



#### MORNING STAR HOME SCIENCE COLLEGE

Angamaly South P.O., 683573

(Affiliated to Mahatma Gandhi University, Kottayam and Reaccredited by NAAC with A grade)

## **ANNUAL REPORT 2020-2021**

### Virtual Training Session on Innovative Ideas of Recycling

Women cell organised a virtual training session on innovative ideas of recycling on 25<sup>th</sup> July 2020.All the women cell members participated in the training programme. Mrs.Tintu Berny, Handicraft Trainer and Former Catering Dietician, MOH &MOD Hospital, Oman was the resource person. After the presentation, discussions were also held in the training programme. The session gave importance to the products making through recycling



### **Live Motivational Talk**

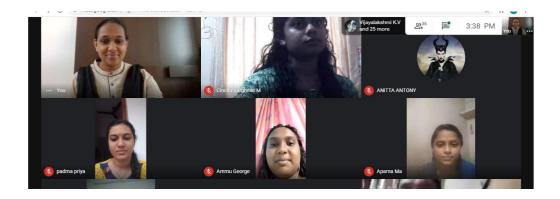
As part of International Day of Persons with Disabilities, Women Cell and Youth Red Cross jointly organised a live motivational talk on 7<sup>th</sup> December 2020 through google meet. Ms. Tiffany Brar, Founder of Jyothirgamaya Foundation, National Award Winner and Social Activist was the resource person. She explained her life experience and it was an interactive session.



#### MORNING STAR HOME SCIENCE COLLEGE

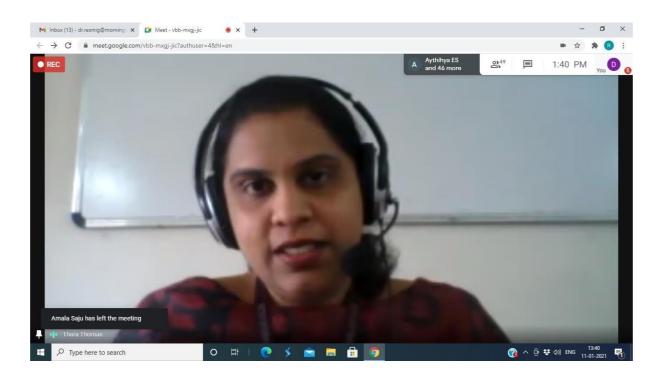
Angamaly South P.O., 683573

(Affiliated to Mahatma Gandhi University, Kottayam and Reaccredited by NAAC with A grade)



### **Online Invited Talk**

An online invited talk was conducted on 11<sup>th</sup> January 2021 for the first year Arts students. The topic was "Life: Matter of Choice and Success". Dr.Thara Thomas, Assistant Professor, Baselious College, Kottayam was the resource person. Her talk was focussed on self-confidence, aims, success stories and positive thoughts. The programme was conducted through the online platform-google meet. Students were very actively participated in the interactive session.







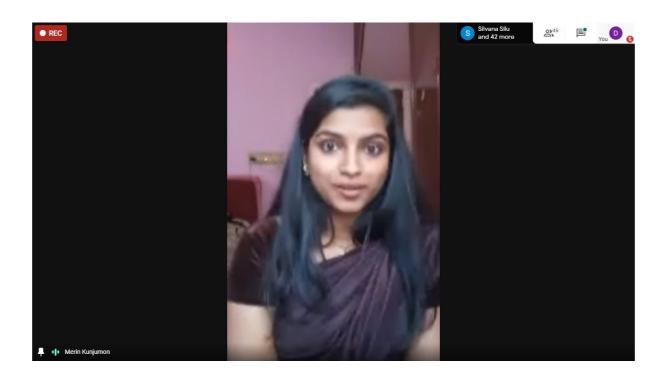
#### MORNING STAR HOME SCIENCE COLLEGE

Angamaly South P.O., 683573

(Affiliated to Mahatma Gandhi University, Kottayam and Reaccredited by NAAC with A grade)

### **National Youth day Related Online Talk**

As part of National Youth Day, Women cell organised an online talk on 16<sup>th</sup> January 2021 through google meet. The topic of the presentation was "Youth Awakes the Nation". Ms.Merin Kunjumon,(SAP Consultant, Motivational Speaker and Alumni of Morning Star Home Science College, Angamaly) was the speaker. She focussed on the role of the youth in development of our nation.



## Webinar on Gender, Women and Democracy

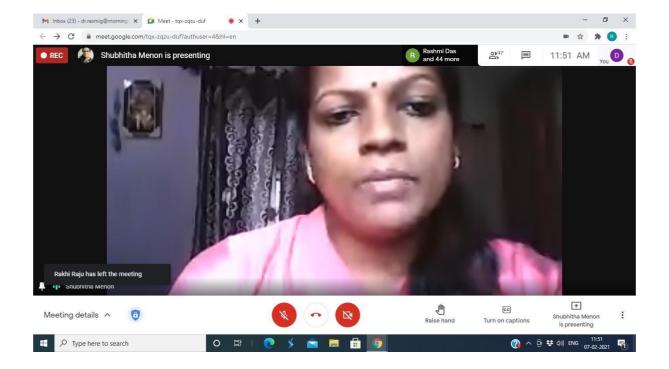
Women Cell organised a state level webinar on the topic Gender, Women and Democracy on 7<sup>th</sup> February 2021 through google meet. Ms.Subhitha Menon U.,HOD, Department of Social Work, Mercy College, Palakkad was the resource person of the webinar. In this webinar, the resource person explained the role of women in the Democracy.



### MORNING STAR HOME SCIENCE COLLEGE

Angamaly South P.O., 683573

(Affiliated to Mahatma Gandhi University, Kottayam and Reaccredited by NAAC with A grade)



## **Lecture Series 1**

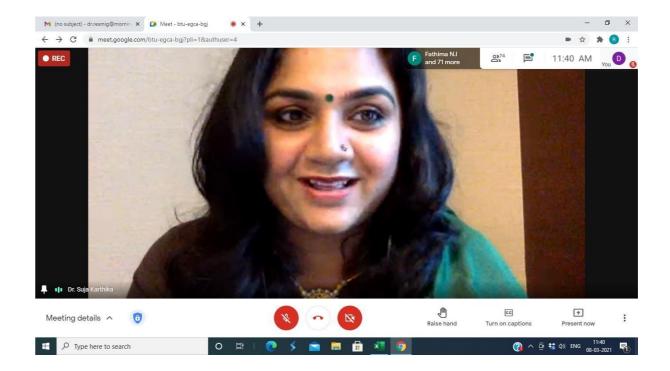
As part of Women's Day, Women Cell organised lecture series in association with IIC (Institution's Innovation Council) and IQAC. First day of lecture series was led by Dr.Suja Karthika, Founder and Chief Trainer ,Exceller Training. It was conducted on 8<sup>th</sup> March 2021. The topic of the presentation was "Women in leadership: Achieving genderless dreams". The speaker focused on goal setting and leadership qualities.



#### MORNING STAR HOME SCIENCE COLLEGE

Angamaly South P.O., 683573

(Affiliated to Mahatma Gandhi University, Kottayam and Reaccredited by NAAC with A grade)



## Webinar on Women in leadership, Women trend setters of generations

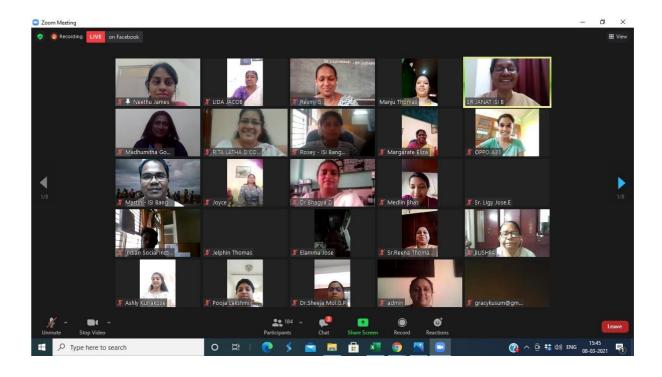
In collaboration with St. Joseph's College for Women, Alappuzha and Indian Social Institute, Bangaluru, Women Cell organised a webinar on Women in leadership, Women trend setters of generation on 8<sup>th</sup> March 2021 as part of International Women's day.Ms. Lida Jacob, IAS(Retd), President KAPS, Dr. Madhumitha Gomathinayagam, HR Professional and Social Activist and Adv. Neethu James, Partner, LKS were resource persons.



#### MORNING STAR HOME SCIENCE COLLEGE

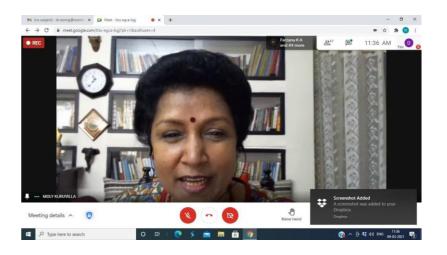
Angamaly South P.O., 683573

(Affiliated to Mahatma Gandhi University, Kottayam and Reaccredited by NAAC with A grade)



## **Lecture Series 2**

The second day of the lecture series was handled by Dr.Moly Kuruvila, Founding Director & Professor, Dept.of Women Studies, University of Calicut. It was conducted on 9<sup>th</sup> March 2021. The topic was "Women's Rights and Entitlements". All the women cell members attended the online lecture series.





### MORNING STAR HOME SCIENCE COLLEGE

Angamaly South P.O., 683573

(Affiliated to Mahatma Gandhi University, Kottayam and Reaccredited by NAAC with A grade)







### MORNING STAR HOME SCIENCE COLLEGE

Angamaly South P.O., 683573

(Affiliated to Mahatma Gandhi University, Kottayam and Reaccredited by NAAC with A grade)



