faculty, Minority Welfare Department, Govt of Kerala Dr. C. S. Ambika Devi. Faculty, Minority Welfare Department, Govt of Kerala Mr. Shaijan Joseph, Faculty, Minority Welfare Department, Govt of Kerala Dr. Razeena Padmam, Faculty, Minority Welfare Department, Govt of Kerala.
Beneficiaries	70 final year minority students

Description

Objectives:

- To develop effective communication skills
- Effective management of Relationships and conflict resolution techniques

Description: Department of Zoology, Minority Welfare Department, Govt of Kerala and CCMY Aluva jointly organized Pathway-Social Wellness Programme from 11 to 13 December 2023. The programme was inaugurated by the former IQAC co-ordinator Ms. Shyny K. Ittiachan and the function was presided by the CCMY Principal Dr. Sulekha K. K. Dr. Teji K. T, Co-Ordinator of the programme welcomed the gathering. Ms. K. Leena Joseph, Head, Department of Zoology felicitated the function. Ms. Anagha Sabu proposed vote of thanks. The first session was taken by Adv. Charlie Paul on the topic 'Introduction- Marriage for social wellness'. The second session on 'Effective communication skills for couples and healthy online communication' was taken by MS. Saheera Thangal. The second day first session on 'Effective management of In-law relationship and conflict management' was handled by Mrs. Sapna K. S. and the Afternoon session on 'Infant and adolescent parenting skills, sex education and pregnancy' by Dr. Ambika Devi C. S. On third day morning session was on the topic 'Legal and religious aspects of marriage' and the session was taken by Adv. Shaijan Joseph. The second session was on 'Family Budgetting' by Dr. Razeena Padmam. After Each class, feedback sessions were conducted. Lunch and refreshments were given to all participants.

Outcome: 35 final year minority students were participated and benefited from the programme.



Geo-tagged Photographs of the event



Brochure



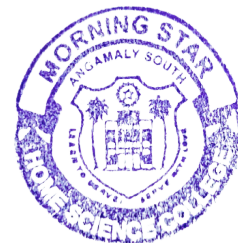
Inauguration by Ms. Shyny K. Ittiachan



Session by Dr. Razeena Padmam



Participants with coordinators





Morning Star Home Science College Angamaly

Department of Zoology

SKILL ENHANCEMENT AND CAPACITY BUILDING PROGRAMME IN SOFT SKILLS 'PATHWAY-SOCIAL WELLNESS PROGRAMME'

List of Participants

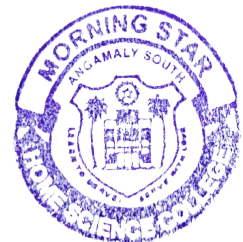
DIRECTORATE OF MINORITY WELFARE
Government of Kerala
Pathway - Social Life Wellness Programme 2023-2024
Attendance register

Name of the Institution: Morning Star Home Science College, Angamaly Name of the CCMY: Aluva
District: Ernakulam

Sl. No.	Name and address	Male/female	Religion	Signature					
				Date 1/10/23		Date 2/10/23		Date 3/10/23	
				FN	AN	FN	AN	FN	AN
1	K.J. Teena	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
2	Anjali Babu	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
3	Divya Anand	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
4	Anomaly Thomas	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
5	Ann Maria Teja	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
6	Princy Babu	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
7	Aranya Sabu	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
8	Jewel Rose George	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
9	Alpha Mangesi	F	MU	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
10	Hasna Azeem	F	MU	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
11	Saibunessa K.S	F	MU	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
12	Ansita PA	F	MU	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
13	Marilyn Isaac	F	Christian Jainu	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
4	Kulanyia Thomas P.H	F	MU	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
5	Anna Martin	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
6	Princy Anna Piju	F	Christian Jocelah	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
7	Prinu Piju	F	RC	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
8	Blanca Iqbal	F	MU	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]

NAME AND SIGNATURE OF THE CO-ORDINATOR: Dr Teji K.T. [Signature]

MOB NUMBER: 9445169678





Morning Star Home Science College Angamaly

Department of Zoology

DIRECTORATE OF MINORITY WELFARE

Government of Kerala

Pathway - Social Life Wellness Programme 2023 - 2024

Attendance register

Name of the Institution : *Morning Star Home Science College, Angamaly*

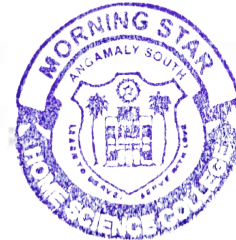
Name of the CCMY : *Aluva*

District: *Ernakulam*

Sl no.	Name and address	Male/ female	Religion	Signature					
				Date		Date		Date	
				FN	AN	FN	AN	FN	AN
19.	<i>Jasna PA</i>	F	MU	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
20.	<i>Alceira Devasay</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
21.	<i>Manasa Jimmy</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
22.	<i>Laya K J</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
23.	<i>Bunsha AM</i>	F	MU	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
24.	<i>Jyothika Varghese</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
25.	<i>Biltha Davis</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
26.	<i>Anakha Baby</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
27.	<i>Sania Biju</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
28.	<i>Henry Mathis</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
29.	<i>Jesna Louise</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
30.									
31.	<i>Jelina Nazim</i>	F	MU	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
32.	<i>SAYANA BABY</i>	F	Christian	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
33.	<i>Alina Asena</i>	F	MU	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
34.	<i>Alicia James</i>	F	RC	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
35.	<i>Amitha R Rajeev</i>	F	MU	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>
	<i>Nayana Johnson</i>	F	Christian	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>	<i>[Signature]</i>

NAME AND SIGNATURE OF THE CO-ORDINATOR: *Dr Teji K.T. [Signature]*

MOB NUMBER: *94 95169678*





Morning Star Home Science College Angamaly

Department of Zoology

DIRECTORATE OF MINORITY WELFARE

Government of Kerala

Pathway- Social Life Wellness Programme 2023-2024

Attendance register

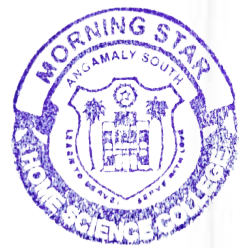
Name of the Institution : Morning Star Home Science College Name of the CCMY : Aluva

District: Ernakulam

Sl No.	Name and address	Male/ female	Religion	Signature					
				Date 11/10/23		Date 12/10/23		Date 13/10/23	
				FN	AN	FN	AN	FN	AN
1.	Rose Mariya Anthony <u>Aluva P.O. Ernakulam</u>	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
2.	Jana Maria Varghese <u>Aluva</u>	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
3.	CLAYTON PEREIRA	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
4.	SANDRA	Female	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
5.	Mary Helen	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
6.	Aleena Isaac	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
7.	Anna Beat	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
8.	Juwings TM	Female	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
9.	Thasni Mathin	Female	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
10.	Fahima R.K	"	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
11.	Leya Joy	"	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
12.	Lhanya Sashy	"	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
13.	Ashna C.S	"	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
14.	Minnu P.T	"	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
15.	Lena Rose Joseph	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
16.	Nayathra Shaji P.S	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
17.	Meghana Vincent	"	"	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
18.	Mariya Joy	"	"	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]

NAME AND SIGNATURE OF THE CO-ORDINATOR: Dr. Teji K.T [Signature]

MOB NUMBER: 9445169678





Morning Star Home Science College Angamaly

Department of Zoology

DIRECTORATE OF MINORITY WELFARE

Government of Kerala

Pathway- Social Life Wellness Programme 2023 - 2024

Attendance register

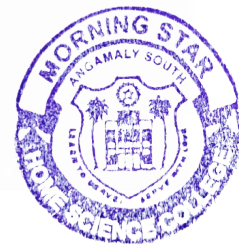
Name of the Institution :

Name of the CCMY : Abaya

District: Ernakulam

Sl. No.	Name and address	Male/ female	Religion	Signature					
				Date 1/1/23		Date 1/1/23		Date 1/1/23	
				FN	AN	FN	AN	FN	AN
19.	Anna Beby	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
20.	Ayesha Jolly	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
21.	Asha Peter	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
22.	Konaseenuk Kidoghage	Male	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
23.	Rizwan Syed	"	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
24.	Bakshana Fathima	"	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
25.	Aliya Muzamil	"	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
26.	Maha Koushal	Female	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
27.	Sahana Ashraf	Female	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
28.	Ashraf Aq	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
29.	Salma Ali	Female	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
30.	Aradhana Jayaraman	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
31.	Asha P M	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
32.	Alanya Jolly	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
33.	Prasanna K S	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
34.	Sajitha A T	Female	Muslim	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
35.	Ashraf Fathima	Female	Christian	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]

NAME AND SIGNATURE OF THE CO-ORDINATOR: Dr. Teja K P
 MOB NUMBER: 959544978





**SKILL ENHANCEMENT PROGRAMME-
ICT SKILLS IN BIOINFORMATICS**

Report

Date	19 February and 07 March 2024
Venue	Computer Lab
Organizer	Department of Zoology
Resource Person	Marymol Joe, Assistant Professor, PG Department of zoology, Morning Star college Angamaly.
Beneficiaries	14 III B Sc Zoology Students

Description

Objectives:

- Provide a deep knowledge about databases and Tools in Bioinformatics
- Hands on experience on Tools in Bioinformatics

Description: Department of Zoology organized a Skill enhancement training on ICT Skills in Bioinformatics on 19 February and 07 March 2024. The resource person was Sr. Marymol Joe, Assistant Professor, PG Department of Zoology, Morning Star college Angamaly, emphasized the importance of computational tools in biology. The programme included a general introduction about biological databases and tools in Bioinformatics. Practical sessions on various tools like sequence alignments like BLAST, molecular visualization tool like RasMol, computational phylogenetics package of programs for inferring evolutionary trees like PHYLIP to familiarize the students with the advance techniques. Ms. Ann Maria Jojo proposed vote of thanks.

Outcome: 14 final year B Sc Zoology students participated and benefited from the Programme.



Geo-tagged Photographs of the event



Brochure



Session by Resource person



Hands on session





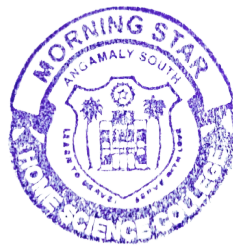
Morning Star Home Science College Angamaly

Department of Zoology

SKILL ENHANCEMENT PROGRAMME- ICT SKILLS IN BIOINFORMATICS

List of Participants

SLNO	NAME	CLASS AND SUBJECT	SIGNATURE
1	ANAGHA SABU	II B-SC zoology	
2	ANN MARIA JOJO	"	
3	JEWEL ROSE GEORGE	"	
4	NANDANA UDAYAKUMAR	"	
5	AGNES BABY	"	
6	SAIBUNDESA-KUS	"	
7	ANUSILA P.A	"	
8	HASNA AZEEL	"	
9	KASI KRISHNAN	"	
10	SREESHMA .CS	"	
11	RUBAYYA THASNI.N.K	"	
12	ANNA MARTIN	"	
13	AYSHA NARGEES	"	
14	MARIYA ISAAC	"	



K. LEENA JOSEPH
Head, Dept. of Zoology
Morning Star Home Science College
Angamaly South, Kerala - 683 573



**Two-day Hands-on Training Workshop on Drug Design
with Molecular Docking and QSAR Tools**

Report

Date	15 th and 16 th September 2023
Venue	Computer lab, MSHSC
Organizer	Department of Chemistry
Collaborating Agency	Kerala State Council for Science, Technology and Environment
Resource Person	Dr. Abi T. G. Assistant Professor & Research Guide, Dept. of Chemistry, Sacred Heart College (Autonomous) Thevara
Beneficiaries	Research Scholars

Description

Objective: The workshop aimed to provide participants with hands-on experience with molecular docking and QSAR tools and facilitate a platform for interactive discussions and learning.

Description: The Department of Chemistry and the Kerala State Council for Science, Technology, and Environment jointly organized a “Two-day Hands-on Training Workshop on Drug Design with Molecular Docking and QSAR Tools”, on 15th and 16th September 2023. Dr. Abi T. G. Assistant Professor & Research Guide, Dept. of Chemistry, Sacred Heart College (Autonomous) Thevara has served as the resource person and 39 participants from various colleges in Kerala attended the workshop. Dr. Sindhu K.S was the convenor of the workshop.

Outcome: The workshop provided valuable insights and practical experience to 39 participants from colleges across Kerala.



Geo-tagged Photographs of the event



Brochure



Resource person interacting with research scholars



Hands on training





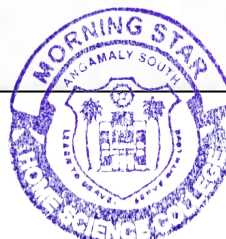
Morning Star Home Science College, Angamaly

Department of Chemistry

Attendance Sheet

TWO DAY HANDS ON TRAINING WORKSHOP ON "DRUG DESIGN WITH MOLECULAR DOCKING AND QSAR TOOLS"

Sl No	Name	Designation	Department	Educational Institution	15 th Sep 2023 Signature	16 th Sep 2023 Signature
✓ 1.	ABY JIMSON	Assistant Professor	Chemistry	St. Stephen's College Uzhavoor, Kottayam		
2.	TESI THOMAS	Research Scholar	PhD/Chemistry	NIT, Calicut		
✓ 3.	NEELIMA T. K.	Assistant Professor	Biochemistry, Dept of Biosciences	MES College Marampally		
✓ 4.	MISS SHALET VARGHESE	Research Scholar	Biochemistry	Sree Narayana Gura College, Coimbatore		
✓ 5.	SHIJ M CHEMPARATHY	Assistant Professor	Biosciences	Mes College Marampally		
✓ 6.	LINA ANIL	Research Scholar	Biochemistry	Bharathiar University		
✓ 7.	SAMITHA K. M.	Research Scholar	Zoology	Maharaja's College, Ernakulam		
✓ 8.	Dr. (Sr.) ASHA THOMAS	Assistant Professor	Chemistry	Providence Women's College, Kozhikode		
✓ 9.	SARANYA C.V.	Student	PhD	Sree Chitra Tirunal Institute of Medical Sciences And Technology, Thiruvananthapuram		
✓ 10.	SHENEYA FESTUS	Assistant Professor	Chemistry	St Xavier's College For Women, Aluva		
✓ 11.	Dr. NISHA GEORGE	Assistant Professor	Chemistry	St. Joseph's College Autonom		





Morning Star Home Science College, Angamaly

Department of Chemistry

				ous), Irinjalakuda			
✓	12.	Dr. SINI VARGHESE C.	Assistant Professor	Chemistry	St. Joseph's College (Autonomous), Irinjalakuda		
✓	13.	Dr. BIBITHA JOSEPH	Assistant Professor	Chemistry	St. Joseph's College (Autonomous), Irinjalakuda		
✓	14.	HISNA V. H.	Research Scholar	Department of Chemistry	St. Joseph's College, Irinjalakuda		
X	15.	Dr. JESNY S.	Assistant Professor	Chemistry	S N College, Cherthala		
✓	16.	NIVYA R. M.	Research Scholar	Department of Biotechnology	Sahrdaya College Of Engineering And Technology		
✓	17.	AMRUTHA KRISHNAN K.	Research Scholar	Applied Science and Humanities	Sahrdaya College Of Engineering And Technology, Kodakara		
✓	18.	ANNA JOSE	Student	MSc Chemistry	Sacred Heart College, (Autonomous), Thevara		
✓	19.	NAVYA SHAJU	Student	MSc Pharmaceutical Chemistry, Department Of Chemistry	Sacred Heart College, (Autonomous), Thevara		
✓	20.	ARCHANA JAYAPAL	Student	MSc Pharmaceutical Chemistry	Sacred Heart College, Thevara		
✓	21.	ABHISHEK M. S.	Student	Msc Pharmaceutical Chemistry	Sacred Heart College, Thevara		
✓	22.	DOONO MARIYA	Research Scholar	Zoology	Christ College, (Autonomous), Irinjalakuda		





Morning Star Home Science College, Angamaly

Department of Chemistry

23.	PREETHI E M	Student	Msc Chemistry	Sree Narayana College, Nattika		
24.	A. VIJI	Assistant Professor	Physics	Kongunadu College of Engineering And Technology		
25.	RAINA JOSE CHERAPPAN ATH	Assistant Professor	Chemistry	St Aloysius College, Thrissur		
26.	MANJULA KRISHNAN	Assistant Professor	Department of Chemistry	Sree Sankara College, Kalady		
27.	JERRY THOMAS	Assistant Professor	Department of Zoology	Morning Star Home Science College, Angamaly		
28.	Dr. R. VIJAYAKUMAR	Assistant Professor	Physics	Srimad Andavan Arts And Science College, (Autonomous) Tiruchirappalli		
29.	ANUMOL C. R.	Research Scholar	Dept. of Chemistry	Mar Athanasius College, Kothamangalam		
30.	Dr. TEJI K T	Assistant Professor	Department of Zoology	Morning Star Home Science College, Angamaly		
31.	DEEPTHI LISBETH K	Assistant Research Scholar Professor	Dept. of Home Science	Morning Star Home Science College, Angamaly		
32.	SHAJA P B	Assistant Professor	Dept. of Chemistry	Sree Narayana College, Cherthala		
33.	SEHNA JAMAL	Student	Dept. of Chemistry	Morning Star Home Science College, Angamaly		



Head of the Department
Dept. Of Chemistry
Morning Star Home Science College
Angamaly



Practicing virtual labs

Report

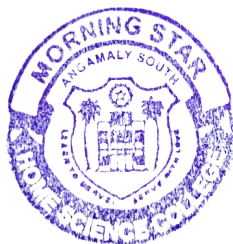
Date	15 th March 2024
Venue	Chemistry PG Physical Lab
Organizer	Department of Chemistry
Resource Person	Ms. Reshma Mathew. Assistant Professor (on contract), Dept. of Chemistry, MSHSC
Beneficiaries	PG chemistry students

Description

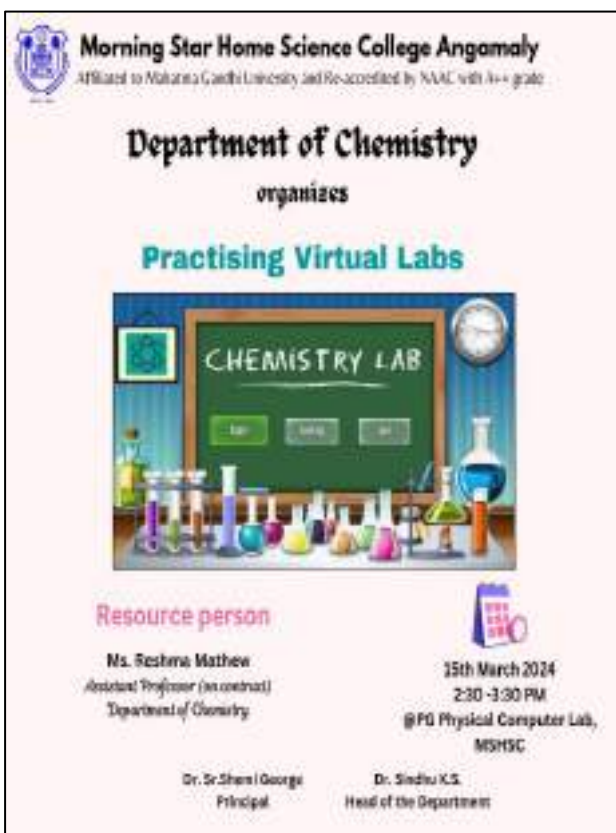
Objective: To introduce students to the concept of virtual labs, demonstrating how internet-based platforms can be used for conducting experiments efficiently and cost-effectively, and to provide hands-on experience in practicing virtual lab experiments.


Description: The department of Chemistry conducted a session on “Practicing virtual labs” on 15th March 2024. The session is based on the idea that lab experiments can be taught using the Internet, more efficiently and less expensively. Ms. Reshma Mathew gave a demonstration class and after that the students practiced the experiments by their own.

Outcome: The session familiarized students with virtual lab platforms, enhancing their ability to conduct experiments in a virtual environment. Students gained practical experience in performing experiments independently, promoting adaptability and resourcefulness in modern scientific learning methods.




Geo-tagged Photographs of the event



 **Morning Star Home Science College Angamaly**
Affiliated to Mahatma Gandhi University and Re-accredited by NAAC with A++ grade

Department of Chemistry
organizes

Practising Virtual Labs



Resource person

Ms. Reshma Mathew
Assistant Professor (on contract)
Department of Chemistry

15th March 2024
2:30 - 3:30 PM
@ PG Physical Computer Lab,
MSHSC

Dr. Sr. Shani George
Principal

Dr. Sindhu K.S.
Head of the Department

Brochure



Hands on training





Morning Star Home Science College, Angamaly

Department of Chemistry

List of Participants

Sl No	Name	Signature
1	Amina Faras	
2	Amna Mehjabin	
3	Anna Treesa George	
4	Athira Santhosh	
5	Athira Vijayan	
6	Arathy Santhosh	
7	Devika K S	
8	Chembakassery karthika Devi Vasudevan	
9	Ragendhu Raj	
10	Sandra C Pradeep	
11	Sehna Jamal	
12	Teresa Martin	
13	T.H Sneha	



Head of the Department
Dept. Of Chemistry
Morning Star Home Science College
Angamaly



Soap Making Training

Report

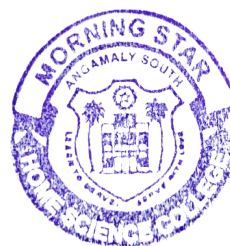
Date	8 th November 2023
Venue	Chemistry Lab
Organizer	Department of Chemistry
Resource Person	Dr. Marilyn Mary Xavier. Assistant Professor, Dept. of Chemistry, MSHSC
Beneficiaries	II UG Chemistry students

Description

Objective: To provide Chemistry students with hands-on training in soap making, bridging theoretical knowledge with practical applications in chemistry and fostering skill development in sustainable practices.

Description: Chemistry department conducted a Soap Making Training on 8th November 2023 for II BSc Chemistry students. This session was conducted to impart hands-on skills in soap making, aligning with practical chemistry applications.

Outcome: The training session successfully equipped students with the practical skills and knowledge required for soap making, enhancing their understanding of chemical processes and encouraging innovation in applying chemistry to real-world applications.



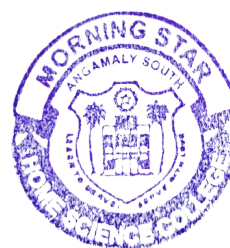
Geo-tagged Photographs of the event



Brochure



Hands on training





Morning Star Home Science College, Angamaly

Department of Chemistry

Soap Making Training

List of Participants

08/11/2023

Sl No:	Name	Class	Signature
1	Anakha Santhosh	III Bsc Chemistry	Anakha
2	Anadhana Saji	"	Anadhana
3	Archana Saji	"	Archana
4	Devika C.M	"	Devika
5	Devina Manoj	"	Devina
6	Sr. Mariyam Moadi	"	Mariyam
7	Hemin Baby	"	
8	Mujidha Nasrin	"	Mujidha
9	Pranitha M-s	"	Pranitha
10	Sandra Sebastian	"	Sandra



Sandra
Head of the Department
Dept. Of Chemistry
Morning Star Home Science College
Angamaly



Session on Capacitive Building & Skill Enhancement

Report

Date	26/9/2023
Venue	College Auditorium, MSHSC
Organizer	Department of Physics
Collaborating Agency	IQAC
Resource Person	Mr. Eldhose Poulose, Corporate Trainer, Carrer Guru, Ernakulam
Beneficiaries	89 Students

Description

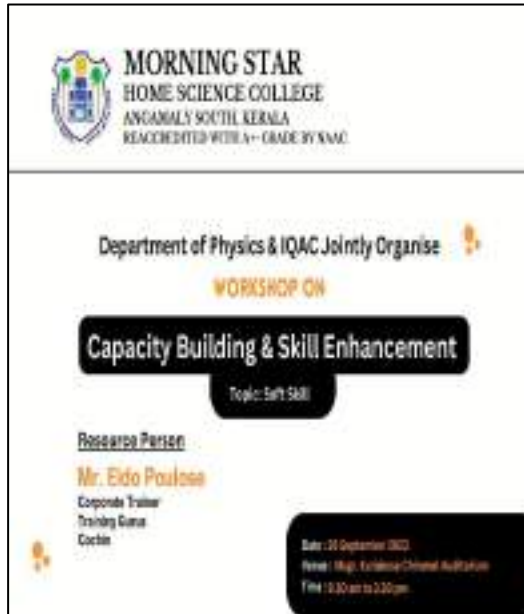
Objective: To organize an interactive session on "Capacitive Building & Skill Enhancement" aimed at equipping students with essential professional skills and knowledge, fostering their holistic development.

Summary: The Department of Physics, in collaboration with the Internal Quality Assurance Cell (IQAC), hosted a session on "Capacitive Building & Skill Enhancement" for all students of the college on September 26, 2023, in the college auditorium. This session aimed to equip students with essential skills and knowledge in capacitive building, fostering their professional development and enhancing their skill set. The resource person for the session was Mr. Eldhose Poulose, Corporate Trainer, Carrer Guru, Ernakulam. Through interactive discussions and informative presentations, attendees gained valuable insights into capacitive building techniques and its relevance in contemporary contexts. The collaborative effort between the Department of Physics and IQAC underscored the commitment to holistic education and skill enhancement within the college community.

Outcome: Students gained valuable insights into capacitive building techniques and their contemporary applications, enhancing their skill sets and professional competencies through an engaging and informative session led by a corporate trainer.



Geo-tagged Photographs of the event



Brochure



Resource person leading the session



Resource person interacting with students





Morning Star Home Science College, Angamaly

Department of Physics

Session on Capacitive Building & Skill Enhancement

List of Participants

Sl. No.	Name	Department and Year of Study	Signature
1	ALEENA JOHNSON	II nd B.COM	Aleena
2	NIVHA MOL BIJU	II nd B.COM	Nivha
3	ANJANA STALIN C.	II nd B.COM	Anjana
4	MEGHA ROSE DAVIS	II nd B.COM	Megha
5	RANI MARIA THOMAS	II nd B.COM	Rani Maria
6	BHAVANA DASAN	II nd B.COM	Bhavana
7	SNEHA K S	II nd B.COM	Sneha
8	Lakshmi K.B	II nd B.COM	Lakshmi
9	Aneeta Varghese	II nd B.COM	Aneeta
10	Arpita IC A	II nd B.COM	Arpita
11	Maria Eliba	II nd B.COM	Maria
12	Aswathy Sathyan	II nd B.COM	Aswathy
13	Rose Marissa MARTIN	II nd B.COM	Rose
14	Amy P P	II nd B.COM	Amy
15	Anagha Babu	II nd B.COM	Anagha
16	Shrutha Krishna T.B	II nd B.COM	Shrutha
17	Angel Louisa Sabu	II nd B.COM	Angel
18	Fahna Yonise F	II nd B.COM	Fahna
19	Fathima C kabeer	II nd B.COM	Fathima
20	Kaisa Rasheed	II nd B.COM	Kaisa
21	Jophina Varghese	II nd B.COM	Jophina
22	Sumayya T.S	II nd B.COM	Sumayya
23	Aan Joy	II nd B.COM	Aan
24	Heena k m	II nd B.COM	Heena
25	Shree Lakshmi P.B	II nd B.COM	Shree Lakshmi
26	Akshya salim	II nd B.COM	Akshya
27	Ameera Salim	II nd B.COM	Ameera
28	Ashalya V.S	II nd B.COM	Ashalya
29	Afanga C P	II nd B.COM	Afanga
30	Jean Joy	II nd B.COM	Jean





Morning Star Home Science College, Angamaly

Department of Physics

Session on Capacitive Building & Skill Enhancement List of Participants

Sl. No.	Name	Department and Year of Study	Signature
31	Arju Vijayan	I nd B.com	[Signature]
32	THEJASREE K	I nd B.com	[Signature]
33	Uma Sathakshari	I nd B.com	[Signature]
34	Prasanna V.H	I nd B.com	[Signature]
35	Anvitha C.A	I nd B.com	[Signature]
36	Dyuthipriya AP	I nd B.com	[Signature]
37	Nithyana K.H	I nd B.com	[Signature]
38	Nithya Suresh	I nd B.com	[Signature]
39	Prasanna K.S	I nd B.com	[Signature]
40	Diyana Joy	I nd B.Sc.FCS	[Signature]
41	Nonelliana Sibin	I nd B.Sc.FCS	[Signature]
42	Sandya Normal	I nd B.Sc.FCS	[Signature]
43	Fathima Nazly	"	[Signature]
44	Jesna P.J	"	[Signature]
45	Mubeena Makkeez	"	[Signature]
46	Afiya Salim	"	[Signature]
47	Ligamal Sineu	"	[Signature]
48	Sathya Joy	"	[Signature]
49	Meera Alias	"	[Signature]
50	Arjana E.B	I nd B.Voc	[Signature]
51	Lakshmi Singh	"	[Signature]
52	Risha Lakshmi	"	[Signature]
53	Athira Rajan	"	[Signature]
54	Manisha Ramakrishnan	"	[Signature]
55	Anamika Madhukrishna	"	[Signature]
56	Sandya Kajan	"	[Signature]
57	Aswathy Rajan	"	[Signature]
58	Sahya T.B	I nd year B.A Economics	[Signature]
59	NIYA V.V	"	[Signature]
60	Nandhana Suresh Kumar	"	[Signature]





Morning Star Home Science College, Angamaly Department of Physics

Session on Capacitive Building & Skill Enhancement List of Participants

Sl. No.	Name	Department and Year of Study	Signature
61	Suopra Sunil	II nd BA Economics	[Signature]
62	Aradhya A S	II nd BA Economics	[Signature]
63	Aleesha Jolly	II nd BA Economics	[Signature]
64	Ansiya A N	II nd B.A Economics	[Signature]
65	Aswathy K.B	II nd B.A Economics	[Signature]
66	Jon Sebastian	II nd B.A Economics	[Signature]
67	Hirya km	II nd BA Economics	[Signature]
68	Aparthika M.L	II nd BA Economics	[Signature]
69	Kaishna Priya K.P	II nd BA Economics	[Signature]
70	NIKHIL GEORGE	II nd BA Economics	[Signature]
71	Maniya V.J	II nd BA Economics	[Signature]
72	Ramona	II nd BA Economics	[Signature]
73	Rajena	II nd BA Economics	[Signature]
74	AFNA V. SHARAVAS	II nd BA Economics	[Signature]
75	Nandana A.R	II nd BA Economics	[Signature]
76	Siya Saji	II nd BA Economics	[Signature]
77	Anagha Lalit	II nd BA Economics	[Signature]
78	Rishu malviya	II nd BA Economics	[Signature]
79	Adhira Ashraf	II nd BA Economics	[Signature]
80	Shahana mbi K.N	II nd BA Economics	[Signature]
81	Sritha Sureshbabu	II nd B.A Economics	[Signature]
82	Tanya Wilson	II nd B.A Economics	[Signature]
83	Tabeena Mary Babu	I st Bsc Zoology	[Signature]
84	Sandya K prasad	II nd Bsc Zoology	[Signature]
85	Abina George	II nd Bsc Zoology	[Signature]
86	Athulia T.J	II nd Bsc Zoology	[Signature]
87	Anju Devassy	II nd Bsc Zoology	[Signature]
88	Ashika CR	II nd Bsc Zoology	[Signature]
89	Keerthana Das V	II nd Bsc Zoology	[Signature]
90			



Ms. SHYNY X. ITTIACHAN
 Head, Dept. of Physics
 Morning Star Home Science College
 Angamaly - 682 302





Workshop on Introduction to Tally Prime

Report

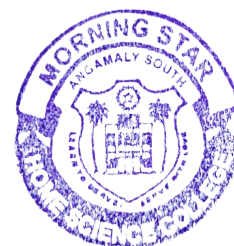
Date	22 nd June, 2023
Venue	Conference Hall
Organizer	Department of Commerce
Collaborating Agency	Manvish Academy
Resource Person	Ms. Sreekala, Manvish Academy
Beneficiaries	I B.com

Description

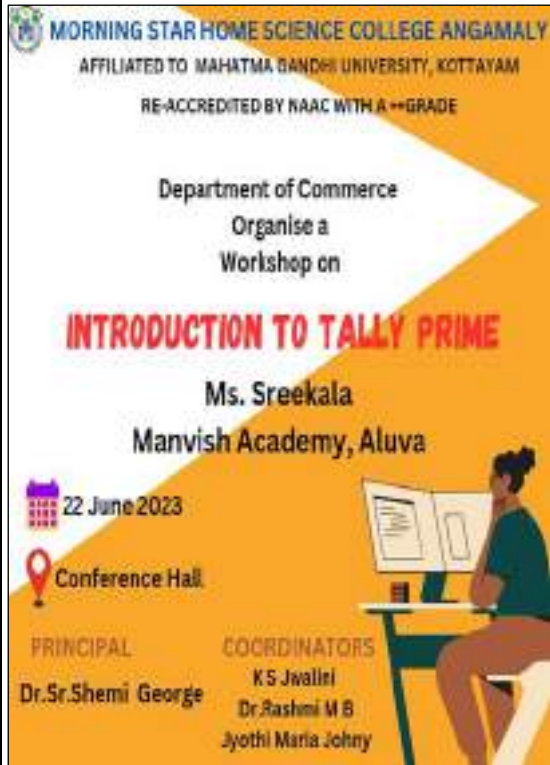
Objective: The seminar's purpose was to provide valuable insights and knowledge to the participants on Tally prime and Tally with GST and facilitate a platform for interactive discussions and learning.

Description: The Department of Commerce organised one-day workshop on the topic "Introduction to Tally Prime" on 22nd June 2023 in the conference hall of Morning Star Home Science College Angamaly. Ms. Sreekala, Faculty of Manvish Academy, Aluva, was the resource person of the workshop. The workshop was attended by 31 students from I year B.Com.

Outcome: The students of department got benefitted with the knowledge about new updates in tally software called Tally Prime and Tally with GST



Geo-tagged Photographs of the event



MORNING STAR HOME SCIENCE COLLEGE ANGAMALY
AFFILIATED TO MAHATMA BANDHU UNIVERSITY, KOTTAYAM
RE-ACCREDITED BY NAAC WITH A++ GRADE

Department of Commerce
Organise a
Workshop on

INTRODUCTION TO TALLY PRIME

Ms. Sreekala
Manvish Academy, Aluva

22 June 2023
Conference Hall

PRINCIPAL
Dr. Sr. Shemi George

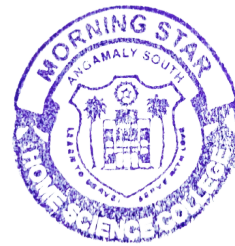
COORDINATORS
K S Jwalini
Dr. Rashmi M B
Jyothi Maria Johny

The brochure features a yellow and white color scheme with a large white arrow pointing right. At the bottom, there is an illustration of a woman sitting at a desk with a laptop, looking at a document.

Brochure



Resource person leading the session





Morning Star Home Science College Angamaly

Department of Commerce

List of participants

Name of the programme: Workshop on Introduction to Tally Prime

Date: 22 June 2023


Sl No	Name of Students	Class	Signature
1	Prayathri Susesh	B.com	
2	Biyamol Babu	B.com	
3	Anju Sojan	B.com	
4	Sayanora T.S	B.com	
5	Rosna T.R	B.com	
6	Shobhanath elizabeth	B.com	
7	LakshmiPriya P.S	"	
8	Afana V.M	"	
9	Niyas Joshi	B.com	
10	Sora varghese	B.com	
11	Alha Shaju	B.com	
12	Sania Joy	B.com	
13	Devika K.B	B.COM	
14	Anomary Joy	B.COM	
15	Anjana Jithesh	B.COM	
16	Nandana Vinod	B.COM	
17	Snaha M.S	B.COM	
18	Akshara AR	B.COM	
19	Christa Sajit	B.com	
20	Anamika. I.S	B.com	
21	Meljebia	"	
22	Olivia Joy	"	
23	Ajnidha	"	
24	Aneetha	"	





Morning Star Home Science College Angamaly
Department of Commerce

25	Minna	B-com	<i>Minna</i>
26	Sona Babu	B-com	<i>Sona</i>
27	Joyane Benny	B.com	<i>Joyane</i>
28	Nettika V M	B.com	<i>Nettika</i>
29	Vyshnaja T Prakash	B.com	<i>Vyshnaja</i>
30	Swamy Mol M	B.com	<i>Swamy</i>
31	Aysha Nazha	B.com	<i>Aysha</i>


Rajini
R. S. Jwalini
Head of the Department
Department of Commerce
Morning Star Home Science College
Angamaly South, Pin - 683 573





**Capacity Building & Skill Enhancement Workshop on
Financial Planning & Investment in Stock market**

Report

Date	15 January 2024
Venue	College Auditorium
Organizer	Department of Commerce
Collaborating Agency	Department of Economics
Resource Person	Mr. Kurian Joseph, Branch Manager, Doha Brokerage & Financial Services, Perumbavoor
Beneficiaries	II B.com

Description

Objective: The seminar's purpose was to provide valuable insights and knowledge to the participants on financial planning.

Description: Department of Commerce organised a seminar on “Financial Planning & Investment in Stock Market on 15th January 2024 in association with the PG Department of Economics. Mr. Kurian Joseph, Branch Manager, Doha Brokerage & Financial Services, Perumbavoor was the resource person. The Workshop helps the students to understand that Financial planning is the process of assessing financial goals of individual, taking an inventory of the money and other assets which the person have, determine life goals and then take necessary steps to achieve goals in the stipulated period. It is a method of quantifying a person's requirement in terms of money.

Outcome: The students of the department benefitted and learned more about life time goal setting and the need for financial planning.



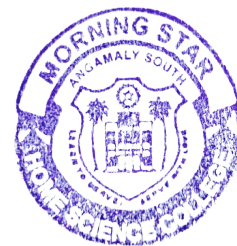
Geo-tagged Photographs of the event



Brochure



Student introducing the Resource person





Morning Star Home Science College Angamaly

Department of Commerce

List of participants

Sl.No	Candidate Name	Programme	
1	ANAGHA P K	B.Com	Anagha P.K.
2	APARNA T SUGATHAPPAN	B.Com	Aparna
3	APARNA V S	B.Com	Aparna
4	ARYA P S	B.Com	Arya P.S.
5	AYANA RAJESH	B.Com	Ayana
6	LAKSHMI SURESH	B.Com	Lakshmi
7	SAYANORA T S	B.Com	Sayanora
8	THRITHA U A	B.Com	Thritha
9	AKSHAYA UNNI	B.Com	Akshaya
10	ANAMIKA K S	B.Com	Anamika
11	ANJANA JITHESH	B.Com	Anjana
12	ANNMARY JOY	B.Com	Annamary
13	DEVIKA K B	B.Com	Devika
14	GAYATHRI SURESH	B.Com	Gayathri
15	GREESHMA JACOB	B.Com	Greeshma
16	HARIPRIYA S S	B.Com	Haripriya
17	MEHJEBIN A H	B.Com	Mehjebin
18	NANDANA VINOD	B.Com	Nandana
19	NETHIKA V M	B.Com	Nethika
20	OLIVIA JOY	B.Com	Olivia
21	SAINIA JOY	B.Com	Sainia
22	SHWETHA S	B.Com	Shwetha
23	SONA BABU	B.Com	Sona
24	SWACY MOL M	B.Com	Swacy
25	AKSHARA A R	B.Com	Akshara
26	ATHIRA SAJEEV	B.Com	Athira
27	ALKA SHAJU	B.Com	Alka
28	MALAVIKA K LAJU	B.Com	Malavika
29	MINNU V M	B.Com	Minnu
30	NIYA ROS SANI	B.Com	Niya
31	PAVITHRA M P	B.Com	Pavithra
32	SHAHABANATH SHIHAB	B.Com	Shahab
33	SONA VARGHESE	B.Com	Sona
34	JOYANA BENNY	B.Com	Joyana
35	ARUNA T	B.Com	Aruna
36	AFNITHA ABDULKHADER	B.Com	Afnitha
37	AFSANA V M	B.Com	Afsana
38	ANEETTA SEBY	B.Com	Aneetta
39	AYSHA NEZHA P.A	B.Com	Aysha
40	JYOTHI RAJKUMAR	B.Com	Jyothi
41	LAKSHMI PRIYA T S	B.Com	Lakshmi

K.S. Swabini
Head of the Department
Department of Commerce
Morning Star Home Science College
Angamaly South, Pin - 683 573





Workshop on Research Methodology

Report

Date	29-09-2023
Venue	Conference Hall, Morning Star Home Science College, Angamaly
Organizer	B.Voc Applied Accounting and Taxation
Beneficiaries	32
Description	
<p>Objective: AI workshop helps to improve personalised learning, increased efficiency and improved accessibility of students.</p> <p>Description: The Department of B.Voc organized a workshop on research methodology, the topic 'Usage of AI Tools in Social Science Research' on 29-09-2023. Mr.Sharon Thomas, PhD scholar in HRM, former HOD, St.Thomas Autonomous College, Thrissur were held the workshop. The "Usage of AI Tools in Social Science Research" workshop was a resounding success in fostering cross-disciplinary collaboration and knowledge sharing. It highlighted the immense potential of AI in advancing social science research methodologies and addressing complex societal challenges.</p> <p>Outcome: The event laid the foundation for future collaborations and research initiatives that will continue to bridge the gap between AI and social science</p>	



Geo-tagged Photographs of the event



MORNING STAR HOME SCIENCE COLLEGE, ANGAMALY
with sanction of Mahatma Gandhi University, Kottayam and is accredited by NMAC, Kerala

Department of B.Voc Organizes
WORKSHOP ON RESEARCH METHODOLOGY
TOPIC: USAGE OF AI TOOLS IN SOCIAL SCIENCE RESEARCH

FRIDAY
20 SEPTEMBER 2023

TIME
10 - 12:30 PM

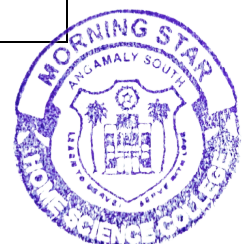
VENUE
COMPUTER LAB

Resource Person
MR. SHASHI THOMAS
M.A., M.P.H., M.Sc. (H.S.),
PUBLIC RELATIONS OFFICER

Principal
Dr. M. Shama George

Staff Co-ordinators
Ms. Seema Alex
Ms. Shreya T. S.

Student Co-ordinators
Ms. Anusha Mathewkhan
Ms. Shreyani C. K.





Morning Star Home Science College
Department of B.Voc Applied Accounting and Taxation

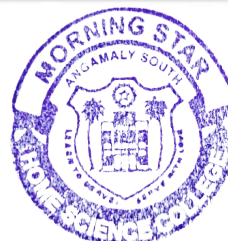
Research Methodology
List of participants

DATE :

SL. NO.	NAME OF STUDENTS	SIGNATURE
1	AISWARYA S	<i>Aiswarya S</i>
2	ANCESA V A	<i>Ancesa V A</i>
3	ASWITHA V M	<i>Aswitha V M</i>
4	ATHIRA MANI T	<i>Athira Mani T</i>
5	DURGA BABU	<i>Durga Babu</i>
6	GANGA C S	<i>Ganga C S</i>
7	KRISHNA VENI	<i>Krishna Veni</i>
8	LIVINA M G	<i>Livina M G</i>
9	MARIYA MATHEW	<i>Mariya Mathew</i>
10	MALAVIKA T M	<i>Malavika T M</i>
11	MANJIMA A	<i>Manjima A</i>
12	NANDHANA BABU	<i>Nandhana Babu</i>
13	NANDHANA K N	<i>Nandhana K N</i>
14	NEETHYA A V	<i>Neethya A V</i>
15	REHANA K R	<i>Rehana K R</i>
16	SANA NAZRIN M S	<i>Sana Nazrin M S</i>
17	SOUMYA V J	<i>Soumya V J</i>
18	SOYA JAMES	<i>Soya James</i>
19	ANAMIKA MADHUKRISHNA	<i>Anamika Madhukrishna</i>
20	ANJANA E B	<i>Anjana E B</i>
21	ASWATHY P M	<i>Aswathy P M</i>
22	ASWATHY RAJAN	<i>Aswathy Rajan</i>
23	ATHIRA RAJAN	<i>Athira Rajan</i>
24	CHANDANA K C	<i>Chandana K C</i>

DEPARTMENT OF VOCATIONAL STUDIES
Morning Star Home Science College
Angamaly - 683 573

[Signature]





Morning Star Home Science College
Department of B.Voc Applied Accounting and Taxation

23	LAKSHMI SINGH	<i>Lakshmi</i>
26	MANISHA RAMAKRISHNAN	<i>Manisha</i>
27	NIMISHA SHAJI	<i>Nimisha</i>
28	RISLA LULU K J	<i>Risla</i>
29	SANDRA RAJAN	<i>Sandra</i>
30	SUCHITHIRA R.	<i>Suchithira</i>
31	ZAINABA V S	<i>Zainaba</i>
32	AIRYNI SINGI	<i>Airyni</i>
33	DIVYAMOL C	<i>Divya</i>
34	GOPIKA A. G	<i>Goopika</i>
35	SANEHA N.S	<i>Saneha</i>
36	TERESA JOHNSON	<i>Teresa</i>

Signature OF HOD

DEPARTMENT OF VOCATIONAL STUDIES
Morning Star Home Science College
Angamaly - 683 373





Workshop on Entrepreneurship Skill Development

Report

Date	From 21-02-2024 to 22-02-2024
Venue	III B.Voc, Morning Star Home Science College, Angamaly
Organizer	B.Voc Applied Accounting and Taxation
Beneficiaries	36

Objective:

It aims equipping students with soft skills and knowledge that are essential for inculcating entrepreneurial leadership in students and guiding and monitoring their progress towards entrepreneurship career.

Description: The Department of B.Voc organized two days workshop on entrepreneurship skill development in association with IIC on 21-02-2024 and 22-02-2024. The student entrepreneur Ms.Sana Nazrin M S, III B.Voc, Morning Star Home Science College, Angamaly held the sessions. She conducted interactive sessions on various entrepreneurial skills including idea generation, business planning, marketing strategies, financial management and networking. Facilitated discussion on effective communication, leadership and decision making skills crucial for entrepreneurial success.

Outcome: This worksop encouraged a growth mindset among participants, emphasizing the value of learning from failure and seeking opportunities for growth and organized hands on activities.



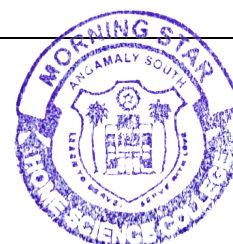
Geo-tagged Photographs of the event



Brochure



Hands on training





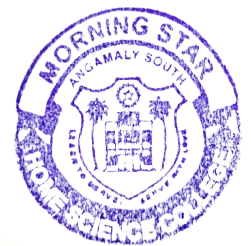
Morning Star Home Science College
Department of B.Voc Applied Accounting and Taxation

WORKSHOP

List of participants

DATE :

SL. NO.	NAME OF STUDENTS	SIGNATURE
1	AISWARYA S	Aiswarya S
2	ANEESA V A	Aneesa V A
3	ASWITHA V M	Aswitha V M
4	ATHIRA MANI T	Athira Mani T
5	DIURGA BABU	Diurga Babu
6	GANGA C S	Ganga C S
7	KRISHNA VENI	Krishna Veni
8	LIVINA M G	Livina M G
9	MARIYA MATHEW	Mariya Mathew
10	MALAVIKA T M	Malavika T M
11	MANJIMA A	Manjima A
12	NANDHANA BAIJU	Nandhana Baiju
13	NANDHANA K N	Nandhana K N
14	NITHYA A V	Nithya A V
15	REHANA K R	Rehana K R
16	SANA NAZRIN M S	Sana Nazrin M S
17	SOUMYA V J	Soumya V J
18	SOYA JAMES	Soya James
19	ANAMIKA MADHUKRISHNA	Anamika Madhukrishna
20	ANJANA E B	Anjana E B
21	ASWATHY P M	Aswathy P M
22	ASWATHY RAJAN	Aswathy Rajan
23	ATHIRA RAJAN	Athira Rajan
24	CHANDANA K C	Chandana K C



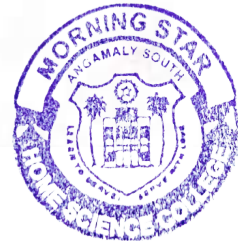

DEPARTMENT OF VOCATIONAL STUDIES
Morning Star Home Science College
Angamaly - 683 573



Morning Star Home Science College
Department of B.Voc Applied Accounting and Taxation

25	LAKSHMI SINGH	Lakshmi
26	MANISHA RAMAKRISHNAN	Manisha
27	NIMISHA SHAJI	Nimisha
28	RISLA LULU K J	Risla
29	SANDRA RAJAN	Sandra
30	SUCHITHRA R	Suchithra
31	ZAINABA V S	Zainaba
32	AIRYN SINOJ	Airyn
33	DIVYAMOL C	Divya
34	GOPIKA A. G	Gojika
35	SANEHA N.S	Saneha
36	TERESA JOHNSON	Teresa

DEPARTMENT OF OCCUPATIONAL STUDIES
Morning Star Home Science College
Angamaly - 683 573





Nari Shakti - Self -Defence Training Programme

Report

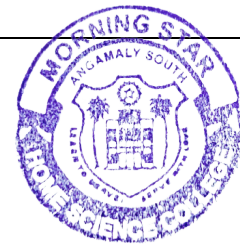
Date	27 June 2023
Venue	College Auditorium
Organizer	IQAC and the Department of Physical Education
Beneficiaries	All UG and PG students

Description

Objective: The "Nari Shakti - Self Defence Training Programme" aimed to empower women with self-defense skills, promote physical safety, and highlight the role of education in women's empowerment. It focused on equipping U.G. and P.G. students with basic techniques to build resilience.

Description: The "Nari Shakti - Self Defence Training Programme" was jointly organized by the IQAC and the Department of Physical Education on June 27, 2023, at the college auditorium for U.G. and P.G. students. Smt. Celia Vinny V (Angamaly Block Panchayat Member) delivered a talk on women empowerment through education in the modern era. Furthermore, Mr. Mujeeb Rahman and his team from Pink Shield, Lubaina Kalari, Kochi, conducted a Kalari demonstration class and taught the students basic self-defense attack techniques

Outcomes: The session successfully provided students with practical knowledge of self-defense techniques, especially through the Kalari demonstration and training led by Mr. Mujeeb Rahman and his team. It also raised awareness about the significance of women's education for empowerment, with valuable insights shared by Smt. Celia Vinny V. Participants left the session feeling more confident and empowered in safeguarding themselves and recognizing the importance of education in fostering gender equality and personal empowerment.



Geo-tagged Photographs of the event



MORNING STAR HOME SCIENCE COLLEGE ANGAMALY
(Affiliated to Mahatma Gandhi University & Re-accredited with A++ Grade by NAAC)

Inauguration

Narishakthi
Self defence training programme

കുടിയേറ്റം ദുരിതം തടയുന്നു

Resource Person

CELIA VINNY V
Angamaly Block Panchayath Member
Principal, Lotus Bausch Lomb Institute of Optometry Cochin.

Jointly Organized by
IQAC and
Department of
Physical Education

27
SEP 2020

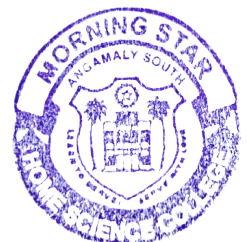
MUJEEB RAHMAN
Kalari Trainer
Pink Shield
Lubaina Kalari
Kochi

1:30 pm
Venue - College Auditorium

Brochure



Self Defence Training





Communication in English to
Create Competent Youth

Report

Date	11 July 2023
Venue	Auditorium
Organizer	Career Guidance and Placement Cell
Collaborating Agency	Star Gate Academy
Resource Person	Dr. Shintu Dennis
Beneficiaries	UG Students

Description

Objective: The Aim of this programme was to make the students aware about the importance of communication in English on this competent world of job market. The programme aimed to boost up the confidence of students in their fluency in English and improving skills on listening and writing too.

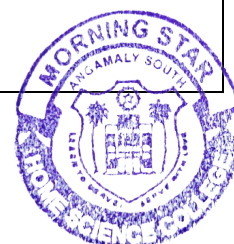
Description:

Career Guidance and Placement Cell in Association with stargate Academy and career solution, Angamaly organized a one day seminar on the topic “communication in English to create competent youth” on 11 July 2023.

Dr. shintu Dennis, Assistant professor, St. Joseph’s College, Moolamattom, took classes for the students to how to develop the skills of speaking in English .The Programme was organized by Dr. Sr. Shemi George and Coordinated by Dr.Rashmi M.B., Ms. Ramya, Armiya VA

Outcome:

The programme helped the students to enrich their knowledge about how to improve speaking, listening and writing skills in English.



Geo-tagged Photographs of the event

MORNING STAR HOME SCIENCE COLLEGE ANGAMALY
Affiliated to Mahatma Gandhi University, Kottayam
Re-accredited by NAAC with A++ Grade

**COMMUNICATION IN ENGLISH TO
CREATE COMPETENT YOUTH**

Organized by
Career Guidance & Placement Cell
In Collaboration with
Stargate Academy & Career
Solution, Angamaly

DATE
13 JULY 2023

TIME
9PM TO 1PM

College Auditorium

PRINCIPAL
Dr. Dr. Shanti George

COORDINATORS
Dr. Rakshita MB
Ms. Remya R
Ms. Anitha KA

Dr. SHINTU DENNIS
Assistant Professor
St. Joseph's College Moolamattom





Morning Star Home Science College Career Guidance and Placement Cell

Sl No	Candidate Name	Programme	
1	AFIFA SALAM	II B.Sc FCS	<i>[Signature]</i>
2	DIYANA JOY	II B.Sc FCS	<i>[Signature]</i>
3	FATHIMA NAZLY C A	II B.Sc FCS	<i>[Signature]</i>
4	LUJAMOL SINU	II B.Sc FCS	<i>[Signature]</i>
5	SANDRA NIRMAL	II B.Sc FCS	<i>[Signature]</i>
6	SATHMA JOSY	II B.Sc FCS	<i>[Signature]</i>
7	MERIN ALIAS	II B.Sc FCS	<i>[Signature]</i>
8	MUBEENA MAKKAR	II B.Sc FCS	<i>[Signature]</i>
9	NAYANA T D	II B.Sc FCS	<i>[Signature]</i>
10	NANDHANA SHIBU	II B.Sc FCS	<i>[Signature]</i>
11	ANAN ABDUL KADER	II B.Sc FCS	Absent
12	JESNA P J	II B.Sc FCS	<i>[Signature]</i>
13	REVATHY P RAJAN	II B.Sc Zoology	Absent
14	ADITHYA P J	II B.Sc Zoology	<i>[Signature]</i>
15	ATHULYA C R	II B.Sc Zoology	<i>[Signature]</i>
16	FOVTEENA MARY BABY	II B.Sc Zoology	<i>[Signature]</i>
17	KEERTHANA DAS V D	II B.Sc Zoology	<i>[Signature]</i>
18	SANDRA K PRASAD	II B.Sc Zoology	<i>[Signature]</i>
19	TESSA ROSE KATHERINE V W	II B.Sc Zoology	Absent
20	ATHULIA T J	II B.Sc Zoology	<i>[Signature]</i>
21	NANDANA BABU	II B.Sc Zoology	<i>[Signature]</i>
22	ABINA GEORGE	II B.Sc Zoology	<i>[Signature]</i>
23	ANJU DEVASY	II B.Sc Zoology	Absent
24	NASREEN BANU	II B.Sc Zoology	Absent
25	ANAKHA SANTHOSH	II B.Sc Chemistry	<i>[Signature]</i>
26	ARADHANA SAJI	II B.Sc Chemistry	<i>[Signature]</i>
27	DEVIKA C M	II B.Sc Chemistry	<i>[Signature]</i>
28	DEVINA MANOJ	II B.Sc Chemistry	<i>[Signature]</i>
29	MERIN BABY	II B.Sc Chemistry	<i>[Signature]</i>





Morning Star Home Science College Career Guidance and Placement Cell

30	MUFIDHA NASRIN	II B.Sc Chemistry	Mufidha
31	PRARTHANA M. S	II B.Sc Chemistry	Prarthana
32	ARCHANA SAJI	II B.Sc Chemistry	Archana
33	SANDRA SEBASTIAN	II B.Sc Chemistry	Sandra
34	MARIYAM MARDI	II B.Sc Chemistry	Mariyam
35	ANGEL ROSE GEORGE	II B.Sc Physics	Angel
36	SREEDEVI KRISHNAKUMAR	II B.Sc Physics	Sreedevi
37	ALBY JOY	II B.Sc Physics	Alby
38	AFFAYA M S	III B.A Economics	Affaya
39	ANAGHA T D	III B.A Economics	Anagha
40	ARYA SATHEESAN	III B.A Economics	Arya
41	ARYANANDA T	III B.A Economics	Aryananda
42	ASWINI M C	III B.A Economics	Aswini
43	SREESHA RAJAN	III B.A Economics	Sreesha
44	ANJANA UNNI	III B.A Economics	Anjana
45	ARUNIMA JAYAN	III B.A Economics	Arunima
46	DEVIKA M K	III B.A Economics	Devika
47	DURGA B KAMMATH	III B.A Economics	Durga
48	GREESHMA RAJENDRAN	III B.A Economics	Greeshma
49	NANDHANA K B	III B.A Economics	Nandhana
50	SREENANDA PRASAD	III B.A Economics	Sreenanda
51	AKSHARA SAIJU	III B.A Economics	Absent
52	ADITHYA P.V	III B.A Economics	Adithya
53	AISHA P.M	III B.A Economics	Aisha
54	ARDHRA GOPAKUMAR	III B.A Economics	Ardhra
55	DEVIKA MANOJ	III B.A Economics	Devika
56	FAHMITHA SHAHEER	III B.A Economics	Fahmitha
57	FATHIMA ASIF	III B.A Economics	Fathima
58	HASNA HAMEED	III B.A Economics	Absent
59	JEBINA NASAR	III B.A Economics	Jebina





Morning Star Home Science College Career Guidance and Placement Cell

60	NANDANA V P	III B.A Economics	Nandana
61	NAYANALAKSHMY N U	III B.A Economics	Nayanalakshmy
62	VANI MURALEEDHARAN	III B.A Economics	Vani
63	NIKHITHA PRAKASAN T. P	III B.A Economics	Nikhitha
64	AFNA ASEER	III B.A Economics	Afna
65	AISWARYA.V.B	III B.A Economics	Aiswarya
66	ATHULYA P A	III B.A Economics	Athulya
67	SAFIYA A.T.F	III B.A Economics	Safiya
68	SAYANA BABY T P	III B.A Economics	Sayana
69	ANNA PETER	III B.A Economics	Anna
70	PARVATHI NANDANA	III B.A Economics	Parvathi
71	AISWARYA V R	III B.A Economics	Aiswarya
72	ANJALY KRISHNA.K.S	III B.A Economics	Anjaly
73	ANJITHA T.R	III B.A Economics	Anjitha
74	ANUSREE SATHEESH	III B.A Economics	Anusree
75	APARNA V R	III B.A Economics	Aparna
76	ARATHY BABU	III B.A Economics	Arathy
77	ASWANI ASOKAN	III B.A Economics	Aswani
78	JIBISHA SHAJI	III B.A Economics	Jibisha
79	LIMINA THOMAS	III B.A Economics	Limina
80	MEHRUNNISA K N	III B.A Economics	Mehrunnisa
81	ALEENA JOSHY	III B.A Economics	Aleena
82	ANEETA K J	III B.A Economics	Aneeta
83	KAREEMAH KUDADHAGE	III B.A Economics	Kareemah
84	AFNITHA NASEER	III B.Sc Chemistry	Afnitha
85	AYSHA P H	III B.Sc Chemistry	Aysha
86	AYSHA PARVIN M. S.	III B.Sc Chemistry	Aysha
87	SANGEETHA S MALLAN	III B.Sc Chemistry	Sangeetha
88	SULTHANA BASHEER	III B.Sc Chemistry	Sulthana
89	VARSHA V NAIR	III B.Sc Chemistry	Varsha





Morning Star Home Science College Career Guidance and Placement Cell

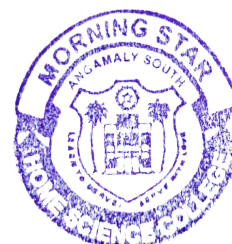
90	FATHIMATHU SUAAD	III B.Sc Chemistry	Absent
91	NANDANA R. NAIR	III B.Sc Chemistry	Nandana
92	NEHLA C MOHAMMED RAFI	III B.Sc Chemistry	Nehla
93	SIVALAKSHMI . S	III B.Sc Chemistry	Siva
94	ATHIRA K.S	III B.Sc Chemistry	Athira
95	R VIGILA	III B.Sc Chemistry	Vigila
96	AYISHA LABEEBA V. I.	III B.Sc Chemistry	Absent
97	LAKSHMI DARSAN	III B.Sc Chemistry	Absent
98	DEVA SUJYA SHANKER	I M.Sc Zoology	Deva
99	SONA CHERIYAN	I M.Sc Zoology	Sona
100	SANDRA SIVAN	I M.Sc Zoology	Sandra
101	FAIROOZ FATHIMA	I M.Sc Zoology	Absent
102	GEETHU A.R	I M.Sc Zoology	Geethu
103	PRAVATHI M.K	I M.Sc Zoology	Pravathi
104	ALIYA K.K	I M.Sc Zoology	Aliya
105	FATHIMA ZIYA	I M.Sc Zoology	Fathima
106	KRISHNAPRIYA C.M	I M.Sc Zoology	Krishna
107	ANN MARIA JOSEPH	I M.Sc Zoology	Ann
108	AKSHAYA SATHYAN	I M.Sc Physics	Akshaya
109	DEVIKA V NAIR	I M.Sc Physics	Devika
110	MILANA SURESH	I M.Sc Physics	Milana
111	SHIFNA SHERIN K	I M.Sc Physics	Shifna
112	GOPIKA P	I M.Sc Physics	Gojika

Ist Msc Chemistry

1. Anaya T.B
2. Aparna Shaju
3. Vysnnavi vijayarajkumar
4. Eadima M. Subram
5. Anrose Alex
6. Nirmangana Rajesh K
7. Sordani P. Nair
8. ASwathy J. Perthambaram

- 9) Labeeba T.N
- 10) Devika Rajesh
- 11) Ajmitha P.T

Dr. Rashmi M. B.
 Career Guidance and
 Placement Cell Co-ordinator





Two-day seminar on 'Nurturing Family Bonds: Key to Healthy Life and Happiness'

Report

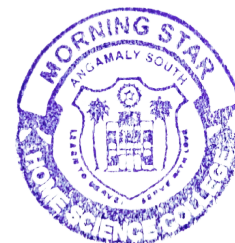
Date	13 June – 14 June 2023
Venue	College Auditorium
Organizer	Women's Cell
Resource Person	Mr. Yugesh Thomas Pulickan Trainer and Former Secretary KCBC Pro-life committee
Beneficiaries	On first day 277 students and on second day 191 students participated

Description

Objective: The objective of the seminar was to highlight the importance of strong family relationships and provide participants with valuable knowledge and practical tips to foster healthy family dynamics.

Summary: Women's Cell of Morning Star Home Science College organized a highly insightful two-day seminar on the topic of 'Nurturing Family Bonds: Key to Healthy Life and Happiness' during 13-14 June 2023 at the college auditorium. Mr. Yugesh Thomas Pulickan was the resource person. The first day of the seminar focused on understanding the intricacies of family dynamics and the impact they have on individual well-being and happiness. Through real-life examples and interactive activities, Speaker shed light on the importance of active listening and effective communication within the family unit. The second day of the seminar focused on providing practical tips and strategies to foster healthy family relationships.

Outcome: A total of 277 students from UG and PG classes actively participated on the first day and on the second day 191 students enthusiastically took part. Overall, the seminar provided an invaluable platform for learning, self-reflection, and fostering a sense of community among the participants. By promoting the nurturing of family bonds, the Women's Cell of our college has taken a significant step in empowering individuals to create a happier and healthier society.



Geo-tagged Photographs of the event



Brochure



Resource person delivering the lecture



Resource person leading the class



Resource person interacting with the students





Morning Star Home Science College, Angamaly Women's Cell

13/06/2023

Two-day seminar on 'Nurturing Family Bonds: Key to Healthy Life and Happiness'

List of participants (Day 1)

13/6/2023

TWO-DAY SEMINAR ON NURTURING FAMILY BONDS KEY TO HEALTHY LIFE & HAPPINESS
(Change period Mr. Jayan Thomas Palakkam) - Day I

S/No.	Name	Class	Signature
1	SANDRA TL	UMA BUSINESS ECONOMICS	[Signature]
2	Manu James	III BSE FCS	[Signature]
3	Laya Joy	III BSE FCS	[Signature]
4	Fahima CT	.	[Signature]
5	Pooja B	.	[Signature]
6	Dhanya D	.	[Signature]
7	Sahana sasi	III B COM	[Signature]
8	Harika Joy	III B COM	[Signature]
9	Anitha nisharan	.	[Signature]
10	Hany Math	.	[Signature]
11	Sanya Sajan	.	[Signature]
12	Anita Baby	.	[Signature]
13	Aarav Jolly	.	[Signature]
14	Aarav CB	III FCS	[Signature]
15	Chandana Perazh	III BSC FCS	[Signature]
16	Ananya	III BSC FCS	[Signature]
17	Jiya Maria Rose	III BSC FCS	[Signature]
18	Malavika	III BSC FCS	[Signature]
19	Tathana Mestiza	III BSC FCS	[Signature]
20	Amal Maria Anand	.	[Signature]
21	Anamika Sanjeet	III BSC FCS	[Signature]
22	Karthika Pragna	III BSC FCS	[Signature]
23	Anomaya Johnson	III B COM	[Signature]
24	Jyothi Lakshmi K-B	III B COM	[Signature]
25	Anush Baby	III B COM	[Signature]
26	Deviya Devi	III B COM	[Signature]
27	Karthika Pragna H Pillai	III B COM	[Signature]
28	Anupama N Kumari	I MSc Physics	[Signature]
29	Aparna P S	.	[Signature]
30	Anabecha AK	I MSc Zoology	[Signature]
31	Sandya Biju	I MSc Zoology	[Signature]
32	Anusha Varma	I MSc Zoology	[Signature]
33	Aparna K M	I MSc Zoology	[Signature]

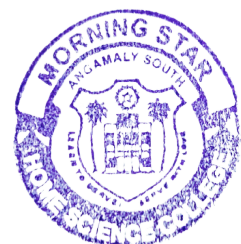




Morning Star Home Science College, Angamaly Women's Cell

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Sl No	Name	Class	Signature
34	Nabeela A A	1 st MSc Zoology	
35	Teresa Martin	1 st MSc Chemistry	
36	T.H. Sneha	1 st MSc Chemistry	
37	Ashwina Sankosh	1 st MSc Chemistry	
38	Anna Teresa George	1 st MSc Chemistry	
39	Divika K.S	1 st MSc Chemistry	
40	Arathy Sankosh	1 st MSc Chemistry	
41	Aariza Faras	"	
42	Niranjana K.R	2 nd B.com	
43	Amalalakshmi	2 nd B.com	
44	ASHIRA D.V	2 nd B.com	
45	ANANDIYA C.A	2 nd B.com	
46	ABHIRAM K.S	2 nd B.com	
47	DYUTHIPRIYA AP	2 nd B.com	
48	Thasleema V.N	2 nd B.com	
49	Ashira Suresh	2 nd B.com	
50	Meharissa K.M	3 rd B.A Economics	
51	Lalitha Thomas	3 rd B.A Economics	
52	Jathira Nasar	3 rd B.A Economics	
53	SAVANNA BASY	3 rd B.A Economics	
54	Anna Jay	2 nd B.com	
55	Heela KM	2 nd B.com	
56	Spreelakshmi P.B	2 nd B.com	
57	Ashwina Baiju	3 rd B.A Economics	
60	Anushe Salheesh	"	
61	Anjitha T.R	3 rd B.A Economics	
62	Aina Aseer	3 rd B.A Economics	
63	Deeksha K	3 rd B.A Economics	
64	Aswani Asokan	3 rd B.A Economics	
65	Aisha P.M	3 rd B.A Economics	
66	Kevika Manoj	3 rd B.A Economics	
67	Anurima Jayan	3 rd B.A Economics	
68	Anatha T.D	3 rd B.A Economics	





Morning Star Home Science College, Angamaly Women's Cell

30

Sl.No	Name	Class	Signature
69	nandana v P	3 rd B.A Economics	
70	Aiswarya v B	3 rd BA Economics	
71	Kazamma L	3 rd B.A Economics	
72	Nayana Bani	2 nd B.Sc Zoology	
73	Jayashree Suresh	3 rd B.A Economics	
74	Arjo Sathesan	3 rd B.A Economics	
75	Maniyam Meedi	II nd B.Sc Chemistry	
76	Adithya P V	III rd BA Economics	
77	Geethika Rajendran	3 rd BA Economics	
78	Abhaya M S	3 rd BA Economics	
79	Mulidha Nazrin	II nd B.Sc Chemistry	
80	Analya Ananthosh	"	
81	Sandra Sebastian	"	
82	Devina Manoj	"	
83	prarthana M S	"	
84	Devika C M	"	
85	Anna peles	B.A 3 rd BA Economics	
86	Aradhya Gopakumar	"	
87	Aneeta v A	B.VOC 3 rd year	
88	Rahana K.R	B.voc 3 rd year	
89	Ahina Mani T	B.voc 3 rd year	
90	Lina M G	B.VOC 3 rd year	
91	Nandhooa Biju	B.VOC 3 rd year	
92	Kaithnaveni K.S	B.voc 3 rd year	
93	Soya James	B.voc 3 rd year	
94	Aswika v M	A.voc 3 rd year	
95	Manya Mathew	B.voc 3 rd year	
96	Anetta Gerry	B.voc 3 rd year	
97	Sara Nazrin M.S	B.Voc 3 rd year	
98	Niya mal Biju	B.com 2 nd year	
99	Anjana callin C	"	
100	Merin Alias	B.Sc FCS	





Morning Star Home Science College, Angamaly Women's Cell

31

Sl No	Name	Class	Signature
101	Sandhya Nirmal	B SC FCS 2nd yr	
102	Diyana Joy	B SC FCS 2nd yr	
103	Nandhana shibu	B SC FCS 2nd yr	
104	Nasty Fathima	B SC FCS 2nd yr	
105	Muberna Makkal	B SC FCS 2nd yr	
106	Zyamel simu	B SC FCS 2nd yr	
107	Rizvi Syed M.S	BSC FCS 3rd year	
108	Aashrifa P	BSC FCS 3rd year	
109	Aliya Mujeeb	BSC FCS 3rd year	
110	Shobha P M	B.com 2nd year	
111	Alvina S. Rafeek	B.com 2nd year	
112	Ashrifa binte	B.com 2nd year	
113	Ashra Shaj	B.com 2nd year	
114	Karishma Rajesh	B.com 2nd year	
115	Nora Raza Joseff	B.com 2nd year	
116	Vishnu AN	B.com 2nd year	
117	Prakrutha KS	B.com 2nd year	
118	Nayana Shaj PS	B.com 2nd year	
119	Pranvi Sani	B.com 2nd year	
120	Ashira C Shreetha	MA Business Economics	
121	Ashira Musali	"	
122	Asha Mol	"	
123	Ashira	"	
124	Jophina Varghese	B.com 2nd Year	
125	Fasna Yousof	B.com 2nd Year	
126	Sumayya TS	B.com 2nd year	
127	Latifa Rasheed	B.com 2nd year	
128	Fathima E kabee	B.com 2nd year	
129	Ashra Fathima Shabana	"	
130	Aliya Salim	B.com 2nd year	
131	Ajanya C.D	B.com 2nd year	
132	Amreena Salim	B.com 2nd year	
133	Anandabakshani VP	"	





Morning Star Home Science College, Angamaly Women's Cell

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Sl No	Name	Class	Signature
134	Geetha J M	2 nd year B.com	
135	Amulya V S	"	
136	Reemithy K B	2 nd Year B.A Economics	
137	Geethika K S	2 nd Year B.A Economics	
138	Ananya A N	3 rd year (BSc Physics)	
139	Sayna Kishor L	2 nd Year B.com	
140	Hanipriya Suresh	3 rd Year B.com	
141	Vidhya Viswambharan P	3 rd Year B.com	
142	Sanya P S	3 rd Year B.com	
143	Anakha Baby	2 nd Year B.com	
144	Rubanya Thasni	3 rd year Bsc Zoology	
145	Anna Martin	3 rd year Bsc Zoology	
146	Sreethra C S	3 rd year Bsc Zoology	
147	Thasni Mahin	3 rd year Bsc Fcs	
148	Jayashriya P M	3 rd BSc FCS	
149	RASHEEM	2 nd year BA Economics	
150	Nandana B.R	2 nd year BA Economics	
151	Anfusa Suresh	3 rd year B.com	
152	Dilitha Davis	3 rd year B.com	
153	Sanya Biju	3 rd year B.com	
154	Nandana C.A	3 rd year Physics	
155	Jissna J.	"	
156	Crooni Suresh	"	
157	V.m Droupathy	"	
158	Angel Rose George	II bsc physics	
159	Sreedevi Kishnakumar	"	
160	Alby Jay	"	
161	Anurag Raju	II nd BA Economics	
162	Rena mol V S	"	
163	Buraya Suresh E S	III rd Year B.com	
164	Arthana K pradeep	III rd Year B.com	
165	Minnu P.T	III rd Year B.com	
166	K.J. Jeeva	III rd Year B.com	





Morning Star Home Science College, Angamaly Women's Cell

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Rolls	Name	Class	Signature
167	Anjaly B Biju	III rd B.coms	Anjaly
168	Neelina Krishna	III rd B.coms	Neelina
169	Anjaly Jose	1 st MSc. Fsc	Anjaly
170	Neetha Sebastian	"	Neetha
171	Devika Babu	"	Devika
172	Nixy ED	"	Nixy
173	Fathima Rehman	"	Fathima
174	Fathimath Fasma K.N	"	Fathima
175	Nesnamol	"	Nesnamol
176	Asna Ashraf	"	Asna
177	Lakshmi Prasad	"	Lakshmi
178	Devendhu Prasad	"	Devendhu
179	Rujana P.R	III rd B.com	Rujana
180	Ninu Shaji	"	Ninu
181	Nandana Reghu	"	Nandana
182	Birga Anni Biju	"	Birga
183	Aranya Prathiba	"	Aranya
184	Arna Biju	III rd B.coms	Arna
185	Ashna C.S	"	Ashna
186	Dharaja Stasty	"	Dharaja
187	Nayana Johnson	"	Nayana
188	Sreeranda prasad	III rd B.A Economics	Sreeranda
189	Anjaly Krishna K.S	"	Anjaly
190	Airana Jashy	"	Airana
191	Durga B kumrath	"	Durga
192	Fahmida Shahzee	"	Fahmida
193	Hasna Hameed	"	Hasna
194	Athulya P.A	"	Athulya
195	Arsha K.J	"	Arsha
196	Saida Sreedhar	2 nd year BA Economics	Saida
197	Arsha Lakshmi S.Naz	"	Arsha
198	Rajeshwari	1 st MSc. Chemistry	Rajeshwari
199	Arna Mathan	"	Arna





Morning Star Home Science College, Angamaly Women's Cell

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200	Karthika devi	1st Msc chemistry	Karthika
201	Athira Vijayan	"	Athira
202	Santha C. Padet	"	Santha
203	Sahna Jamal	"	Sahna
204	Amoghya Sobu	III rd B.Sc Zoology	Amoghya
205	Jewel Rose George	"	Jewel
206	Farze Baby	"	Farze
207	Aysha parvin M.S	III rd BSc chemistry	Aysha
208	Aysha Labeeta	"	Aysha
209	Shivalakshmi S	"	Shivalakshmi
210	Aysha PH	"	Aysha
211	Sr. Subitha Joseph	B.A English	Subitha
212	Net Manoj	"	Net Manoj
213	Ann Mariya M. Jude	"	Ann Mariya
214	Sreeranjitha C.S	"	Sreeranjitha
215	Ami Kumaresan K.N	"	Ami
216	Colin M.R	"	Colin
217	Nayana Paul	"	Nayana
218	Lakshmi Darsak	III BSc chemistry	Lakshmi
219	Sangeetha S. mullan	"	Sangeetha
220	Mandana R. Nair	"	Mandana
221	Adira K.S	"	Adira
222	Mariya Lisa	III rd BSc Zoology	Mariya
223	Aysha Margret	"	Aysha
224	Ann Mariya Jojo	"	Ann Mariya
225	Edwina Mary Baby	II nd BSc zoology	Edwina
226	Atulga C.R	"	Atulga
227	Renuka P. Rajar	"	Renuka
228	Anjali Babu	II nd B10M	Anjali
229	Ansita P.A	II nd BSc Zoology	Ansita
230	Harsha kasa	II nd BSc Zoology	Harsha
231	Saibarnna K.S	III rd B.Sc Zoology	Saibarnna
232	Sande K. Prasad	II nd BSc Zoology	Sande





Morning Star Home Science College, Angamaly Women's Cell

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222	Adithya T J	D BSc Zoology	Adithya
220	Keeathana Dee V D	D BSc Zoology	Dee
225	Marina Edho	D B Com	Marina
226	Geeta Manjya Mathu	"	Geeta
227	Asalathiy Sathyan	"	Asalathiy
228	Jothna George	"	Jothna
239	Supra Sanj	I BA Economics	Supra
240	Catherine Paul	"	Catherine
241	Shreya T B	"	Shreya
242	Nandhana Sreethama	"	Nandhana
243	Iya Soju	"	Iya
244	Neerunisha K S	"	Neerunisha
245	Fathima Noorain	"	Fathima
246	Adhiya Ashraf	"	Adhiya
247	Shahana mal	"	Shahana
248	Aleesha Joly	"	Aleesha
249	MARIYA V J	"	Mariya
250	Sathna Josy	II BSC FCS	Sathna
251	Anagha Lale	II BA Economics	Anagha
252	Anagha E L	II BA Economics	Anagha
253	Bhargyulakshmi K	II BA Economics	Bhargya
254	Muthaige George	II BA Economics	Muthaige
255	Ramena	I BA Economics	Ramena
256	Jincy P J	II BA Economics	Jincy
257	Jincy Wilson	"	Jincy
258	Jini Sebastian	"	Jini
259	Amitha M L	"	Amitha
260	Hirna K M	"	Hirna
261	Krishna paga K P	"	Krishna
262	Anns Angel	1 st MA Business Studies	Anns
263	Sreevidya Sanish	"	Sreevidya
264	Jivamol K Shania	"	Jivamol
265	Anagha Babu	"	Anagha

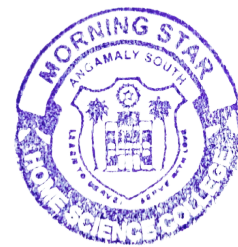




**Morning Star Home Science College, Angamaly
Women's Cell**

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266	Drin Mariya Sebastian	II nd MF Business Economics	Drin Mariya
267	Athira MB	"	Athira
268	Krishnapriya Unni	"	Krish
269	Lakshmi K B	B.Com II nd Year	Lakshmi
270	Arpita Varghese	B.Com II nd year	Arpita
271	Megha Rose Davis	B.Com II nd year	Megha
272	Rani Maria Thomas	B.Com II nd year	Rani Maria
273	Lakshmi Singh	B.Voc II nd year	Lakshmi
274	Nimisha Shaji	"	Nimisha
275	Manisha Gomakrishnan	"	Manisha
276	Zainaba VS	"	Zainaba
277	Nayana Lakshmi N.U	3 rd BA Economics	Nayana





Morning Star Home Science College, Angamaly Women's Cell

14/6/2023

List of participants (Day 2)

Two Day Seminars on Nurturing Family Bonds
Key to Healthy Life & Happiness 37

14/6/2023 Day 2

Sl. No.	Name of Student	Class	Signature
1	Adithya P V	3 rd BA Economics	
2	Aiya Sathesan	2 nd BA Economics	
3	Anusha Jayaraj	2 nd B.A Economics	
4	Mabrika	3 rd BSC FCS	
5	Aleena Johnson	2 nd B.com	
6	Lakshmi Lakshmi	2 nd B.com	
7	Manoj K N	2 nd B.com	
8	Prasanna Maria Sabu	2 nd B.com	
9	Krishna P S	2 nd B.com	
10	HEENA KM	2 nd B.com	
11	Sreelakshmi P B	2 nd B.com	
12	Prinytha T R	3 rd B.A Economics	
13	Prinseetha Sathesh	3 rd B.A Economics	
14	Alsharada Raju	3 rd B.A Economics	
15	SINDHA K. PRASAD	2 nd BSC ZOOLOGY	
16	Athulya K K	2 nd BSC ZOOLOGY	
17	Athulya T T	"	
18	Adithya P J	"	
19	Fahima Muneer	B ^{sc} FCS	
20	ROSE MARIYA ANONY	II nd BSC FCS	
21	Pranya B	II nd BSC FCS	
22	Anasha Baby	II nd B.com	
23	Haripriya Suresh	II nd B.com	
24	Jana Maria Roy	II nd BSC FCS	
25	Jyothi Lakshmi K A	II nd B.com	
26	K J Jaana	II nd B.com	
27	Deepa Devi	II nd B.com	
28	Ansel Baby	"	
29	Annamangy Johnson	"	
30	Ann maria Tojo	III rd BSC ZOOLOGY	
31	Maxima Isaac	"	
32	Aysha Nargees	"	
33	Anjali Soora	"	

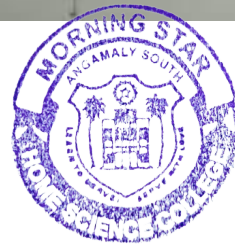




Morning Star Home Science College, Angamaly Women's Cell

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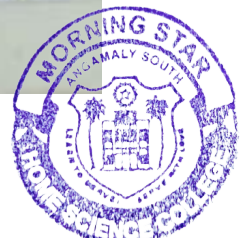
Sl. No.	Name	Class	Signature
24	Faris Babu	III rd BSc Zoology	
35	Farah Doss George	"	
36	Nandana Udayakumar	"	
37	Alina Ascee	3 rd Year B.A Economics	
38	Arsha M A	"	
39	Jasmin Nazim	"	
40	Geethma Ramesh	"	
41	Mahamuna K V	"	
42	Sayma BNEY	"	
43	Lalitha Thomas	"	
44	Manasa Jimmy	2 nd Year B.com	
45	Neena Ravassy	"	
46	Isfana Iqbal	"	
47	Fasna P.A	"	
48	Anjali K Paul	1 st MSc Physics	
49	Anupama N Kumar	"	
50	Shamsh Siru	BSc FCI II nd year	
51	Mubeena Makkas	"	
52	Mehra Alias	"	
53	Nandhana Shibu	"	
54	Diyana Joy	"	
55	Jesna P J	"	
56	Fathima Nagly CA	"	
57	Ms Athira Mari T	B.Voc 3 rd year	
58	Asha Babu	B.Voc 3 rd year	
59	Rahana H.R	B.Voc 3 rd year	
60	Neethya A.V	B.Voc 3 rd year	
61	Sumayya T S	B.com 2 nd year	
62	Jopana Vayghese	B.com 2 nd year	
63	Fahna Yousef	B.com 1 st year	
64	Fathima e kabera	B.com 2 nd year	
65	Sri Sanyu	B.Voc 3 rd year	
66	Sara Nazim M.S	B.Voc 3 rd year	





Morning Star Home Science College, Angamaly Women's Cell

Sl.No	Name	class	Signature
67	Aiswarya S	B.Voc III rd year	
68	Nandhoo Biju	B.VOC 3 rd year	
69	NAIDANA K N	B.VOC 3 rd year	
70	Luna M G	B.Voc 3 rd year	
71	Norsha YA	B.Voc 3 rd year	
72	Saira Hashim L	3 rd year (BSc Physics)	
73	Afritha Nasser	BSc pt chemistry (3 rd)	
74	Selthana Basheer	BSc chemistry (3 rd)	
75	Sangeetha S mallan	BSc chemistry (3 rd)	
76	Nandhana R Nair	BSc chemistry (3 rd)	
77	Shalini MR	B.A English (3 rd)	
78	Sowandhana S	"	
79	Arshi Rameesh K N	BA English (3 rd)	
80	Anu Mariya M Jido	BA English (3 rd)	
81	Alex Mariaj	"	
82	Nayana Paul	"	
83	Safa Maria	BA English (3 rd) year	
84	Shvanti Binaj	"	
85	Annamay Mathakkatt	"	
86	Smitha M	"	
87	Arishma Shaji	"	
88	Agnes Jose	"	
89	Adithya Saji	"	
90	Mammi Anne Sundeep	"	
91	Anupriya Shaji	"	
92	Arshana G. Kandanjoor	"	
93	Mariyam Mendi	B.Sc Chemistry II	
94	Mufana Nassrin	"	
95	Anakha Sankarsh	"	
96	Sandhya Subashini	"	
97	Preetha Joby	BA English (3 rd) year	
98	Nandhana Sreekumar	B.A Economics II year	
99	Swarna Sunil	BA Economics II year	





Morning Star Home Science College, Angamaly Women's Cell

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Sl. No	Name	Class	Signature
100	Catherine Paul	BA Economics II Year	
101	Lija Lijo	BA Economics II Year	
102	Anila P.A	III rd Bsc Zoology	
103	Sathunna K.S	III rd Bsc Zoology	
104	Harna Azeez	III rd Bsc zoology	
105	Kaci Kaishan	III rd Bsc zoology	
106	Sareetha CC	III rd Bsc zoology	
107	Rubayya Thami NK	III rd Bsc zoology	
108	Anna Martin	III rd Bsc zoology	
109	Najmalakshmy NU	III rd BA Economics	
110	Athulya P.A	"	
111	Aneta K.J	"	
112	Devika Pabu	I st Hsc FCS	
113	Neethu Sebastian	"	
114	Anjali Jose	"	
115	Niraj E.D	"	
116	Fathima Rehman	"	
117	Lakshmi Prasad	"	
118	Devendhu Prasad	"	
119	Fatimath Fasma	"	
120	Asna Ashraf	"	
121	Nesnamol Mackeray	"	
122	Jaiya Wilson	II nd BA Economics	
123	Thasuya K.M	III year B.Lom	
124	Jyothika	"	
125	Lija K.J	"	
126	Abasomiso K.S	BA Economic II Year	
127	Aelhija Ashraf	"	
128	Fathima Noorin	"	
129	Asna Fathima Shabeez	B.com II nd Year	
130	Aysha P.H	III rd Bsc chemistry	
131	Vanika V. Wala	"	
132	Aysha Lakshmi	"	





Morning Star Home Science College, Angamaly Women's Cell

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S.A. No	Name	Class	Signature
133	Athira K.S	1)	
134	Avani C.B	III rd BSc FCS	
135	Thasni Mahin	II nd Bsc Fcs	
136	Jaswinya PM	3 rd BSc FCS	
137	chandrasek	II nd B.VOC	
138	Lakshmi Prag	I st b	
139	Nimisha	"	
140	Anjana	"	
141	Anamika Madhukrishna	"	
142	Aswathy Rajan	"	
143	Aruna Rajan	"	
144	Sandya Rajan	"	
145	Krishnapriya M Menon	BSc FCS	
146	Anetta Palachan	II nd B.com	
147	Karthika Vasudevan	I st M.Sc. Chemistry	
148	Sarita C Pradeep	"	
149	Belma Jamal	"	
150	Athira Vijayan	I st Msc. chemistry	
151	Amma Mehjabin	"	
152	Ragendu Raj	"	
153	Bhagyalakshmi K.V	I st B.A Economics	
154	RAJEEVA	I st BA ECONOMICS	
155	Anagha G.L	I st BA Economics	
156	Anagha Lalu	II nd BA ECONOMICS	
157	Niketha George	II nd BA Economics	
158	Sujal Suji	II nd BA Economics	
159	Nandana EA	III rd Bsc Physics	
160	Sisna J	"	
161	Droupathy V.M	"	
162	Faisha CA	"	
162	Bhabeetha A.K	I st M.U Zoology	
164	Anud vanjese	"	





**Morning Star Home Science College, Angamaly
Women's Cell**

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S.I No	Name	Class	Signature
165	Aleesha Jolly	II B.A Economics	[Signature]
166	Aswathy K.P	2 nd year B.A Economics	[Signature]
167	Saha Sumantran	2 nd year B.A Economics	[Signature]
168	Pranathi S. non	2 nd year B.A Economics	[Signature]
169	Aniya A N	2 nd year B.A Economics	[Signature]
170	gopi ka reathin	2 nd year B.A Economics	[Signature]
171	Jinu Sebastian	"	[Signature]
172	Sathya Josy	2 nd year BSc FCS	[Signature]
173	Nayana T.D	2 nd year BSc FCS	[Signature]
174	T.H. Susha	I st M.Sc Chemistry	[Signature]
175	Teresa Matha	"	[Signature]
176	Pooja B	III rd B.Sc FCS	[Signature]
177	Jahana C.R	III rd B.Sc FCS	[Signature]
178	Leya Joy	"	[Signature]
179	Anna James	"	[Signature]
180	Fathima Asif	Economics III rd	[Signature]
181	Arshad Faris	I st M.Sc Chem	[Signature]
182	Arsha Theresapriya	"	[Signature]
183	Sandya Biju	D th M.Sc Biology	[Signature]
184	Anushka M.L	II nd year B.A Economics	[Signature]
185	Hina K	II nd year BA Economics	[Signature]
186	Krishnapriya K.P	II nd year BA Economics	[Signature]
187	Snehalakshmi Vijayan	II nd year BA Economics	[Signature]
188	Angul Rose George	I st BSc physics	[Signature]
189	Snehalakshmi K.P	II nd year BSc physics	[Signature]
190	Annamayya Raju	II nd BA Economics	[Signature]
191	Risard V.S	II nd BA Economics	[Signature]



Lizmitha

**Dr.Lizmitha Godwin
Coordinator, Women's Cell**



Mastering Stress Management: Tools for Mindful Living

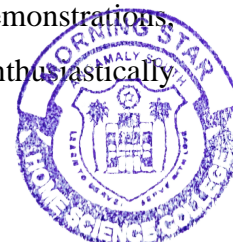
Report

Date	18 December 2023
Venue	College Auditorium
Organizer	Women's cell
Collaborating Agency	Kerala State Women Development Corporation (KSWDC)
Resource Person	Dr. Sr. Arpitha CSN, Director, St. Jude Family Counselling Center
Beneficiaries	A total of 98 students from second year UG classes participated

Description

Objective: The primary objective of the training was to impart knowledge about stress, its sources, effects, and the importance of managing it effectively. It also aimed at empowering students with the knowledge and skills necessary to lead a more mindful and balanced life amidst various stressors.

Summary: The women's cell of our college and KSWDC jointly organized a training on "Mastering Stress Management: Tools for Mindful Living" aimed at providing students with essential tools and insights into managing stress through mindfulness. The class was held in the college auditorium on 18 December 2023 at 12PM and was facilitated by Dr. Sr. Arpitha, an esteemed expert in psychology and mindfulness. Dr. Sr. Arpitha commenced the session by elucidating the concept of stress, emphasizing its impact on mental and physical health. She highlighted common stressors encountered by students, including academic pressure, societal expectations, and personal challenges. Through relatable examples, she captured the audience's attention, making the complex subject accessible to all. Dr. Sr. Arpitha introduced various mindfulness practices, including deep breathing exercises, meditation, and mindfulness in daily activities. The interactive session involved practical demonstrations, enabling students to experience these techniques firsthand. Participants enthusiastically





Morning Star Home Science College, Angamaly Women's Cell

engaged in mindfulness exercises, fostering a sense of calmness and awareness within the auditorium.

Outcome: Through this session, participants gained a deeper understanding of stress and its effects on well-being, fostering increased awareness of their own mental health and also helped the students learned practical mindfulness tools that they could readily apply in their daily routines to manage stress.



Geo-tagged Photographs of the event



Brochure



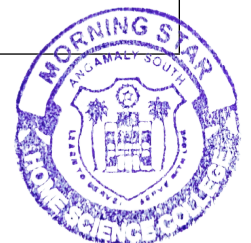
Introducing resource person



Resource person demonstrating stress relief exercises



Resource person leading the session





Morning Star Home Science College, Angamaly Women's Cell

18/12/2023

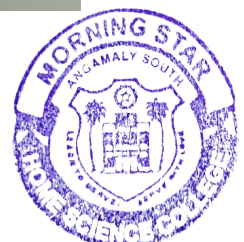
Mastering Stress Management: Tools for Mindful Living

List of participants

Talk on "Mastering Stress Management: Tools for Mindful Living"
18 December 2023

44

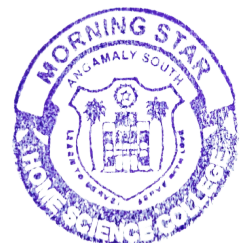
Sr.No.	Name	Course	Signature
1	Sija Saji	B.A Economics II	[Signature]
2	Joy P.J	B.A Economics II	[Signature]
3	RAJESHA	B.A Economics II	[Signature]
4	Ramona	B.A Economics II	[Signature]
5	Nandana A.R	B.A Economics II	[Signature]
6	Sathya T.B	B.A Economics II nd year	[Signature]
7	Gopika Master	B.A Economics II nd year	[Signature]
8	Anagha Laksh	B.A Economics II nd year	[Signature]
9	Ananya A.N	B.A Economics II nd year	[Signature]
10	Anitha M.L	B.A Economics II nd year	[Signature]
11	HIMA KM	B.A Economics II nd year	[Signature]
12	Nayana Paul	B.A English II nd year	[Signature]
13	Amal Ramesh K.M	B.A English II nd year	[Signature]
14	Dalini M.R	B.A English II nd year	[Signature]
15	Sreerambhara C.S	B.A English II nd year	[Signature]
16	Net mardj	B.A English II nd year	[Signature]
17	Anu Mariya M. Jule	B.A English II nd year	[Signature]
18	Ashin Prasad	B.A Economics II nd year	[Signature]
19	Istima Master	B.A Economics II nd year	[Signature]
20	Sree Lakshmi S.Nair	B.A Economics II nd year	[Signature]
21	Annamay Raja	B.A Economics I st year	[Signature]
22	Riana mol V.S	B.A Economics I st year	[Signature]
23	S. Harisya	B.Sc Chemistry II nd year	[Signature]
24	Devika C.M	B.Sc Chemistry II nd year	[Signature]
25	Prarthana H.S	B.Sc Chemistry II nd year	[Signature]
26	Angel Rose George	B.Sc Physics II nd year	[Signature]
27	Snehaal Krishnakumara	B.Sc physics II nd year	[Signature]
28	Devika Manoj	B.Sc Chemistry I st year	[Signature]
29	Aleasha Sally	B.A Economics II nd year	[Signature]
30	Jay Wilson	B.A Economics II nd year	[Signature]
31	Ally Joy	B.Sc physics II nd year	[Signature]
32	Sreya Sunil	B.A Economics	[Signature]
33	Nandana Sreerama	B.A Economics	[Signature]





Morning Star Home Science College, Angamaly Women's Cell

Sl.No	Name	class	Signature
34	Neer Jaju	BA Economics	
35	Najana T.D	BSC FCS - II	
36	NIKHARACHANDRAN	BA Economics II	
37	Aranya Saji	BA Economics I st year	
38	Nivya V.V	BA Economics II nd year	
39	Amalitha A.S	BA Economics II nd year	
40	Maitya V.I	BA Economics II nd year	
41	Archana Saji	II nd BSC chemistry	
42	Aradhana Saji	"	
43	Soncha Sebastian	"	
44	Anagha Santhosh	"	
45	Mufedha	"	
46	Abiya Salim	B. Com II nd year	
47	Ameena Salim	"	
48	Thejasree K	"	
49	Aneetta Polachan	"	
50	Anju Vijayan	"	
51	Ajanya C.D	"	
52	Anadhakshmi V.P	"	
53	Atulya V.S	"	
54	Karshnapriya P.S	"	
55	Seen Jaju	"	
56	Rose Mariya Mathin	"	
57	Angel Maria Sabu	"	
58	Anagha babu	"	
59	Nandhana Sivan	"	
60	Araveta Varghese	"	
61	Bhanura Dasan	"	
62	Arjana K.A	"	
63	Megha Rose Davis	"	
64	Rani Maria Thomas	"	
65	Jathis George	"	
66	Aswathy Sathyan	"	

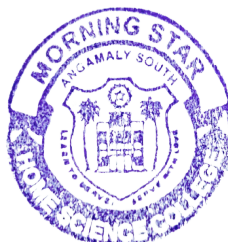




Morning Star Home Science College, Angamaly Women's Cell

46

Sl.No	Name	Class	Signature
57	Jephina Varghese	B.com II nd year	[Signature]
58	Krish Permal	B.com I st year	[Signature]
59	Fauza Yousef	B.com II nd year	[Signature]
60	Samyath S	B.com II nd year	[Signature]
61	Manik Edho	B.com I st year	[Signature]
62	Lakshmi K B	B.com II nd year	[Signature]
63	ABHIRAMI K S	B.com I st year	[Signature]
64	DIVYADIPATI B.P	B.com I st year	[Signature]
65	ANVITHA C A	B.com II nd year	[Signature]
66	Kesava Das P	2 nd year zoology	[Signature]
67	ATHIYA K E	3 rd BSc zoology	[Signature]
68	SANDRA K. PRASAD	3 rd BSc zoology	[Signature]
69	Priya Dasrath	2 nd year zoology	[Signature]
70	Deena George	2 nd year zoology	[Signature]
71	Neelima K Mathu	2 nd year zoology	[Signature]
72	Nasrin Bano	2 nd year zoology	[Signature]
73	HEERA KANI	B.com II nd year	[Signature]
74	Snehalakshmi P B	B.com II nd year	[Signature]
75	Amy Joy	B.com II nd year	[Signature]
76	Aleena Johnson	B.com II nd year	[Signature]
77	Niya mol Biju	B.com II nd year	[Signature]
78	Indira Sidani C	B.com II nd year	[Signature]
79	Sarita Anwar	I st BSc FCS	[Signature]
80	Olivera Joy	2 nd BSc FCS	[Signature]
81	Ajmal Dina	2 nd BSc FCS	[Signature]
82	Meera Kani	2 nd BSc FCS	[Signature]
83	Jana P J	2 nd BSc FCS	[Signature]
84	Neelima Mathu	2 nd BSc FCS	[Signature]
85	Talima Nayly	2 nd BSc FCS	[Signature]
86	Afiya Salam	2 nd BSc FCS	[Signature]
87	Wahyuni S A	2 nd B.com	[Signature]
88	Ashini Suresh	2 nd B.com	[Signature]



Lizmitha

Dr.Lizmitha Godwin
Coordinator, Women's Cell



Seminar on 'Breast Cancer Awareness'

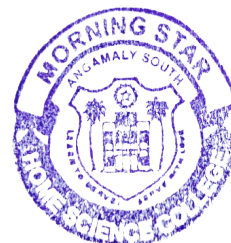
Report

Date	17 January 2024
Venue	College Auditorium
Organizer	Women's Cell
Collaborating Agency	Kerala Innerwear Dealers' Association (KIDA)
Resource Person	Dr. Chithrathara, HOD, Gynaec and Surgical Oncology, Lakeshore hospital
Beneficiaries	A total of 171 students from UG and PG classes participated

Description

Objective: The Breast Cancer Awareness Seminar organized by the Women's Cell of our college in collaboration with Kerala Innerwear Dealers' Association aimed at educating and raising awareness among college students about breast cancer, its risk factors, and early detection methods.

Summary: Women's cell in Association with Kerala Innerwear Dealers' Association (KIDA) organized a seminar on 'Breast Cancer Awareness' on 17 January 2024 at 2:00 PM at the college auditorium. Dr. Chithrathara, a renowned expert in Gynaec and Surgical Oncology, graciously accepted the invitation to be the resource person for the event. The session began with an informative presentation outlining the basics of breast cancer, its prevalence, and the importance of early detection. Dr. Chithrathara delved into the risk factors associated with breast cancer, emphasizing the significance of a healthy lifestyle and regular screenings. She provided valuable information on self-examination techniques and encouraged students to be proactive in taking charge of their health. A question-and-answer session followed the presentation, allowing students to seek clarification on various aspects of breast cancer. The interactive nature of the session facilitated a deeper understanding of the subject, breaking down barriers and dispelling myths surrounding breast health.





Morning Star Home Science College, Angamaly Women's Cell

Outcome: Seminar on Breast Cancer Awareness helped to increase awareness of breast cancer, its risk factors, and the importance of early detection. Students were empowered with knowledge on self-examination techniques, fostering a sense of responsibility towards their own health. The participants expressed gratitude for the informative session, praising the Women' Cell and KIDA for organizing such a crucial awareness program. In conclusion, the Breast Cancer Awareness Seminar not only achieved its set objectives but also left a lasting impact on the participants, equipping them with knowledge that can contribute to a healthier and more informed community. The event serves as a testament to the college's commitment to holistic education and community well-being



Geo-tagged Photographs of the event



Brochure



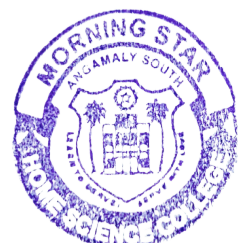
Presidential Address by Principal



Resource person interact with the students



Resource person leading the awareness class





Morning Star Home Science College, Angamaly Women's Cell

17/1/2023

Seminar on 'Breast Cancer Awareness'

List of participants

Seminar on
17/1/2023 Breast Cancer Awareness 47

Sl/No	Name	Class	Signature
1	Ahifa Salari	11 th B.Sc FCS	
2	Dnyana Jay	11 th B.Sc FCS	
3	Jesna P.J	11 th B.Sc FCS	
4	Lijamol Sina	11 th B.Sc FCS	
5	Geopika A A	BA Economics 1 st	
6	Mbisami J.S	BA Economics 1 st	
7	Mithya P R	BA Economics 1 st	
8	Fathima MS	BA Economics 1 st	
9	Sandra Joseph Martin	BA Economics 1 st	
10	Athila H.A	BA Economics 1 st	
11	Anjali K Paul	II nd MSc Physics	
12	Aradhana N Kumar	II nd MSc Physics	
13	Aradhana P.S	II nd MSc Physics	
14	Maniya V.J	II nd BA Economics	
15	Jnu Subastian	II nd BA Economics	
16	Jany Wilson	II nd BA Economics	
17	Anya Devassy	II nd BSc Zoology	
18	Sadhna jony	II nd BSc FCS	
19	Rameena	II nd BA Economics	
20	Jolcy P.J	II nd BA Economics	
21	Anagha Laju	II nd BA Economics	
22	Anagha B.L	II nd BA Economics	
23	Siyal Seji	II nd BA Economics	
24	Sahna T.B	II nd BA Economics	
25	Surupa Sini	II nd BA Economics	
26	Nandhana Sreekumar	II nd BA Economics	
27	Lina Saju	II nd BA Economics	
28	Ashiya Ashraf	II nd BA Economics	
29	Sreelakshmi S. Nair	II nd BA Economics	
30	Allesha Jolly	II nd BA Economics	
31	Nivya V.V	II nd BA Economics	
32	Anurha A.S	II nd BA Economics	
33	Amiya A.N	II nd BA Economics	





Morning Star Home Science College, Angamaly
Women's Cell

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34	Aswathy - K.B	I st BA Economics	
35	Krishna Priya K.P	I st BA Economics	
36	HIMA K.M	II nd BA Economics	
37	Jyothi Lakshmi K.M	III rd B.Com	
38	Divya Davis	III rd B.Com	
39	Anamony Johnson	III rd B.Com	
40	Anakha Baby	III rd B.Com	
41	Vidhya Viswambasan P	III rd B.Com	
42	Angira Suresh	III rd B.Com	
43	Sreya PS	III rd B.Com	
44	Haripriya Suresh	III rd B.Com	
45	Lathafat Sultan	I st B.A ENGLISH	
46	Anju Davis	I st B.A ENGLISH	
47	Jyathika Saji	I st B.A - English	
48	Ana Teena Saje	I st B.A - English	
49	Arthra Mohanan	II B Com	
50	Mariya Joy	"	
51	Sanya Sajeer	"	
52	Anna Baby	"	
53	Sandya Sasi	"	
54	Neetha Krishna	"	
55	Ann Maria Taje	III BSc Zoology	
56	Aysha Nagesh	IV BSc Zoology	
57	Anoma Sobit	"	
58	Rejith Baby	"	
59	Mariya Isaac	"	
60	Nandana Udayakumar	"	
61	Jewel Rose George	"	
62	Kasi Krishnam	"	
63	Hasna Azeez	"	
64	Arsila PA	"	
65	Rubaiya Thara	"	

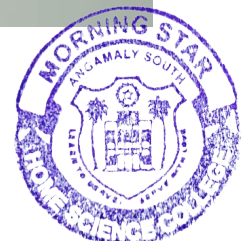




Morning Star Home Science College, Angamaly Women's Cell

49

66	Analya Sanesh	I BA Economics	Ajast
67	Nandhana Bhanu	I BA Economics	Adithya
68	Ram Manjya M. Jale	II nd BA English	Adithya
69	Saravandiana C.	III rd BA English	Adithya
70	Reeni Rameelan	II nd BA English	Adithya
71	Dr. Latha Joseph	II BA English	Adithya
72	Nagara Paul	II BA English	Adithya
73	Vishnu Palayal	BA ^{IIIrd} Economics	Adithya
74	Fathima CN	BA I st Economics	Adithya
75	Ani Mary Wilson	I st BA Economics	Adithya
76	Hazeera NA	I st BA Economics	Adithya
77	Anagha K.S	I st BA Economics	Adithya
78	Athulya N.V	I st BA Economics	Adithya
79	Bhanu Dasan	II B Com	Adithya
80	Rani Maria Thomas	"	Rani Maria
81	Ashra Fathima Shabeer	"	Adithya
82	Manisha Ramakrishnan	II nd B.Voc	Adithya
83	Anjana E.B	II nd year B.Voc	Adithya
84	Lakshmi Singh	"	Adithya
85	Zainaba V.S	"	Adithya
86	Alhina Rajan	"	Adithya
87	Anupriya Shaje	III rd BA English	Adithya
88	Annamary Mathakkat	II nd BA "	Adithya
89	Santhoshini	"	Adithya
90	Saja marva	"	Adithya
91	Sivani	"	Adithya
92	Maria - Anra Sundeep	"	Adithya
93	Adithya	"	Adithya
94	Cummiel	"	Adithya
95	Agness Jose	"	Adithya
96	Fathima Sabara	II nd MA BUSINESS ECONOMICS	Adithya
97	Ailija V.M	"	Adithya





Morning Star Home Science College, Angamaly Women's Cell

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98	Ajanya C.O	II nd yr B.Com	
99	Ariya Vijayan	"	
100	Aneella Polachari	"	
101	Arya Anandha Chopi	"	
102	Alsiya Sulim	"	
103	Ameera Sulim	"	
104	Athalya V.S	"	
105	Krishna Pragn	"	
106	Annamayya Raja	II nd year B.A Economics	
107	Risna mol v.s	"	
108	Rajanya	"	
109	Shabana mol k.v	"	
110	Noorain FATHIMA C.J	"	
111	Anjali Rose George	B.Sc physics II nd yr	
112	Indira C.A	" III rd year Finance	
113	Sajana	"	
114	Geetha Suresh	"	
115	Nandhana C.A	"	
116	Jissna J	"	
117	Juwairiya P.M	3 rd BSc FCS	
118	Thasni Mohin	III rd Bsc Fcs	
119	Avari C.B	"	
120	Krishnapriya M.Menon	"	
121	Aleena Fransuzky	III rd yr B.Com	
122	Anna Sani	III rd yr B.Com	
123	Anjaliy B. Biju	"	
124	Asthana k.pradeep	"	
125	Minnu P.T	"	
126	Ashna C.J	"	
127	Dhanya Stealy	"	
128	Nayana Johnson	"	
129	SANJANA	III rd yr BSC FCS	
130	CLAUDENA PEREIRA	"	

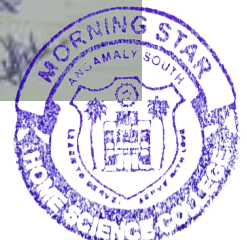




Morning Star Home Science College, Angamaly Women's Cell

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131	Sreevidya Sarath	II nd M.A. Business Admin	
132	Anas Angel	"	
133	Anagha Babu	"	
134	Dinu Skariya	"	
135	Krishnapriya Vani	"	
136	Sandra F.L	"	
137	Ashira M.S	"	
138	Annamaiya Sebastian	"	
139	Helena Samuel	M.Sc Chemistry (II)	
140	Ashira Vijayar	"	
141	Nandana R Nair	B.Sc chemistry III	
142	Aysha Parvin M.S	III rd B.Sc chemistry	
143	Ashira K.S	III rd B.Sc chemistry	
144	Aysha Labeeba V.I	"	
145	Aysha P.H	"	
146	Sivalakshmi-S	"	
147	Nehla C Mohammed Rabi	"	
148	R.Vigila	"	
149	Anithy Rajan	B.Voc II nd year	
150	Rida Lulu	"	
151	Nimisha shaji	"	
152	Sandra Kaban	"	
153	Suresha S	II nd B.Com	
154	Fathima C. Kabier	II nd B.com	
155	Jophina Varighese	II nd B.com	
156	Fasna Yasuet	II nd B.com	
157	Kiya Kij	II nd B.com	
158	Latana Iybal	"	
159	Angel mania Saba	II nd B.com	
160	Anagha Babu	II nd B.com	
161	Anya Babu	II nd B.com	
162	Ana P.P	"	
163	Rose maurya	"	
164	Mufidha Nasrin	II nd B.Sc chemistry	

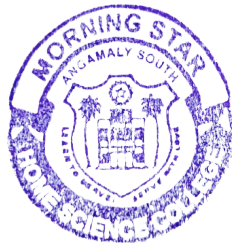




**Morning Star Home Science College, Angamaly
Women's Cell**

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165	Amalendu ASOKAN	348 A ECONOMICS	Amalendu
166	Arusree KP	"	Arusree
167	Amalitha K.A	"	Amalitha
168	Devika Remesh	"	Devika
169	Sanjana Jeejish	"	Sanjana
170	Abhinami Senthosh	"	Abhinami
171	Aswathy marci	"	Aswathy



Lizmitha

**Dr.Lizmitha Godwin
Coordinator, Women's Cell**



Social Skills Training Programme

Report

Date	22 January 2024
Venue	College Auditorium
Organizer	Women's Cell
Collaborating Agency	Kerala State Women Development Corporation (KSWDC)
Resource Person	Mr. Sanjeev K., Director, Skill Birds Finishing School
Beneficiaries	A total of 58 students participated

Description

Objective: The primary objective of the Social Skill Training Programme jointly organized by the Women's Cell of our college and KSWDC on January 22, 2024, was to enhance the social and interpersonal skills of the participants. The aim was to empower students with the essential skills required for effective communication, networking, and overall personal development.

Summary: Women's cell organized a Social skills training programme on 22 January 2024 at 09:30 AM at the college auditorium. Following the introduction, Mr. Sanjeev K., the Director of Skill Birds Finishing School, took centre stage as the resource person for the day. His session was divided into interactive modules, covering various aspects of social skills. The topics included effective communication, active listening, body language, networking, and building positive relationships. The resource person employed a combination of theoretical insights, real-life examples, and practical exercises to engage the participants actively. The participants were encouraged to share their experiences and challenges related to social interactions, creating a dynamic and participative learning environment. Mr. Sanjeev K. provided valuable feedback and personalized tips to address individual concerns, fostering a sense of inclusivity. A total of 58 students participated.

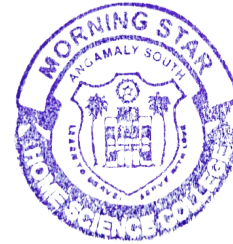
Outcome: Participants gained insights into effective verbal and non-verbal communication, helping them express themselves with clarity and confidence. The session on networking equipped students with strategies to build and maintain professional relationships, essential





Morning Star Home Science College, Angamaly Women's Cell

for their future careers. The training emphasized the importance of teamwork and collaboration, providing tools to navigate interpersonal challenges within group settings. In conclusion, the Social Skill Training Programme organized by the Women's Cell of our college, featuring Mr. Sanjeev K. as the resource person, was a resounding success. The event not only achieved its objectives but also left a lasting impact on the participants, equipping them with essential skills for personal and professional growth.



Geo-tagged Photographs of the event



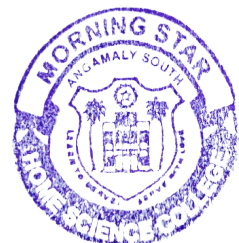
Brochure

Dr. Priyanka T.R. welcomes resource person



Soft skill practice session

Resource person interacting with the students





Morning Star Home Science College, Angamaly Women's Cell

22/01/2024

Social Skills Training Programme

List of participants

Social Skills Training Programme
22 JANUARY 2024 53

Sl No.	Name	Class	Signature
1	Jadana M.A	I st B.Sc FCS	
2	Nandana Vinod	B.Com	
3	Vishnuvardhan P	I st B.Sc FCS	
4	CHANDRASEKHARAN OJ	I st B.Sc FCS	
5	Aparna V	I st B.Com	
6	Aparna Vin	"	
7	Jothi Rajkumar	"	
8	Ayana Rajesh	"	
9	Ghieshna Jacob	"	
10	Malavika K Laju	"	
11	Aparna I Sureshbabu	B.Com	
12	Sona Babu	B.Com	
13	Anvitha M.S	B.Sc Physics	
14	Haripriya-S.S	B.Com	
15	Nesma Joseph	B.Sc FCS	
16	Akshaya A.R	I st B.Com	
17	Subhramani Shitub	I st B.Com	
18	Devika K.B	I st B.COM	
19	Alhija Noufal	I st physics	
20	Haritha K.B	I st FCS	
21	Anomika M.S	I st B.Com	
22	Ajaya Rajesh	I st BCS FCS	
23	Annamary Joy	I st A.com	
24	Antha Johnson	I st FCS	
25	Hehelia A.V	I st B.com	
26	Olivia Joy	I st B.Com	
27	Christa Saij	I st B.com	
28	Lakshmi Raveesh	I st B.Com	
29	Anna T	I st B.com	
30	Chaya Thirya	I st BSC FCS	
31	SR. SNEHA	I st BSC FCS	
32	Divyashree Babu	I st B.com	
33	Aysha Nisha	"	





Morning Star Home Science College, Angamaly Women's Cell

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Sl No	Name	Class	Signature
34	Manu V M	1 st B.com	
35	Gayathri Euseb	1 st B.com	
36	Neethika V.M	1 st B.com	
37	Jayana Benny	1 st B.com	
38	Annamalayarose Ph	1 st B-SE FCS	
39	Pavithra M.P	1 st B. Com	
40	Abhinaya Unni	1 st B.com	
41	Aleena Rose	1 st BSC-Phy	
42	Arjana Jithesh	1 st B.COM	
43	Rosna T.R	1 st B.com	
44	Sneha MS	1 st B.com	
45	Anagha Pk	1 st B.com	
46	Atiana Kuyum	1 st B.Sc Phy	
47	Nandhana T.A	1 st BSC Phy	
48	Rosemel Manu	1 st BSC Phy	
49	Thaleema Shaji	1 st BSC Phy	
50	Vyshnaja T Rakash	1 st B.com	
51	Lakshmi.A	1 st BSC Physics	
52	Alhira Sajeev	1 st B.com	
53	Adhuleya P.A	1 st BSC Physics	
54	Niya Ros Sant	1 st B.com	
55	diva Mathew	1 st BSC FCS	
56	Anetta Sebg	1 st B.com	
57	ETAPAGL	1 st BSC FCS	
58	Sethulakshmi S.	1 st BSC FCS	



Dr. Lizmitha Godwin
Coordinator, Women's Cell



Self Defence Training Programme

Report

Date	29 January 2024
Venue	Auditorium
Organizer	Women's Cell
Collaborating Agency	Kerala State Women Development Corporation (KSWDC)
Resource Person	Mr. Baiju Mohandas, Master, Bodhi Kalaripayattu Centre, Alathur, Palakkad
Beneficiaries	A total of 93 students participated

Description

Objective: The primary objective of the Self-Defence Training Programme, organized by the Women's Cell was to empower female students with essential self-defence techniques. The programme aimed to enhance their confidence, physical fitness, and overall safety awareness. The event also sought to create a sense of solidarity among participants and foster a culture of self-reliance. With a specific focus on the ancient martial art form of Kalaripayattu, the training aimed to showcase its relevance in contemporary self-defence practices.

Summary: On January 29, 2024, at 9:30 AM, the college auditorium buzzed with energy as the Women's Cell successfully conducted a Self-Defence Training Programme. The uniqueness of the program lay in its emphasis on Kalaripayattu, an ancient martial art form originating from Kerala. Mr. Baiju Mohandas, a seasoned Master from the Bodhi Kalaripayattu Centre, Alathur, Palakkad served as the resource person. Mr. Baiju Mohandas skilfully demonstrated how the principles of Kalaripayattu could be adapted to practical self-defence situations. Mr. Baiju Mohandas and his students, Nithin, Vaiga, and Sandhya, demonstrated the applicability of Kalaripayattu techniques, making the learning experience both culturally rich and practically beneficial. Participants actively engaged in hands-on exercises, learning fundamental stances, blocks, and counter-attacks inspired by Kalaripayattu. The ancient art form's emphasis on





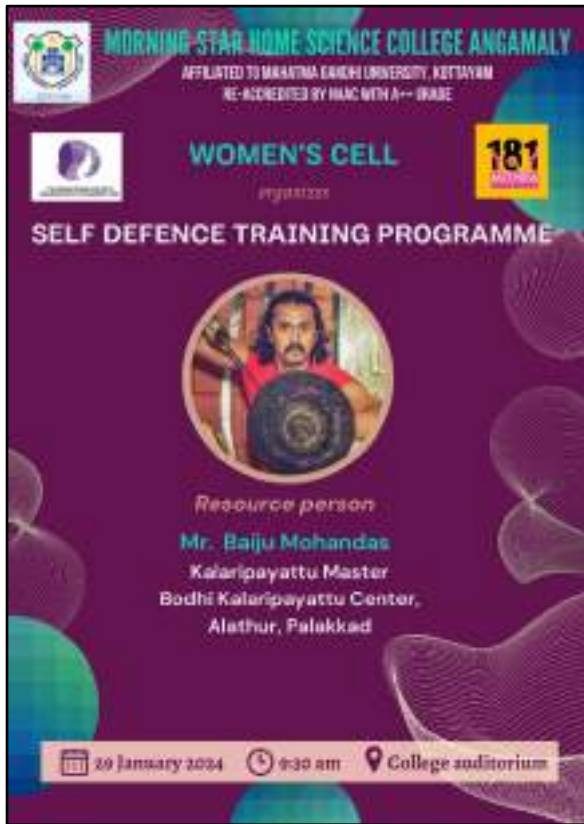
Morning Star Home Science College, Angamaly Women's Cell

agility, flexibility, and mental alertness resonated well with the modern understanding of self-defence, making it a valuable addition to the training curriculum.

Outcome: The Self-Defence Training Program not only provided participants with practical self-defence skills but also highlighted the unique advantages of incorporating Kalaripayattu into contemporary self-defence practices. A total of 93 students participated. Participants gained insights into the traditional martial art's adaptability to real-life situations, appreciating its effectiveness in enhancing reflexes and promoting overall well-being. In conclusion, the Self-Defence Training Programme, with its focus on Kalaripayattu, successfully achieved its objectives of empowering participants with practical self-defence skills while highlighting the relevance of this ancient martial art in contemporary settings.



Geo-tagged Photographs of the event



Brochure



Introduction by Resource person



Demonstration of self-defence techniques



Training on self-defence techniques





Morning Star Home Science College, Angamaly Women's Cell

29/01/2024

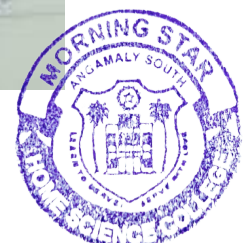
Self Defence Training Programme

List of Participants

"Self Defence Training Programme"
29 January 2024

57

Sl No	Name	Class	Signature
1	Fakima CN	BA Economics I st year	
2	Ann Mary Wilson	I st year BA Economics	
3	Hazeena N A	I st year BA Economics	
4	Athulya N V	I st year BA Economics	
5	Amrutha M A	I st year BA Economics	
6	Dhanandana Dhu	I st year BA Economics	
7	Fathima M A	I st year BA Economics	
8	Jafreena Farveer	I st year B.A Economics	
9	Anju Davis	I st year BA English	
10	Catherine Aine	I st year BA English	
11	Asmitha Moni	I st B.A Economics	
12	Abhirami Sathesh	I st BA Economics	
13	T.O. Sruthi	I st BA English	
14	Anusni K K	I st BA Economics	
15	Srijana Jayesh	I st BA Economics	
16	Anagha P K	I st B.com	
17	Annamay Jay	I st B.com	
18	Shreya Mal M	I st B.com	
19	Devika KB	I st B.com	
20	Akshana AR	I st B.com	
21	Sandra Joseph Martin	I st BA Economics	
22	Nithya P R	I st B.A Economics	
23	Fathima M S	I st BA Economics	
24	Ahalya Suresh	I st B.A Economics	
25	Prasanna K A	I st B.com	
26	Geetha RA	I st BA Economics	
27	Devika Ramesh	I st BA Economics	
28	Nandana Vinod	I st B.Com	
29	Swaha M S	I st B.com	
30	Ashritha Unni	I st B.com	
31	Lakshmi Priya T S	I st B.com	
32	Pavithra M P	I st B.com	
33	Shubhanath Shihab	I st B.com	





Morning Star Home Science College, Angamaly Women's Cell

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Sl/No	Name	class	Signature
34	Afsana	B.com 1st	
35	Aysha Nisha P.A	B.com 1st	
36	Jyothi Rajkumar	B.com 1st	
37	Akhya Sreev	B.com 1st	
38	Thiritha. U	B.com 1st	
39	Anneeta Seby	1 st B.com	
40	Minnu V M	1 st B.com	
41	Lakshmi Suresh	1 st B.com	
42	Charita Siji	1 st B.com	
43	Olivia Jay	1 st B.com	
44	Anamika K.S	1 st B.com	
45	Aparitha	1 st B.com	
46	Mehjabin	1 st B.com	
47	Sania Jay	1 st B.com	
48	Atika Shafa	1 st B.com	
49	Rosa T.R	1 st B.com	
50	Niya Ras Sani	1 st B.com	
51	Adithyana PA	1 st Bsc Physics	
52	Aleeria Rose	1 st BSC PHYSICS	
53	Rosemal Manu	1 st BSC Physics	
54	Sivapriya Ramazon	1 st B-sc Chemistry	
55	Mithila Menali	1 st B-sc Chemistry	
56	EISAPAW	1 st BSC FOS	
57	Sona Baba	1 st B.com	
58	Sara Moses	1 st Bsc. chemistry	
59	Navomi T.S	1 st B.Sc chemistry	
60	Ana Rina John	1 st Bsc chemistry	
61	Quithu S	1 st B.com	
62	Umapriya S.S	"	
63	Nethika VM	"	
64	Vyshnaja T. prateesh	"	
65	Jayana Beary	"	
66	Malavika K. Laju	"	



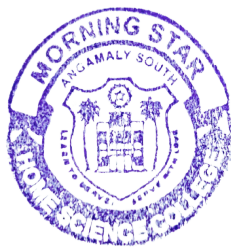


Morning Star Home Science College, Angamaly Women's Cell

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Sl.No	Name	Class	Signature
64	Sajana Samud	1 st B.Sc. Chemistry	
65	Afiya Nudat	1 st B.Sc. Physics	
66	Nandana T.K	3 rd B.Sc. Physics	
70	Amitha M.S	1 st B.Sc. Physics	
71	adithya Subhash	1 st B.A. Economics	
72	Divya Ganesh	1 st BA Economics	
73	Aparna S	1 st B.Com	
80-84	Lakshmi A	1 st B.Sc. Physics	Lakshmi
85-86	Thasleema Shaji	"	Thasleema
87-88	Atisha Kujar	"	Atisha
89-90	Santhra B.S	1 st B.Sc. Chemistry	Santhra
91-92	Jadeya M.A	1 st B.Sc. TCS	Jadeya
93-94	Sethulakshmi S.	"	Sethu
95-96	Pranveer P. Araseep	"	Pranveer
97-98	Aruna J	B.Com	Aruna
99-100	Anjana R.B	B.Sc. Zoology	Anjana
101	Vinayak D	"	Vinayak
102	Anuima Shaji	"	Anuima
103	Kensiya P. Vahab	"	Kensiya
104	Shreya Lakshmi	"	Shreya
105	Anya Ignestious Das	"	Anya
106	Fathimath Sahadiya TA	"	Fathimath
107	Thaya Thera	B.Sc. FCS	Thaya
108	Sa. Sreha	B.Sc. FCS	Sreha
109	Ani Mary Baby	B.Sc. FCS	Ani
110	Anjana Rajeev	"	Anjana
111	Neema Joseph	"	Neema

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