

NAME	Unnimaya Ashok
DESIGNATION	Assistant professor on contract
QUALIFICATION	MSc Nutrition and Dietitics
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TEACHING INTERESTS

Food and nutrition Clinical Nutrition Human physiology Food safety	
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RESEARCH AREAS

Edible cutlery
 Eating habits of adolescents during covid period

ACADEMIC/PROFESSIONAL QUALIFICATIONS*

NAME OF THE PROGRAMME	INSTITUTION/UNIVERSITY	YEAR OF PASSING
MSc Nutrition and dietitics	Vimala college, Thrissur	2023
BSc family and community science	Vimala college, Thrissur	2021
Senior secondary	Devamatha CMI public school,Thrissur	2018
Secondary	BVB SRM public school ,Thrissur	2016

OTHER TRAINING PROGRAMS ATTENDED

NAME OF THE PROGRAMME	INSTITUTION/UNIVERSITY	YEAR
FSSAI-FOSTAC food safety supervisor certificate	MORNING STAR HOME SCIENCE COLLEGE ANGAMALY	2024
FYUGP TRAINING SESSION	MORNING STAR HOMESCIENCE COLLEGE ANGAMALY	2024

CAREER HISTORY/TEACHING EXPERIENCE

DESIGNATION	INSTITUTION/UNIVERSITY	YEAR OF SERVICE
ASST. PROF. ON CONTRACT	MORNING STAR HOME SCIENCE COLLEGE ANGAMALY	1 YEAR

INDUSTRIAL EXPERIENCE

DESIGNATION	ORGANISATION	YEAR OF SERVICE
INTERN DIETITIAN	PSG HOSPITALS COIMBATORE	1 MONTH

JOURNAL PUBLICATIONS

SL.NO.	TITLE	NAME OF JOURNAL / VOL. NO / ISSUE NO / PAGE NOS	ISSN NO	MONTH / YEAR
1.	FORMULATION OF EDIBLE STRAW AND ITS EVALUATION	STAR RESEARCH JOURNAL		2024

SEMINARS/CONFERENCES/WORKSHOPS ATTENDED#

SL.NO	NAME OF THE PROGRAMME	NAME OF THE ORGANISER & SPONSORING AGENCY	VENUE & DATE	LEVEL *
1.	Case study workshop	Lakeshore hospital, Ernakulam	Lakeshore hospital, Ernakulam	Regional
2.	Food preservation	NIN , Hyderabad and NSI	NIN,Hyderabad	International
3.	3 day international conference	NIN ,HYDERABAD and NSI	NIN, Hyderabad	International
4.	National seminar on food technology	Veterinary college , Mannuthy	KVASU, MANNUTHY	National
5.	Seminar on spss	Vimala college	Online	Institutional

*INSTITUTIONAL, REGIONAL, STATE,NATIONAL, INTERNATIONAL

#(MENTION THOSE WHICH ARE RELEVANT & PREFERABLY WITHN PAST 5 YEARS)

SEMINARS ORGANIZED

SL.NO	NAME OF THE SEMINAR	NAME OF THE ORGANISER & SPONSORING AGENCY	VENUE & DATE	POSITION HELD	LEVEL *
1.	SEMINAR ON WORLD FOOD DAY	FOOD SAFETY OFFICE	VIMALA COLLEGE THRISSUR	ORGANISER	INSTITUTIONAL
2.	MENSTRUAL HYGIENE	HOME SCIENCE DEPARTMENT	VIMALA COLLEGE THRISSUR	ORATOR	INSTITUTIONAL
3.	LIFESTYLE DISORDERS	HOME SCIENCE DEPARTMENT	VIMALA COLLEGE THRISSUR	ORATOR	INSTITUTIONAL
4.	FOOD SAFETY	FOOD CRAFT INSTITUTE , THRISSUR	FOOD CRAFT INSTITUTE THRISSUR	ORATOR	REGIONAL
5.	HEALTH AND HYGIENE	NIMIT, KORATY	NIMIT KORATY	ORATOR	INSTITUTIONAL

*INSTITUTIONAL, REGIONAL, STATE,NATIONAL, INTERNATIONAL

PG PROJECTS GUIDED

SL.NO	TITLE	MONTH/ YEAR
1.	DEVELOPMENT OF MILLET NUTRIBAR	