



YOUTH RED CROSS

MORNING STAR HOME SCIENCE COLLEGE

Angamaly South PO, 683573(Affiliated to Mahatma Gandhi University, Kottayam)

Reaccredited by NAAC with A++

Annual Report 2022-23

Project Venda

Youth Red Cross Unit of the college in association with Department of English organized an Anti-addiction Campaign titled 'Project Venda' on 17 August 2022 at 10.30 am in the Conference Hall. Mr.Thomas Mayjo and Ms.Sufana Fathima (Catalysts of Fourth Wave Foundation) served as the resource persons. Through this programme students got awareness on ill effects of drug abuse and the effective methods to abstain from drugs.

 **MORNING STAR
HOME SCIENCE COLLEGE**
ESTD 1968 ANGAMALY SOUTH
(AN AIDED ARTS AND SCIENCE COLLEGE AFFILIATED TO M.G. UNIVERSITY, KOTTAYAM)

THE DEPARTMENT OF ENGLISH
In Association with Youth Red Cross
Organizes an Anti-Addiction Campaign

PROJECT "VENDA"
An initiative of Fourth Wave Foundation

Resource Persons
Thomas mayjo & Sufana Fathima
Catalysts for Fourth Wave Foundation

Programme Hosting Committee

Faculties of the Department of English :
Ms. Aswathy S. Nair
Ms. Maria Seby
Ms. Vyshnavy Baiju

Youth Red Cross Co-ordinators:
Ms.Rinu .K.Louis
Ms. Sandra James

 **Time: 10.30 AM**

 **Venue : Conference Hall**

Beneficiaries : Students of B.A. English and Final Year B.Com.



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Palliative Care Centre Visit

The members of Youth Red Cross visited the Palliative Care Unit of Guardian Angel Peace Mission Centre, Thuruthissery, Nedumbassery. The students interacted with the inmates of Palliative Care Centre and sang songs for them. This visit was organized with an aim to instill the spirit of humanity, compassion and brotherhood among the students. The students also attended an introductory class on palliative care by the PRO, Mr. Chinnan Pynadath, from the Mission Centre.



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Figure 1 Students at the Peace Mission centre



Figure 2 Students interacting with the inmates



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Figure 3 Introductory session on Palliative Care Training by Mr. Chinnan Pynadath

World Palliative Care Day 2022

In connection with World Palliative Care Day, the Youth Red Cross members attended a seminar on Palliative Care at Peace Mission Centre, Nedumbassery on 08 October 2022 from 10.00 am to 12.30 pm. Justice C. K. Abdul Rahim inaugurated the programme. Dr. Tony Fernandez delivered the keynote address. The seminar highlighted the significance of palliative care.



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Palliative Care Training

Eleven members of the Youth Red Cross attended 16 hours training for volunteer in Palliative care at Knowledge Centre, Peace Mission Centre, Nedumbassery and received certificates.



Figure 4 Red Cross members with the trainers



Figure 5 Palliative Care Training Certificate

First Aid Training Programme

In association with Kites India, an NGO focused in social service activities, a first aid training programme was organized for the students on 30 January 2023 from 10.30 am to 12.30 pm at the college auditorium. Mr. Pramod and Mr. Ashiq (Certified First Aid Trainers & Staff Nurses, Aster Medicity, Ernakulam) served as the resource persons for the training. The training comprised of theory as well as practical sessions. 131 students from the Department of Economics and Department of Commerce attended the training programme.



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BeFirst
TO AID & SAVE LIVES
FIRST AID
TRAINING PROGRAM



Part of the Project **RIGHT CARE**
Joining hands with
Youth Red Cross Unit
Morning Star Home Science
College, Angamaly

JAN 30 MONDAY **10.30AM TO 12.30PM**



Figure 6 Mr.Pramod explaining how to deal with Choking incidents to the students



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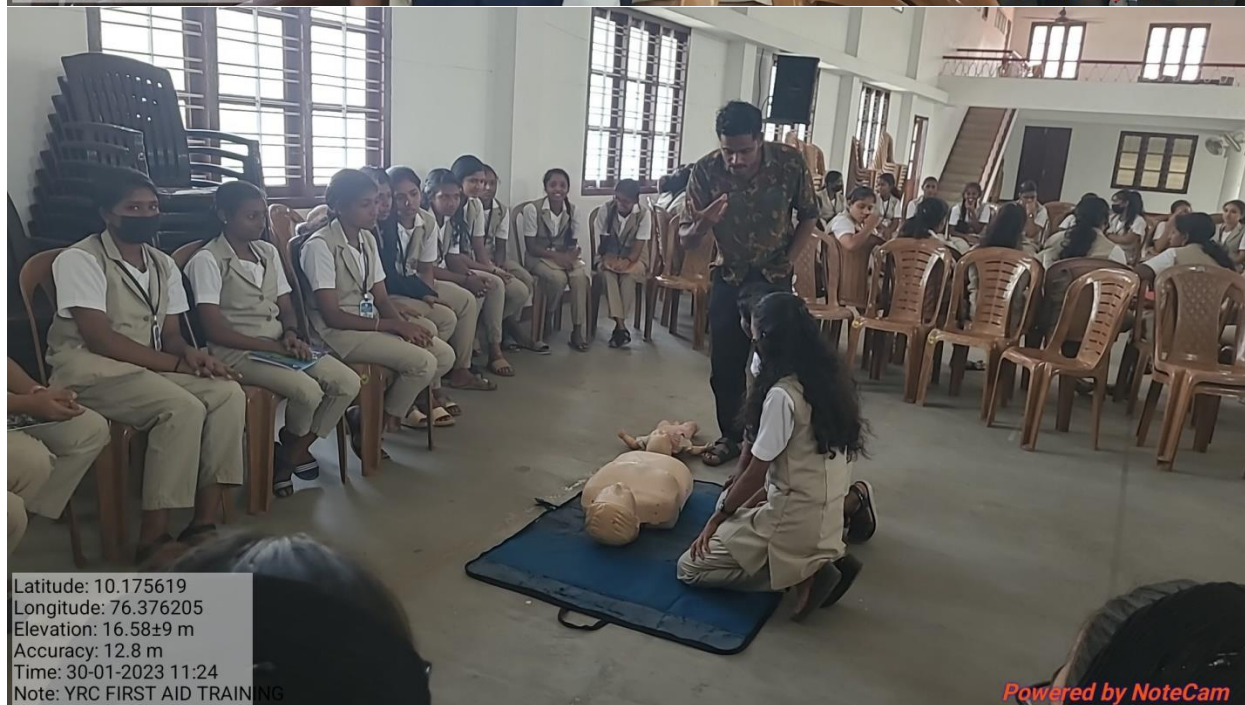


Figure 7 Mr.Ashiq explaining the basic steps of first aid