



# MORNING STAR HOME SCIENCE COLLEGE

ESTD 1968

ANGAMALY SOUTH, KERALA - 683573

# ANNUAL REPORT

## 2022-2023



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### **BASIC DATA**

**Total Staff -** Teaching staff - 49  
Non-teaching staff - 26

**Total Departments-** 8 departments

**Total Programme -** UG -8 (Regular 6, Self-Financing -1, B.Voc:1)

PG- 5 (Regular - 2, Self-Financing - 3)

Certificate Courses – 18

Research Programme:1

**Total Students- 677** + 8 Ph.D Students

### **Major Achievements in Academic and Co-Curricular Activities**

- It is a matter of distinct honor and great pride, that Morning Star Home Science College secured A++ grade in its fourth cycle of accreditation by National Accreditation and Assessment Council (NAAC) in the academic year.
- Our institution was honored by The Higher Education Minister's Excellence Award 2023 for securing A++ grade in NAAC Accreditation.
- There are 28 research papers published by the faculty in different reputed journals.9 faculty members of our college are members of Board of Studies, 7 of them are Chairpersons of Board of Examiners and 6 of them are Research Guides.
- Ms. Neenu Mary Thomas, Assistant Professor, Department of Physics, Published an Indian Patent in the field of nano-particles.
- Dr. Laisa Thomas, Research Guide and Head, PG Department of Economics received the Best Teacher Award instituted by Apollo Adlux Hospital from former Education Minister of Kerala Prof C. Ravindranath
- 10 UG students from the Departments of Home Science, Physics and Chemistry and 11 PG students from the Departments of Home Science and Zoology of our college secured positions in University Examinations.
- The NSS unit of our college and Dr. Megha Thampy, Programme Officer and Reshma Santhosh, Volunteer Secretary received Certificate of Appreciation.
- In sports, we have commendable achievements with Champions Trophy in Kho-Kho, Power lifting, Arm-wrestling and Tug of war. Thasleena T K, Aryananda T and Aleena Jose received Gold medals in National Level Tug of War Competitions
- A Certificate of Appreciation was received from Kerala State Blood Transfusion

- Council for successfully organising a voluntary blood donation camp.
- Electoral Registration Office, Aluva honored the Electoral Literacy Club for the activities conducted with a Certificate of Appreciation and Memento.
  - A Certificate of Appreciation was also received from Mahatma Gandhi National Council of Rural Education for facilitating and completing the Green Activities of the College.
  - Institution received prize from Educational Minister for online short video making contest conducted by Kerala Media Academy in connection with Anti-Drug campaign.
  - NSS volunteers participated in Kalolsavam and won prizes at Panchayath and Block Panchayath levels.
  - Ms Annie Rose Saju, M.Sc Family and Community Science has secured best posted award in the Biennial Conference of Home Science Association of India, under Entrepreneurship Development Category for designing and developing Mother-friendly Nappy bags.
  - This year we have signed 6 MoUs including one international MoU for academic purpose.

### **Award Day**

Sherlin Memorial Endowment Presentation & Award Day to honour the students who excelled in Academics, Cultural events and Sports was held on 14<sup>th</sup> March 2023. The Chief Guest of the occasion was Sri P.A.Mohammed Arif, Police Superintendent, Kerala Police Academy, Thrissur

### **Results:**

Toppers in M.G university examinations

### **UG Courses :**

Nirenjana Raj ( B.Sc FCS)  
Rosmy Wilson ( B. Sc Chemistry)  
Aneena Peter ( B. Sc Physics)  
Krishapriya B S (B.Sc Zoology )  
Jennifer John ( B. A English )  
Libiya Baby B (B. A Economics)  
Angel Eldo ( B. Com )

### **P. G Courses :**

Nanoor Beegom ( M. Sc FCS)  
Maria Joy ( M. Sc Chemistry)  
Amrutha E S (M. Sc Physics)  
Ardra J Modi ( M. Sc Zoology)

### **Infrastructure Development**

This year a Board room was constructed in the Main Block in order to facilitate the NAAC Peer Team Visit Procedures.

### **Visit of Dignitaries**

- On the occasion of Emerald Jubilee year, Dr. Sashi Tharur was a guest of honour and delivered an erudite lecture on „Higher Education in India; Prospects and Possibilities“ on 5<sup>th</sup> December 2022. Dr. Tharoor digitally inaugurated women Empowerment program „Let’s Fly-A drive to Excel“.
- Smt.Lida Jacob IAS visited the campus on 8<sup>th</sup> March 2023 on the occasion of Women’s Day celebration. She delivered key note address on the topic Gender Equity followed by a lively interaction session.
- Mr. Philipson, Staff Coordinator of Swachh India Swachh Campus Mission, visited the college for the evaluation of Sustainable projects undertaken in the campus and in the adopted village on 1<sup>st</sup> and 13<sup>th</sup> March 2023.

### **Star Entrepreneur Centre**

We have about 55 students as entrepreneurs in different units like paper bag making, creation of art & craft items, preparing food products like cakes, chocolates, sweets, cultivating saplings of ornamental plants etc. The centre collects old uniforms from alumni and NSS volunteers transform them into bags and files, the news of which was recently published in the dailies, Times of India, Malayala Manorama and Mathrubhumi.

### **CO-CURRICULAR ACTIVITIES**

- **Sports And Fitness Club** organized Interdepartmental competitions on Yoga, Cricket, Armwrestling and Kho-Kho.
- **College Union**
  - The regular activities that are conducted every year were very well planned and executed by the College Union in this academic year also. The programs like Feast day celebrations of our Principal, Kerala Piravi Day, Onam Celebration, Talents day-Thalam, Oath Taking Ceremony, College union inauguration, Inauguration of arts club, Arts day 2023 and X“mas Celebrations were conducted with glory and grandeur.
  - College union conducted “Love For Football” - a Mathrubhumi initiative in association with “Club F.M 94.3” and “Enchanteur” as a promotional event for FIFA World Cup Qatar 2022.
  - College union also took initiative against drug abuse organizing an Ottan Thullal

performance in the college auditorium.

- The union organized movie promotion of “Javanum Mullapoovum” as part of inauguration of union and arts club at the college auditorium

### **Women’s Cell**

The Women’s Cell activities were inaugurated with a talk on Positive Mental Attitude by Sr.Arptha CSN, Director, St.Jude Home Science Institute. Women Cell organized Life skills training session on „Self Défense Techniques“ in association with Dept of Economics. A talk on „Baconian Science and the Question of Environmental Women“ and a webinar on POCSO Act 2012 was organized. An extension programme on child development on the topic „Coping with Teen Stress: Tips and Techniques“ was organized at M.A.H.S.S., Athani. Talk on “women and social commitment on women’s day” by Ms. Lida Jacob, IAS was hosted and a class on gender equality and law for protection of women was also conducted

### **NSS**

- National Service Scheme of Morning Star Home Science College observed days of national and international importance like Environment Day, Yoga Day, Anti-Drugs Day, World Population Day, Anti- Nuclear Day, International Coastal Clean Up Day, World Elderly Day, Palliative Care Day, World food day, Constitution Day and AIDS day. Azadi Ka Amrit Mahotsav was observed by celebrating Independence Day and creating a Freedom Wall. NSS Day was observed by conducting rally and visiting Peace Mission Centre and Palliative Care Unit.
- Cleaning activities were conducted at Taluk hospital, Marine Drive and Cherai beach in association with Department of Youth Affairs of the Ministry of Youth affairs and Sports and Shuchithwa Mission, District Promotion Council and Kochi Corporation
- NSS volunteers participated in the „Karshakamithram Farm House“ programme organized by Krishi Bhavan, Kalady. NSS volunteers actively participated in the maintenance of vegetable garden. NSS volunteers collected uniforms from alumni and up cycled to hand bags and files and put on sale to raise fund for a noble cause.
- NSS unit organized Awareness class on Digital garbage monitoring system using SGMS app, Antidrug awareness program, Legal awareness class on POCSO Act, Women Safety; Laws & Social Implications, Traffic awareness class, and also an awareness session on breast cancer for the students in association with different agencies. Legal Awareness Week was observed in association with DELSA, Excise department and Kerala Police
- Dr. Megha Thampy NSS Programme Officer attended the training camp at ETI centre, Calicut University. NSS Programme Officers attended the antidrug training camp at DPO hall, District police office, Aluva. A training camp was conducted for NSS Volunteer secretaries by MG University at Newman College, Thodupuzha. A training session in coconut frond weaving to develop eco-friendly poster displays was given to volunteers. Palliative Care certificate course was attended by 19 volunteers at Peace



Mission Centre Thuruthussery, Aluva.

- A poster making competition, food exhibition cum competition and quiz competition were conducted at different occasions. As part of Keralolsavam programmes, NSS volunteers participated in various competitions. Unit secured first prize in group song at Nedumbassery Panchayat Keralolsavam and first prize with A grade at block panchayat level at Parakkadavu
- As part of Antidrug campaigning, Lahari Vimuktha Bharatham program was conducted and Antidrug squad- „Lahari Virudha Karmasena“ was formed. Students participated in human chain on Kerala Piravi Dinam. Students received a consolation award in online short video making contest conducted by Kerala Media Academy.
- NSS Unit organised a Blood Donation Camp with the support of Blood Centre RBTC DH Aluva and a Hair donation camp “kesa danam sneha danam” was conducted in association with Amala Institute of Medical Sciences Thrissur. A free heart medical camp was organized for children in association with Aster Medcity, Kochi and Moolans foundation Angamaly.
- NSS volunteers conducted survey on Home Alone as a part of Mini Camp. Seven- day special camp “Sandesam” was conducted at Nayathodu GHSS. Survey on methods of plastic disposal of shops in Angamaly Municipality was also done. Plastic ban programme from public places “valicheriyal muktha Keralam” was organized in association with Nedumbassery Grama Panchayat.
- Share a meal – ANNA DHAAN programme is conducted for the inmates of Abhayabhavan on first friday of every month and second Friday of every month is observed as charity day. Onam was celebrated at Pakalveedu in association with Vaiomithram
- Morning Star Home Science College received Appreciation Award for the year 2021-22. Ms. Reshma Santhosh and Dr. Megha Thampy also received individual Appreciation awards for NSS volunteer secretary and NSS Programme officer respectively.
- International White Cane Day contribution was collected and offered to the Indian Association for the Blind.
- The We Care project of the Department of Social Justice, Govt. of Kerala that provides medical aid to needy families, was supported by a contributed collected by NSS members.
- „Agrigram“, an organic farming venture in association with KITES, distributed seed packets.
- Agricultural census was conducted in association with the Economics and Statistics Department, Govt. of Kerala covering the regions Angamaly, Kalady, Kanjoor, Karukutty, Paravur.
- Women’s Day was observed as „Penma“ at Snehakkoodu, Pakalveedu, Angamaly.
- The second Mini Camp was on 17<sup>th</sup> and 18<sup>th</sup> March 2023. A session on renewable energy sources and its application was organized. The houses of Ward 8 were visited by volunteer who gave instructions on adequate waste management.
- Divyangjans at BUDS school in Nedumbassery Gramapanchayat were assisted with craft items purchased from the funds raised by varied NSS ventures.

- Snehaveedu, a house is being constructed for a needy student in the college by raising funds from students, staff, management, alumni and the public.

### **Parent Teacher Association**

The PTA gives encouragement and financial support to students through scholarships, awards and prizes to the meritorious and talented students. Parental suggestions were given due consideration and was instrumental in designing the developmental activities of the college. The participation and contribution of PTA members during NAAC visit was remarkable.

### **Alumnae Association**

Annual alumnae general body meeting was conducted on 8<sup>th</sup> October 2023. The participation and contribution of Alumnae members during NAAC visit was highly commendable.

### **Career Guidance and Placement Cell**

Career guidance cell in association with Avodha & ICSI Kochi chapter organised a two day seminar on career and professional development for all the UG students of the college.

- In association with Media club Bangalore, the cell organised a Talent Hunt Audition for all students. In association with Kerala Knowledge Economy Mission awareness classes on DWMS (Digital Workforce Management System) a free job portal provided by the government of Kerala and a program named „Date with the Industry“ were arranged.
- In association with Easy link Academy a programme to educate the students about the career opportunities abroad and a six days training programme was organized for the B.com students.
- In association with „Alive Lakshyam“ an Initiative of Anwar Sadath MLA the cell organised a programme for final year UG and PG students about the CUET PG exam preparation and the tips to crack UGC NET / JRF exam.

**The Innovation and Entrepreneurship Development Centre (IEDC)** organised a webinar on the topic “ How to plan for start-up and legal ethical steps” as well as a two-day seminar on “Angel investment & IPR”. Events like Ideation Workshop and „Meet the Innovator“,and Ideathon was conducted. Students were given opportunity to interact with our own campus innovators of “WASTE TO MANURE POT”. This pot was handed over to the nearby agriculture nurseery & super bazar of Kerala Kisan Kendra for using the product replacing the usual plastic seedling bag. IEDC Executive Committee Members attended the Inspire Student Meetup of the central Zone at Rajagiri School of Engineering & Technology and the members also visited Super Fab Lab at Kalamasery.

**Youth Red Cross Unit** of the college in association with Department of English organized an Anti-addiction Campaign titled „Project Venda“. The members of Youth Red Cross visited the Palliative Care Unit of Guardian Angel Peace Mission Centre, Thuruthissery, Nedumbassery and

attended a seminar on Palliative Care at Peace Mission Centre, Nedumbassery in connection with World Palliative Care Day. Eleven members attended training for volunteer in Palliative care at Peace Mission Centre, Nedumbassery. In association with Kites India a first aid training programme was organized for the students.

**Bhoomithrasena Club** conducted a Quiz competition on „Wild Life and Environment“ in connection with wild life week celebrations. In association with Save Kerala Brigade a Seminar on Mullaperiyar-Yesterday, Today, Tomorrow was organized.

**The Electoral Literacy Club** in association with Electoral Registration Office, Aluva organised a hands on training on linking voter ID card with Aadhaar card for all the students and staff of the college. The faculty in charge and students attended a program honouring the electoral literacy clubs on National Voters Day arranged at Mini Civil Station, Aluva by Electoral Registration Office.

**The ‘Divyangjan Committee’** in association with Dept of Commerce observed World Disability Day by a presentation on „Importance of self -confidence“ by Ms. Angel Rose Johnson who is differently abled.

**Energy Conservation Club** conducted an interdepartmental quiz competition in association with Energy Conservation Day. An online session on Energy Conservation was organized followed by an extension activity where club members visited nearby homes and shared tips on energy conservation methods.

**Internal Quality Assurance Cell** organised a two day „Capacity Building & Skill Enhancement Programme for students and an Erudite Lecture by Dr. Shashi Tharoor for students and staff. A faculty induction programme for newly joined faculty members and a session on Effective Mentoring for all faculty members were arranged. A workshop on „Good Documentation Practices“ for teaching and non -teaching staff and also a 2-day training programme for administrative staff was conducted.

**Mathrubhumi Seed Club** members participated in fish feed formulation for ornamental fishes

### **Star Entrepreneur Centre**

In association with Mentor mentee visit of Institution’s Innovation Council activity Star Entrepreneur centre organized an E-Fest -Entrepreneurship fest 2.0. In association with talents day Star entrepreneur centre organized an E-Fest 2k22 to give students a greater appreciation and



understanding of the skills and capabilities of entrepreneurs including creativity, innovation and resilience. In association with Christmas celebrations Star entrepreneur center organized an Entrepreneur fest “Jingle Crumbs”.

### **Consumer Protection Club**

In association with Department of Commerce, Consumer Protection club organised Interdepartmental Poster Designing Competition on 23<sup>rd</sup> February 2023.

## **DEPARTMENTAL ACTIVITIES**

### **Department of Home Science**

- As part of the curriculum, PG students did internships in hospitals, food industries and Early Childhood Education Centres.
- World Heart Day was observed by providing dietary counseling to students and presenting slides related to the topic. Children’s Day was observed by organizing programs for children in Morning Star Play School.
- Visits were organized to Jewish Synagogue, St. Francis church, microbiology lab in School of Biosciences at MG University, and special schools to facilitate the learning process. Study tour was organized to Goa for final year UG students.
- Community lab programme was conducted in Taluk Hospital, Angamaly. Awareness classes, recipe demonstration and yoga demonstration were conducted for the elderly people.
- Awareness classes on „Life style diseases“ and „Nutritious Food & Recipes“ were conducted for the elderly and for the students in St. Francis Assisi School respectively.
- Interdepartmental Poster Competition was conducted in connection with „Lahari Muktha Keralam“ programme.
- A fashion show entitled "Eternal Gaze" was organized in which 46 costumes designed by 23 designers of MSc Family and Community Science were showcased.
- Entrepreneurship Training Programme on ‘Recycled Garden’ was conducted for the students.
- The students of St. Joseph College of Teacher Education, Ernakulam participated in the training programme as part of Grahadarshan an endowment programme started in 1992 to remember the service of Rev. Sr. Loyola, former Principal of Morning Star Home Science College.
- Solar dryer was installed in the campus aimed at motivating the students and staff towards sun drying and natural preservation of the locally available seasonal fruits and vegetables.
- The PG and Research Department of Home Science offered a certificate course on „Nari Shakthi“ to the second-year undergraduate students of the college.
- Food sale „Love and Lolita“ and Food fest „Salt and Pepper“ were organized by setting up food stalls and decking up the dining spaces.
- „Snehakoodu“- the Pakalveedu at Angamaly was visited and quality time was spent with the inmates.
- BODSQUAD-a diet awareness programme was organized by the Post Graduate students

## **Department of Zoology**

- Department organized one day nature study programme at Salim Ali Nature Study centre and a field study programme on Honey Bee culture at Kerala Agricultural University, Vellanikkara
- World Oceans Day, World Zoonoses Day and World Entomology Day were observed by conducting Just a minute Speech competition, quiz competition and poster competition
- Two days entrepreneurship workshop in ornamental fish culture and a visit to Fish rearing unit at Aquaura fish farm, Aimury was conducted.
- In connection with Laharimukthakeralam, interdepartmental dance competition based on the theme “Impact of Drug Abuse” was organised.
- Certificate Course in „Vector Borne Diseases“ was conducted.
- Lectures were conducted in association with Central Institute of Fisheries Technology. In association with Sree Sankara College, Kalady an international Webinar on „Steps to Success“ was organised. A webinar on medical coding was also conducted.
- Group activities on „Vermicomposting“ and „Ornamental fish Culture and Aquarium Management“ were conducted for students
- Outreach sessions were arranged for students of St. Joseph’s High School and St Francis Assisi School, Athani.
- Skill enhancement programmes on topics “Pathway-Social Wellness Programme”, „Diverse applications of Microsoft Excel“ and “Mental Problems: Causes and Measures” were conducted for students

## **Department of Economics**

- Quiz competitions were conducted in connection with National Statistics Day and UN day celebration. Profile Presentation of Indian Statisticians was also conducted.
- Interdepartmental Skit Competition in connection with „Lahari Muktha Keralam“, and Interdepartmental digital poster making competition in connection with World Population Day were organised.
- Workshop on e-Governance was conducted at Pakalveedu as part of community lab activity
- “Shodh Path – The Gate Way to Research” project proposal presentation of students of II M.A. Business Economics was held.
- P.G. Department of Economics in association with Women Cell organised Life skills training session on „Self Defense Techniques“
- Poster Making Competition was organized in connection with UN Day 2022
- National Constitution Day 2022 was commemorated with a Quiz competition
- Economics Association was inaugurated by Mr. Justine George, Assistant Professor, St. Paul’s College, Kalamassery who delivered a lecture on the topic “The State of Inequality in India”.

## **Department of Chemistry**

- Department of Chemistry organized Seminars on topics “Qualitative Research: Methods and Methodology”, “Nurturing Future Entrepreneurs” and on „Fundamentals of Research Methodology“
- Important days like World Ozone Day, Mole Day and National Pollution Prevention Day were observed by conducting activities like Caption writing competition, poster presentation, letter writing competition and expert talks.
- Poetry Recitation Competition was conducted in connection with “Laharimuktha Keralam”
- For getting acquainted with Chemistry Laboratory, sessions like “Practicing virtual labs”, „Know your lab“ programme were conducted for the students. Exhibition on chemistry equipment and experiments were arranged for high school students from St. Francis Assisi.
- Students participated in seminars and exhibitions organized by different institutions and visited Mane Kancor Ingredients Private Limited, Angamaly
- The staff and 27 students from III BSc Chemistry went for a three day study tour to Goa and visited factories of industrial importance
- As a part of Skill Training Programme, students of B.Sc and M.Sc Chemistry were trained to make bathing soap, Hand Wash, Hand Sanitizer, floor cleaner and Toilet Cleaner and an exhibition cum sale was also arranged

## **Department of Physics**

- Department organized Student Lecture Series on the topic „Lets Crack IOT“, Science Talk on „Basic Sciences for Sustainable Development“, Awareness program on „Robotics and Coding“, Morning Star Lecture Series on the topic „Science around Us“.
- The department organized a workshop on LED Bulb Assembling
- UG and PG Students and faculty members visited ISRO and Planetarium, Thiruvananthapuram.
- Community Lab programme was conducted at „Pakalveed“ to the house keeping ladies about the „House Hold Energy Management Techniques.“
- „Come Let“s Explore“ programme and workshop on Physics Experiments were arranged as outreach programmes for plus two students.
- Interdepartmental Quiz competition in association with World Space Week and Power Quiz in association with Kerala State Officers Association were conducted. A Webinar was also conducted in association with World Space Week
- Story Writing competition in connection with „LAHARI MUKTHA KERALAM“ on the theme “Impact of Drug Abuse“ was conducted.
- Ms Arunima Shaji of 2020-22 Batch presented her M.Sc project in National Conference held at St Joseph“s College for Women, Alappuzha.

## Department of Commerce

- Department organized webinar, research orientation class, lecture series and awareness classes for the benefit of the students
- A business quiz as part of the observance of MSME day and a quiz and a PPT presentation as part of International Accounting Day Celebration were conducted.
- Department re-introduced “Back to Ink” campaign in which used plastic pens were collected from the students and provide it to a recycling centre named Niravu.
- Students participated in India Student Leadership Conference organised by IMA and ISDC, „Eunoia- Carnival“ organised at MG University, „Techspectation“ conference at Le Meridian, Kochi and a National Seminar on „Capacity Building & Skill Enhancement Program“ organized by IQAC.
- Department organized „All Kerala Best Manager Contest 2022-23“ in association with Global Institute of Integral Management Studies, a Poster Designing Competition in association with consumer protection club, and Speech Competition on the topic “Impact of Drug Abuse” in connection with „Lahari Muktha Keralam“
- A Workshop on "Business Model Canvas: How to value start-up" was conducted in association with IIC
- Career guidance activities like two-days seminar by Imarticus Learning and Finishing school and Career orientation class on Goods and Service Tax were organised. A counselling class handled by Sr. Arpita, St. Jude Home Science Institute and Family Counselling Centre, was also arranged.
- Community Lab programme was organized for Kudumbasree members on the topic “Need and Importance of Personal Finance Management”. An extension class for the Kudumbasree unit members on „Family Budget: Basics for Mothers“ was also held.
- Excursion for final year students to Dandeli- Malpe, in the state of Karnataka was organized.

## Department of Vocational Education

- Department celebrated the world environment day by planting tree saplings by students.
- MOU was signed with Campuzone, Angamaly for an internship program on Quarterly Financial Statement Preparation using Tally. Four week internship on quarterly financial statement in tally ERP9 at M P W & Associates was arranged. 10 days communicative English training was also conducted.
- Department of B.Voc organized role play competition in connection with „Lahari Muktha Keralam“
- National Productivity Day was observed by conducting “write a caption” competition.
- One day seminar on the topic “Gearing Up with GST” was also conducted.
- Workshop on *IT and Community Development* was organized for kudumbasree members, Nedumbassery panchayat .

- A three day tour programme to Dandeli and Malpe to acquaint the places of heritage and historical relevance
- Seminar on “*An Introduction to Research Methodology*” was organized to enable students formulate an adequate research design.

### **Department of English**

- The Department of English organized several programmes like an inter-departmental Selfie Competition in connection with International Selfie Day, Diary Writing Competition in commemorating the birthday of Anne Frank, interdepartmental Insert Punctuation Competition, on the occasion of National Punctuation Day, Treasure Hunt Competition on Myths and Legends day and a film show Commemorating the birthday of J.K. Rowling
- Anti-Addiction Campaign was organized in association with Youth Red Cross and The Fourth Wave Foundation
- Conducted an inter-departmental Poetry Writing Competition, in connection with „Lahari Muktha Keralam“
- Lecture series on “Cultural Studies” by Mrs. Sruthi Francis M, Assistant Professor, St. Xavier’s College , Aluva was organized.

### **Department of Physical Education**

- The college could attain commendable achievements in sports during the academic year. The college is proud that we could produce 9 National Level players, 21 All India University Level players, 40 State Level players and 49 University Level Winners in various events including Powerlifting, Kho-Kho, Fencing, Tug of War, Netball and Yoga.
- Our institution hosted MG University inter collegiate Tug of War University Competition men and women championship on 16th and 17th December 2022 and Ernakulam District Senior Men Women & Mixed Tug of war competition.
- Anti Drugs Campaign - Say No To Drugs , Yes To Health was conducted and yoga day was observed.
- Skill enhancement program on First Aid Procedure & Emergency Care Management and Yoga and Mindfulness was conducted.

### **Farewell**

After rendering 27 years of sincere and dedicated service, two of our faculty members Dr. Rosily A.V., Principal and Dr. Laisa Thomas, Head, PG Department of Economics are retiring this year.

### **Obituary**

The college paid homage to Anu Sajan, III year student of the Department of Zoology. A tribute was offered to Anu Sajan by the Morning Star family on 19<sup>th</sup> August 2022.