



NATIONAL SERVICE SCHEME

MORNING STAR HOME SCIENCE COLLEGE

Angamaly South PO, 683573(Affiliated to Mahatma Gandhi University, Kottayam)

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Morning Star Home Science College, Angamaly NSS Unit No: 58 Annual Report 2022-23

NSS Unit No: 58 volunteers actively participated in various activities of the academic year 2022-23 along with the presiding officers Dr. Megha Thampy and Dr. Resmi G.

Environment Day

Students of the college actively participated in the environment day observation. Students tried to maintain their campus green all through the year. A clean and healthy environment aids effective learning and provides a conducive learning environment. The environmental awareness helped the institution to set environmental examples for the community and to educate young learners.

As part of environment day observation tree saplings were distributed and saplings were also distributed to volunteers on 6th June. The programme was inaugurated by Sri P V Kunju, President, Nedumbassery Gramapanchayat by planting a sandal wood tree in the college campus. Volunteers also gave awareness about organic farming in the neighbourhood community also.





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Survey on methods of plastic disposal of shops in Angamaly Municipality

A survey was conducted on 20/6/2022 in association with planet earth Municipality Angamaly to find out the methods of plastic disposal in shops of Angamaly town. About 173 shops were covered in the survey.



Yoga Day

International Yoga Day was observed on 21st June. Yoga Mass display was done in the college. Ms Aleena Mathew, II MSc Family and Community Science who was a University winner in Yoga was the resource person. NSS Volunteers actively took participation in the Yoga mass display.





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Anti-Drugs Day

Anti-drugs Day was observed on 27th June by exhibiting posters in the campus and giving awareness in the community.

Anti Nuclear Day



Poster making competition was done as part of the antinuclear day 2022 on the theme: Scars of History: a gentle reminder. Students were asked to prepare the posters through eco-friendly materials and to submit by 10th August.

Azadi Ka Amrit Mahotsav:

- **Independence Day**

As part of Azadi Ka Amrit Mahotsav staff and students were asked to raise national flag at homes and to pin national flag. On the day of 15th August National flag was raised in the college by Principal Dr. Rosily A V and delivered the message. Volunteers also visited the freedom wall.



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- **Freedom Wall**

Freedom wall was portrayed by NSS which was created near the college ground exhibiting the pictures of National Flag, Dandi Yatra and freedom fighters. About 16 students were engaged in painting 84 sq.ft. freedom wall within 20 hours.



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Induction Programme on NSS

An induction program was conducted for first year students on 13th September at 1.30 pm in the college auditorium. Dr. Megha Thampy NSS Programme Officer explained in detail about what is NSS and how it functions. Students asked many queries about NSS and they interacted very well.



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International Day of Democracy

A poster making competition was organised in association with Electoral Literacy Club on 15th September with the theme “to uphold and promote the principles of democracy”. Ms. Bhavana Das of I B.Com secured first prize in the competition.



Swachh Sagar Surakshit Sagar

As part of Coastal Clean Seas campaign, NSS volunteers participated in Swachh Sagar Surakshit Sagar Quiz competition on International Coastal Clean Up Day on 17th September and won the certificates. The competition created awareness level about the Indian coastline, beaches and the science behind its habitat, environment, Marine Litter in various matrices, such as coastal waters, sediments, biota and beaches and the negative impact of litter and pollution.



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Seminar on Anti Drugs

Dr. Megha Thampy NSS Programme Officer along with Dr. Sandhya PTA Executive member attended the seminar on antidrugs on 17th September at 11.00 am in DPO hall, District Police Office, Aluva. Seminar was organized by Aluva – Munambam Police Sub divisions. Sri Vivek Kumar IPS was the resource person. The session was on how to fight against drug abuse and the methods to identify the drug abusers.

Awareness class on Digital garbage monitoring system

On 20th September 2022, Panchayat Members organised a program that deals with digital waste management. NSS Programme Officer Dr. Megha Thampy welcomed the gathering. The team Members Mr. Sibin and Mr. Jishnu explained about how to collect the details from houses and buildings regarding the method of waste disposal. They trained the NSS Volunteers with their own Smartphones. SGMS app was provided to the NSS Volunteers to collect the information.

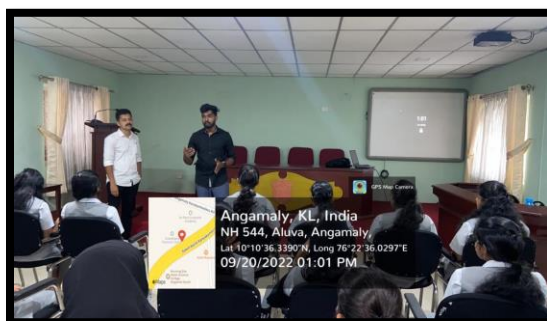


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Legal Awareness Week

Legal Awareness Week was observed from 19th to 23rd September in association with DELSA, Excise department and Kerala Police.

- **Women Safety; Laws & Social Implications**

NSS Unit organised a session on "Women Safety; Laws & Social Implications" on 19th September. Resource person Adv. Mariya Joy (Lawyer, Legal counsellor, Department of Women & child Development, St. Jude SPC Angamaly). Session started with the NSS song. Dr. Megha Thampy, NSS Programme Officer welcomed the gathering. The session about women safety and its law and social implications was familiarized to the students in a much simple way by the resource person. The session was completed at 3.30 PM with an official vote of thanks by NSS volunteer Secretary Ms. Fathima Asif.



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- **Anti-drugs**

Antidrug awareness class was conducted on 20 September 2022 at 2.30 pm in the auditorium for the first year and second year students. Sri. Muhammed Harris K S, Circle Inspector, Excise Circle office Aluva was the resource person on the theme “Role of youth in the prevention of drug abuse”. Laws regarding the drug abuse was discussed. Sr. Arpitha CSN, Director of St. Jude Family Counselling Centre and Counsellor, Domestic Conflict Resolution Centre and Child friendly police station, Kerala Police handled the second session on the topic impact of drug abuse in family. After the session a team from BSW, Depaul College Angamaly conducted a theme dance on drug abuse among youngsters and its impact. Students had an enlightened session and they discussed many doubts with the resource persons.

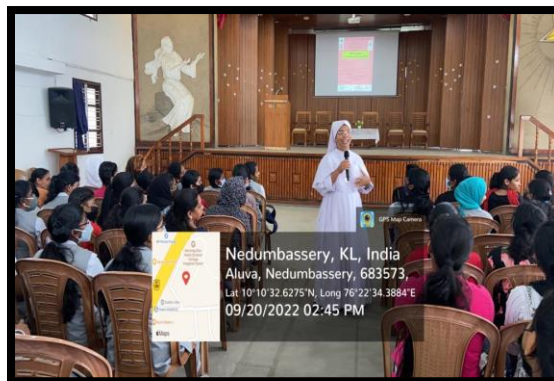


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- **POCSO Act**

Legal awareness class on POCSO Act was scheduled to on 22nd September. Session started at 2.30pm in the college auditorium. Adv.Gajendra Singh Rajpurohit and Adv.Akhil George were the resource persons from Kerala High Court. The program started with NSS song. NSS Programme Officer, Dr. Mega Thampy, welcomed the gathering. The class was very much effective. Students had a good interactive session with their experiences and cleared their doubts and learned how to solve problems legally.



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- **Addiction and cyber security.**

Legal awareness class which was scheduled to be on 23rd October was postponed to 6th October 2022 due to hartal on that day. The topic was addiction and cyber security. Session started at 2.30pm in the college auditorium. Adv.Gajendra Singh Rajpurohit and Adv.Akhil George were the resource persons. Both were from Kerala High Court. The program started with NSS song. The class was very effective.





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Onam Celebration at Pakalveedu for elderly

On 22nd September NSS unit celebrated Onam celebration in association with Vaiomithram for elderly at Pakalveedu in the participatory village, 27th ward of Angamaly Municipality. At 9.00 am volunteers reached at Pakalveedu, gathered flowers and put floral carpets to receive elderly. Municipal ward counsellor welcomed the gathering. Vaiomithram coordinator and NSS Programme Officer Dr. Megha Thampy felicitated the function. Variety of entertainment programmes were arranged by the NSS Volunteers. Onam feast was also arranged and all had enjoyed it very much.





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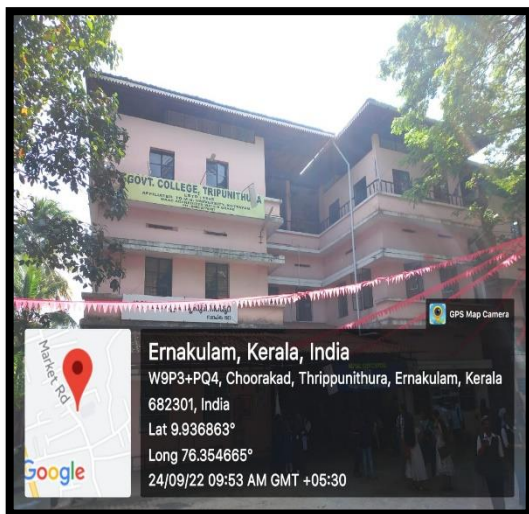
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NSS Day

On September 24th, NSS Day celebration was held at Thrippunithura Govt. College. Two Volunteers went there and participated in the programmes. An official programme was conducted there. All the Coordinators and other authorities gathered for the event.



- **NSS Day Rally**

NSS Day rally was conducted on NSS Day, 24th September 2022. Rally started from



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Kariyad at 10.00 am. Students carrying pluckards writing NSS quotes were the highlights of the rally.



- **Visit to a Palliative Care Unit**

As part of NSS Day observation NSS Volunteers of the Morning Star Home Science College visited Peace Mission Centre, a palliative care unit at Thuruthussery, Aluva. NSS Programme Officer Dr. Megha Thampy along with 63 volunteers went for the visit. The visit started by 10.30 am. Volunteers were given an awareness class on palliative care by Chinnan P Pynadath, PRO. After the awareness class Volunteers visited the patients and understood the feelings and sufferings of the patients who were there. Volunteers made them happy by talking with them and performing certain cultural programmes.



Training on Anti Drugs Campaigning

Dr. Resmi G, NSS Programme Officer attended the antidrug training camp on 27th September 2022 at DPO hall, District police office, Aluva. It was organized by Aluva –



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Munambam Police Sub divisions. The programme started at 9.30 am. Sri Vivek Kumar IPS was the resource person.

Blood Donation Camp

NSS Unit organised a Blood Donation Camp with support of Blood Centre RBTC DH Aluva on 30th September 2022 in association with HDFC bank Palarivattom. The camp started from 9.30 am. Staff and students actively participated in the camp. 50 units of blood was donated on the day. A flash mob was conducted showing the importance of blood donation.



"POSHAN MAAH NUTRITION MONTH: MAHILA SWASTHYA"

As a part of "POSHAN MAAH NUTRITION MONTH a food exhibition cum competition



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“MAHILA SWASTHYA” was conducted. The theme for the event was “green leafy vegetables in my plate”. Students brought various recipes and they exhibited the food items and were sold also. Staff and students were gathered in front of science block.

Dr. Hisana, Medical officer, Medical College, Kalamassery inaugurated the function. Principal Dr. Sr. Rosily A V presided over the function. NSS Volunteer secretary Rizvin Siyad welcomed the gathering. Dr. Lizmitha Godwin and Dr. Shemi George were the judges for the competition. A flash mob was conducted on the basis of importance of nutrition and value of blood donation. Staff, students and community enjoyed the programme and were aware about the importance of women’s health and importance of including leafy vegetables in the diet.

Results:

First: Saniya Z & Rose Maria Antony (II BSc FCS)

Nazni Nazar & Fathima C R (II BSc FCS)

Second: Affaya M S & Sayana Baby (II BA Economics)

Third: Nandhana K N and Sana Nazrin (II BVoc)



Blood Donation Award



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Ms Aleena Jose II MSc received an appreciation award for voluntary blood donation from Regional Blood Transfusion Centre, District Hospital Aluva from Sri. Anvar Sadath, MLA on National voluntary blood donation day programme on 1 October 2022 organized by Kerala State Blood Transfusion Centre at UC College, Aluva.



World Elderly Day celebration

As a part of World Elderly Day, Kerala Social Security Mission Vayomithram authorities organised an Onam celebration in association with NSS unit on 1st October at NAAS Auditorium, Angamaly. All the Vayomithram members were present and made the day more precious. Programme started at 10.00 am. Sri.Benny Behanan, MP inaugurated the function. Sri Reji Mathew, Municipal chairman presided over the function. After that they honoured their most elder Vayomithram members. NSS Volunteers actively participated in all cultural programmes and made the day a memorable one for all the elderly present there. They actively participated in the programmes.



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CLEAN INDIA 2.0

The Department of Youth Affairs of the Ministry of Youth affairs and Sports launched a month long nation Clean India 2,0 from 1st -31st October 2022 with an aim to clean waste, mainly single



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use plastic and create awareness. NSS volunteers actively participated through various cleaning programmes in the Clean India 2.0.

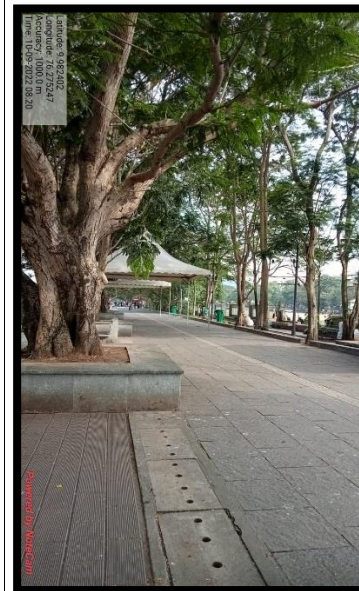
Clean Around

Volunteers on 2nd - 3rd October, 2022 cleaned the premises of their homes nearby buildings, and other community areas.

Marine Drive cleaning

NSS volunteers in association with Suchithwa Mission, District Promotion Council and Kochi corporation actively participated in Marine Drive cleaning drive at Ernakulam on 9th October 2022.

The drive started at 8.00 am. After the drive the volunteers were given refreshments.



Swachh Sagar (Beach cleaning)

Beach cleaning was done by NSS volunteers at Cherai beach on 13 October 2022. Permission from Panchayat was obtained and in association with Haritha Karma Sena plastic wastes from beach were collected and handed over to them. About 13 volunteers participated. The cleaning started at 10.00 am and by 12.00 pm it came to an end. The cleaning activity of beach increase the public awareness about the accumulation and negative impacts of litter in oceans, on



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coastlines and on beaches.

Taluk Hospital Cleaning

As part of Clean India 2.0 cleaning drive was conducted at Taluk hospital Angamaly in association with Angamaly Municipality on 29th October. NSS volunteers cleaned the premises of Taluk hospital and removed the accumulated litters and plastics and made the surroundings clean and hygienic. The drive was inaugurated by Sri Regi Mathew, Municipal Chairman, Angamaly. About 43 volunteers participated in the drive.



Palliative Care Day

Palliative Care Day was observed on 8th October. Volunteers attended a seminar at Peace Mission Centre, a palliative care unit at Thuruthussery, Aluva from 10.00 am to 12.30pm. Justice C K Abdul



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Rahim inaugurated the programme. Padmasree Dr. Tony Fernandez delivered palliative care message. Students had a very interactive session with the doctors panel and recognized the need of palliative care in the present world.



Quiz competition: Lehari Muktha Keralam

As a part of Ant drugs campaigning "Lahari Muktha Keralam" , a quiz competition was conducted by NSS Unit at college Auditorium on 11 October 2022 at 3.00 pm. Students participated very well. 60 questions were given to the students. 90 students participated in the programme. NSS Programme officers and volunteer Secretaries coordinated the programme. Programme Officer Dr. Megha Thampy read out the questions and the competition came to an end by 3.30 PM. Aleesha Jolly (I BA Economics) and Anju Devassy (I BSc Zoology), Sreelakshmi S Warriar (II MSc Zoology) secured first, second and third prizes respectively. First and Second prize winners also participated in the district level competition on 19th October 2022 at CUSAT, Kochi.

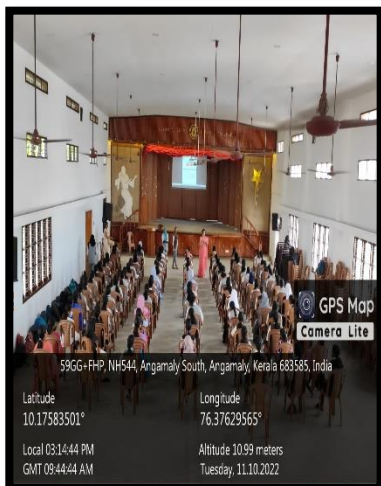


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YUVA UTSAV

Angel G Oswin secured first prize in painting competition in YUVA UTSAV conducted by Nehru Yuva Kendra Ernakulam on 12th October at Maharajas College, Ernakulam under Ministry of Youth Affairs and Sports, Govt. of India.





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Vegetable garden in the campus

On 10 October 2022 NSS volunteers actively participated in the maintenance of vegetable garden. They removed the unwanted plants grown around the vegetable saplings, removed the damaged parts in plants and cleaned the surroundings neatly. It included plants like lady's finger, broad beans, tomato, green chilli etc.





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PFMS Training

NSS Programme Officers DR. Megha Thampy and Dr. Resmi G attended PFMS training camp conducted by Mahatma Gandhi University at SCMS school of Technology and Management, Muttom , Aluva on 17th October 2022.

WE CARE

We Care is a project through which a financial assistance is given to needy people in society who are socially and economically backward undergoing medical treatments like kidney transplantation, bone marrow transplantation, heart surgery etc. The project is organized by Department of Social Justice, Govt. of Kerala in association with National Service Scheme. NSS unit of College also gave financial assistance to WE CARE project on 19th October and it was handed over to Dr. R Bindhu, Minister, Higher Education, Govt. of Kerala through the NSS Unit MG University.

Award Ceremony

NSS award ceremony for the academic year 2021-22 was on 20 October 2022. Morning



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Star Home Science College received the appreciation award for the year 2021-22. Also Ms. Reshma Santhosh and Dr. Megha Thampy received appreciation awards for NSS volunteer secretary and NSS Programme officer respectively. The awards were distributed by Dr. R. Bindhu, Minister for Higher Education and Sri V N Vasavan, Minister of Registration of Kerala.



World Food Day (Dosa fest)

October 16th is celebrated as world food day. As part of World food day observation and to develop entrepreneurship skill among NSS volunteers Dosa food fest was conducted on 21st October 2022. It was a great appreciative programme. Volunteers whole heartedly gave their support and made the fest more attractive and profitable. Varieties of dosas were prepared. Principal Dr. Sr. Rosily A V inaugurated the function. Staff and students all shared their support for making it a grand success.



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Bodhapoornima: Lahari Virudha Karmasena

As part of antidrug campaigning Govt. of Kerala launched Antidrug squad- 'Lahari Virudha Karmasena' in association with Higher Education Department and National Service Scheme on 27th October 2022 at 11.00am. It was inaugurated by Dr. Bindhu, Minister, Higher Education Department of Kerala. The programme was telecasted in youtube and the live show was shown to students through online.



Award for Short video making contest

Morning Star Home Science College received a consolation award for online short video making contest in connection with Anti Drug campaign conducted by Kerala Media Academy on 31st October 2022. Ms. Sathma Josy, NSS Volunteer and the team leader received the award from Sri V Sivankutty, Education Minister of Kerala.



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Medical Camp

A free heart medical camp was organized for children in association with Aster Medcity, Kochi and Moolans foundation Angamaly. On 30th October 2022, the camp was conducted at CSA hall Angamaly. It was inaugurated by Padmavibooshan Nambi Narayan and MLA Sri Roji M John felicitated the camp. NSS volunteers put forth their whole hearted service for the success of the medical camp.





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Pink Month (Breast Cancer Awareness)

October month is observed as Pink month or Breast cancer awareness month which aims to increase public understanding of the effects of breast cancer. On 31 October NSS unit of college in association with Aster Medcity Kochi conducted an awareness class for the students and staff. Dr. Abdu Hussain, Specialist from Aster Medcity was the resource person. Dr. Resmi G, NSS Programme officer welcomed the gathering. The session included discussion on risk factors for breast cancer and how breast cancer screening works.





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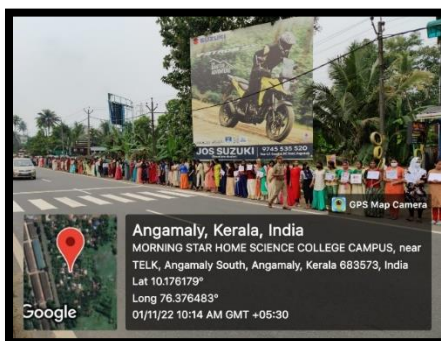
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Human chain (anti drugs campaign)

As part of Anti-drugs campaigning organized by Govt. of Kerala college participated in human chain in association with Kerala Police on Kerala Piravi Dinam, 1st November 2022. Volunteers stood on the sides of National Highway with pluckards quoting impact of drug abuse.



Drug free India campaign

NSS unit in association with Indian National Organisation human rights protection state organization an antidrugs campaign programme Lahari Vimuktha Bharatham on 7th November 2022. Shri Reji Mathew, Municipal chairman inaugurated the function. SMC Chairman Shri M A Jose presided over. An awareness class was given to the students of the college by the resource person Shri C I Siddique, Civil Excise Officer. Sri M Murshid, INOHRP state general secretary, Smt. Girija Jogi, National Joint Secretary Dr. Sr. Rosily A V, Principal, Smt. Ambili Omanakuttan, INOHRP women session State president, Sri Jose Akkarakkaran, District president, Dr. Megha



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Thampy, NSS Programme Officer felicitated the function. At the end of the programme students performed a theme dance on impact of drug abuse on human beings.



Certificate course on Palliative Care

Palliative Care certificate course was attended by 19 volunteers at Peace Mission Centre .
Thuruthussery, Aluva on 19th and 20th November.



Constitution Day

Constitution Day was observed on 26th November. NSS volunteer secretary Ms. Saibunniza K S read the preamble.



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Traffic Awareness

On 24th November NSS volunteers participated in Traffic awareness class organized by Ernakulam Rural District Police in CSA Hall at 2.30pm. Sri Vivek IPS (District Police Head) inaugurated the function. Sri Siju Jose and Sri Sriram S (AMVI) were the resource persons. Volunteers actively participated in the function and were well aware about the traffic rules.



International White Cane Day Contribution

NSS unit gave financial assistance to Indian association for the Blind by giving stamps to students and staff of the college to create awareness about the potentials and problems for the visually challenged on 10th January 2023.



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Keralolsavam

As part of Keralolsavam programmes, NSS volunteers participated in various competitions. Unit secured first prize in group song at Nedumbassery Panchayat Keralolsavam on 27th November 2022, first prize with A grade at block panchayat level at Parakkadavu on 5th December.



Orange Day: International Day for elimination of all kinds of violence against women

On 28th November 2022 Orange day was observed by St. Jude Counselling Centre Angamaly in association with Women and Child Development Department. Fathima Asif NSS Volunteer Secretary attended the programme in the counselling centre. Ernakulam District Protection Officer led the class.

AIDS Day observation

AIDS day was observed on 1 December by taking pledge by all the college students. Pledge was



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read by NSS Volunteer secretary Fathima Asif. Teachers and students took the pledge A flash mob was also performed by the volunteers giving the awareness about safe and healthy life style practices to be followed to prevent AIDS and the need to protect the AIDS victims in the society and to support them.



Mini Camp 1

First Mini Camp of the year was on 2nd and 3rd December 2022. NSS volunteers were asked to do survey on Home Alone. Volunteers identified the parents who were alone at home sending their children abroad for studies and jobs. Second day an orientation was given to NSS volunteers by Mr. Jobin George, NSS District Coordinator. He made the session very interactive by giving games through which the role of NSS volunteers in the society was explained. Leadership qualities need for an NSS volunteer were very much explained in the session. In the afternoon session volunteers cleaned the college premises and maintained the vegetable garden in the campus.



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Seven Day Special Camp





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Seven-day special camp “Sandesam” started on 23rd December at Nayathodu GHSS. Sri. Regi Mathew, Municipal Chairman inaugurated the camp. Cleaning of school and its premises, airport road, public roads nearby schools were the main activities of the camp. The camp also included many awareness classes like life style diseases and women’s health, self defensive techniques for women, insurance schemes and opportunities, women’s mental health and domestic violence & women safety. A health survey was also conducted. Visit to the ancestral home of Mahakavi G Sankara Kurup and the poetess Maya Balakrishnan were special highlights of the camp.



Eco friendly poster display boards

As a step towards properly channelling the precious energy of students, the NSS Unit of Morning Start Home Science College, Angamaly, is providing them with training in coconut frond weaving and thereby enabling them to develop eco-friendly poster displays. It is noteworthy that the students are intrigued by this activity, and they engage in it with utmost joy and heed. Dr. Sr.



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Jessy KP, Assistant Professor in Malayalam was the resource person in giving training for frond weaving. The developed name boards with weaved coconut palms were also placed as caption boards in various places of campus.

Also one ecofriendly poster display board was also gifted to Nedumbassery Gramapanchayat for various programmes. Sri PV Kunju, President of Nedumbassery Grama Panchayat congratulated the College and NSS unit for the initiative taken for Antidrugs campaigning and the creative work.





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BACK TO COLLEGE

Alumni uniform were collected and upcycled to hand bags and files. NSS unit in association with alumni collected their uniforms, prepared by washing and ironing and transformed to bags and files. Uniform coats and pants were only used for bags and pants. The materials were collected, seams ripped out, drafted and stitched into bags and files. Inorder to reduce the use of plastics volunteers started marketing the cloth bags and files.



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Valicheriyal Muktha Keralam

On 30th January Plastic ban programme from public places “Valicheriyal muktha Keralam” was organized in association with Nedumbassery Grama Panchayat. Panchayat president Sri P V Kunju inaugurated the programme. Volunteers removed the plastics thrown on the sides of the national highway, collected in bags and everything handed over to Grama



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Panchayat.



Hair Donation Camp

Hair donation camp “Kesa Danam Sneha Danam” was conducted on 13th February 2023 in association with Amala Institute of Medical Sciences Thrissur. Principal Dr. Rosily A V inaugurated the camp by cutting hair of Ms. Rajani Devi T R, Asst. Professor, Dept. of Home Science. Sri P K Sebastian, Co ordinator of hair donation programme, Amala Institute of Medical Sciences gave an awareness class on hair donation. About 17 people donated hair and received certificates.



Agricultural Census

Economics and Statistics Department, Govt. of Kerala in association with NSS unit started agricultural census in nearby areas of Angamaly, Kalady, Kanjoor, Karukutty, Paravur. A training



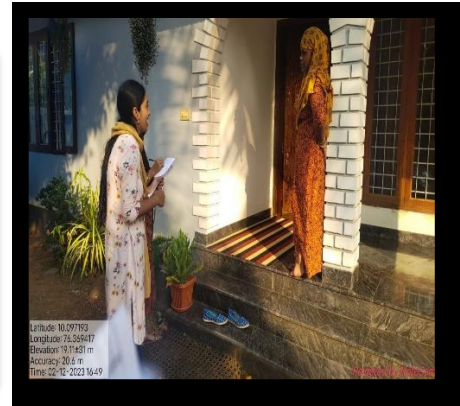
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was given on 10th February 2023. Trained NSS volunteers conducted survey and submitted the report to the authorities.



AGRI GRAM

To promote agricultural activities among young people and encourage them to engage in cultivation NSS Unit in association with KITES started an organic farming programme. About hundred packets of vegetable seeds were handed over to Principal Dr Rosily A V on 22nd February 2022. The seed packets were distributed to staff and students by NSS Volunteers.

Women's Day

NSS Unit gave assistance in International Women's day celebration observation 'Penma' on 8th March at Snehakoodu Pakalveedu, Angamaly. Various cultural programmes were organized and women from various sectors actively participated in the programmes



Mini Camp 2



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Second Mini camp of the academic year was on 17th and 18th March 2023. On the first day awareness on renewable energy sources was and its application was the topic. Ms. Neenu Mary Thomas, Assistant Professor, Department of Physics MSHS College Angamaly was the resource person. On the second day Volunteers visited the houses of Ward 8 and gave instructions about the waste management. The programme was inaugurated by Sri Sunil A V, Ward Member. In the afternoon session, e-governance awareness class was given to the community and the volunteers.





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Along with Divyang

The profit obtained from the fund raising programmes conducted by the NSS volunteers like food fests and other products sale were collected and helped the people who were disabled by giving them certain craft items. Volunteers bought the craft books and visited the BUDS school in Nedumbassery Gramapanchayat on 30th March. Volunteers and programme officers spend a few hours with the divyang persons in the BUDS school, distributed the crafts and drawing books for them. Ms Tincy their teacher shared her experiences with them. Volunteers had a good experience and learned the problems faced by each divyang and their families.



Snehavedu

Snehavedu was a project by NSS in which a house was constructed for a needy student in the college. Volunteers raised fund for the construction of a house with the help of management, staff,



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students, alumni and the public.



Share A Meal – ‘ANNA DHAAN’

In all first Fridays of every month NSS unit organized Share a meal – ANNA DHAAN programme for the inmates of Abhayabhavan. College students and staff were actively participating in the programme.



CHARITY DAY

Second Friday of every month was observed as charity day of that particular month. Students and staff donated food items (not easily perishable), clothes and other academic stationary items. NSS



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volunteers collected the items in charity basket and distributed to the needy people.



Achievements

- Appreciation award for Dr. Megha Thampy for best NSS programme officer of Mahatma Gandhi University for the year 2021-22.
- Appreciation award for Reshma Santhosh for best NSS Volunteer of Mahatma Gandhi University for the year 2021-22.

Volunteer secretaries Training Camp for NSS Volunteers

Three days' volunteer secretary's leadership training camp was conducted on 25th to 27th September 2022 under National Service Scheme, Mahatma Gandhi University, Kottayam, Kerala in association with Newman College, Thodupuzha, Idukki. Ms. Fathima Asif and Ms. Saibunnisa K S, Ms. Leya Joy, Ms. Rizvin Siyad from the college attended the training camp.