



MORNING STAR HOME SCIENCE COLLEGE

ESTD 1968

ANGAMALY SOUTH, KERALA - 683573

ANNUAL REPORT

2018-2019



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ANNUAL REPORT (2018-2019)

1. SHORT INTRODUCTION

Morning Star Home Science College was established in 1963, with a two year diploma course in Home Science with the aim of educating and empowering young women to become better homemakers and contributing citizens. In 1968 the college started an undergraduate course in Home Science, affiliated to Kerala University. Later, the college got affiliated to Mahatma Gandhi University when the university was established. For decades, Morning Star Home Science College has been marching forward with leaping progress in women's education and has always shown readiness for innovation and diversification. The aim of making women self-reliant has been well taken up by the college through different means including various vocational programmes for mothers of students and local women. The College attained 'A' grade after the NAAC Accreditation in the third cycle.

Our vision is to mould young women as prudent scholars and competent professionals, capable of becoming ambassadors of graceful service to their families and to the society. To attain this, we equip young women to cope with the challenges of the times by fostering self-respect and self-reliance, promoting divergent thinking and cultivating a knowledge culture. Over the years Morning Star Home Science College has dedicated its service to the empowerment of women and has successfully catered to enhancing the contribution of women to society.

2. GOLDEN JUBILEE CELEBRATIONS

The college re-opened on 4th June 2018 as per University instructions. The months of June and July witnessed the campus pulsating with the vibrant essence of Golden Jubilee spirit. The grand culmination of the golden jubilee year was celebrated with pomp and splendour on 20th July 2018 in the gracious presence of a number of dignitaries from various walks of life including Prof. C. Ravindranath (Honourable Minister for Education) and Cardinal Mar George Alencherry, Major Archbishop. The colourful cultural events by our students followed by Ganamela by Blue Diamonds Alleppey marked a befitting conclusion to the Golden Jubilee celebrations which was inaugurated on 04 July 2017 by Dr. Babu Sebastian, former Vice-Chancellor, M.G. University.

3. RESEARCH CENTRE

The official inauguration of the Research Centre under the Department of Home Science was held during the Golden Jubilee Finale celebrations. Dr. Sajimol Augustine, Principal, St. Teresa's College, Ernakulam inaugurated the Course Work of the first batch of researchers on 1st January 2019.

4. FLOOD RELIEF CAMP AND ACTIVITIES

Morning Star Home Science College has the humble satisfaction that we could offer a helping hand to those in need at the time when different parts of Kerala was affected badly by the turbulent attacks of torrential rain and devastating floods. In the month of July, when Kuttanadu was hit with the first stroke of flood this year, the students and staff of our college collected money and brought necessary goods to be distributed in the affected areas. When our seventy first Independence Day celebrations swiftly got drowned in the perils of an unprecedented deluge submerging the low lying areas of Kerala, the college welcomed the flood victims with open hands and offered shelter for 800 people from nearby areas (15.08.2018 – 27.08.2018). In addition of being a flood relief camp, the college extended generous philanthropy in helping the hapless to rebuild their lives by providing food, provisions and help in cleaning. In those days of selfless humanitarian gestures, our students, like the good Samaritan, volunteered with little acts of kindness and of love.

5. BASIC DATA

Total Staff -47 Teaching staff

26 Non-teaching staff

Total Departments- 7 departments

Total Programme- UG -7 (Regular 6, Self Financing -1)

PG- 4 (Regular - 1, Self Financing - 3)

Diploma/Certificate Courses – 13

Total Students-713

6. ADMISSIONS

Admissions in all disciplines (UG and PG) were done as directed by MG University. After the announcement of the university portal registration, Management and Community Quota application forms were provided.

7. FEEDBACK MECHANISM

Feedback about the institution, programs, teaching, curricular aspects and extracurricular activities were collected from students, teachers, alumni, employers and parents. The data was analyzed by IQAC and necessary steps were taken.

8. RESULTS

The pass percentage of the Final Examinations conducted in April 2019 is as follows:

- BA English – 87.5%
- BA Economics – 78.95%
- B.Sc. Chemistry (Model II) – 91.30%
- B.Sc. Family and Community Science- 75%
- B.Sc. Physics (Model II) – 100%
- B.Sc. Zoology – 90.48%
- B.Com.- Finance and Taxation – 94.74%
- M. Sc. Zoology – 81.82%
- M. Sc. Community and Family Science- 100%
- M. Sc. Chemistry – 73.68%
- M. Sc. Physics- 45.45%

Position in Mahatma Gandhi University Examinations:

UG Courses:

- Merin Mathew – 3rd Rank in BSc Family and Community Science
- Sulthana P.A. – 4th Position in BSc Family and Community Science
- Ann Maria George – 6th Position in BSc Family and Community Science
- Ann Maria Davis – 7th Position in BSc Family and Community Science
- Fathima Beevi P.M- 8th Position in BSc Family and Community Science
- Aswani A.S. – 9th Position in BSc Family and Community Science
- Merlin Shaji – 4th Position in B.Sc. Chemistry(Model II)
- Binimol Varghese - 7th position in B.Sc. Physics(Model II)
- Aysha Ismail – 8th Position in B.Sc. Physics(Model II)
- Dony Davis – 10th Position in B.Sc. Physics(Model II)

PG Courses:

- Jesty Pauly – 1st Rank in M.Sc. Community & Family Science
- Varada Unni - 3rd Rank M.Sc. Zoology

9. AWARDS AND RECOGNITION

- Faculties had 11 publications in UGC CARE listed Journals, Conference proceedings and ISBN books.
- An Environmental Audit was carried out.
- Paristhithi Mithra Award was received from the Centre for Environmental Education and Rural Development
- Awarded as the Best Electoral Literacy Club from the District Administration, Ernakulam for the promotion of electoral literacy programme.
- We conducted the Environmental Audit, Green Audit and Energy Audit by an external agency.

10. ACHIEVEMENTS IN SPORTS

The college could attain commendable achievements in sports during the academic year. The college is proud that we could produce 6 national players, 10 inter university players and 40 state level players in various events including powerlifting, kho-kho, fencing, arm wrestling, judo, taekwondo, yoga and athletics. Some remarkable achievements in sports:

- M.G. University Champions in Powerlifting.
- M.G. university Championship in Kho-kho.
- Runner up position for Yoga in M.G. University.
- Fourth position in M.G. University Athletics.

11. MOU'S

The MoUs are established with the following institutions during the current Academic Year:

- Al Ameen
- The Tax Study Vocational Training Centre
- Manvish Info Solutions Pvt. Ltd.

➤ DCS Robotics Academy

12.SCHOLARSHIPS AND FREESHIPS

Details of Scholarship Received by Students from the Government

Name of the scheme	Number of students	Amount
Post metric scholarship schemes Minorities CS	72	3,16,320
Central sector scheme of scholarships	10	1,00,000
CH Muhammedkoya scholarship	10	73,000
Suvarna Jubilee Merit Scholarship	2	20,000
e-grants	228	9,62,428
Total	322	14,71,748

Average Percentage of Students Benefited by Scholarships, Freeships etc Provided by the Institution besides Government Schemes

Name of the scheme	Number of students	Amount
Freeships, scholarships and Endowment	179	2,75,219

Twenty two Students benefitted by 'Save a Star' programme with a total amount of Rs.16,755.

13. FACULTY DEVELOPMENT PROGRAMME ATTENDED

During this academic year, 9 faculty members attended the Faculty Development Programme. It helped to refresh and enrich their professional skills.

14. IQAC

The Internal Quality Assurance Cell has to ensure continuous improvement in all the operational aspects and also assure its stakeholders of the accountability of the institution for

its own quality. Coordinator- Mrs. Shyny K Ittiachan, Joint Coordinators- Ms. Sophia James and Dr. Lizmitha Godwin. The title of the programme conducted by IQAC with date is furnished below.

- Online Databases & Information Retrieval 12th March 2019
- Orientation programme on ICT 9th October 2018
- Orientation session on 'Flipped Classroom' 24th September 2018

15. FEEDBACK MECHANISM

The institution has a well structured and transparent feedback mechanism. The feedback committee functioning under the IQAC monitors all the activities related to feedback, i.e. creation of feedback, distribution among stakeholders, collection of filled feedback forms, data analysis and preparation of feedback report and submission to the IQAC. Feedback from all the stakeholders was collected at the end of every academic year.

16. CAPACITY DEVELOPMENT AND SKILLS ENHANCEMENT PROGRAMME

In order to enhance academics and capacity development skills, the following programmes were organized:

- Soft skill programme (8)
- Language and Communication skill programme (2)
- Life skills programme (7)
- ICT/ Computing Skills (1)

Total Cultural/sports events and competitions organised- 20

17. LIBRARY

· The College have well equipped library with a collection of 19,250 books and journals that quench the thirst of knowledge seeking minds, books that can groom students for competitive exams, job interviews, and personality development.

· Computers with internet facility are provided to students. Garden library, Digital library and Mobile Library are the other facilities offered by the library.

Seminar on Online Resources for teaching, learning and research was organized for the faculty on 12th March 2019. Dr. Suresh Kumar PK, Asst. Librarian, Kerala University Library, was the resource person. To promote reading habit among students, a ladder library was inaugurated on 12th March 2019.

18. ENVIRONMENTAL AUDIT, GREEN AUDIT AND ENERGY AUDIT

This year we conducted the Environmental Audit, Green Audit and Energy Audit by an external agency and received the Audit Certificate.

19. MEDICAL ASSISTANCE

Regular health check-ups of students are conducted to ensure their good health and well-being. Deserving students are provided with financial aid for their medical needs.

20. STUDENTS COUNCIL

- The college union activities of the year 2018-2019 commenced with the Talents day on 13th August 2018.
- In association with the college union election meet the candidates programme was held on 14th August 2018.
- On 4th September 2018 all the staff and students gathered in the college auditorium to shower festal greetings to Dr.Sr.Rosily A.V.
- College union election for the academic year 2018-2019 was conducted on 11th September 2018. K S Sandra was elected as the Chairperson, Aiswarya P Martin as Vice Chairperson, Sandra Sunny – General Secretary, Amala Antony and Christy Varghese University Union Counsellor, Krishnendhu M.U. – Magazine Editor, Anna C Sebi- Arts Club Secretary and Babitha M Babu- Sports Secretary. Arathy Anand, Sandra Saju, Dona Johny, Aneetta and Victoria Menezes were elected as class representatives of 3rd, 2nd, 1st year UG classes and 2nd and 1st PG classes respectively.
- Oath taking ceremony of the elected union members were held on 4th October 2018
- College Union and Arts Club inaugurations were held on 12th October 2018. The college union was inaugurated by Sri.Innocent (M.P. and film actor) and arts club was inaugurated by Faisal Razi(singer and music director).

- Kerala Piravi day was celebrated on 1st November 2018. In association with Keralapiravi day, mega thiruvathira was also organized.
- Christmas celebration was held on 20th December 2018. Various competitions were conducted in association with the Christmas celebration.
- The College Youth Festival was conducted on 1st and 2nd February 2019. All departments actively participated in different competitions.
- Award ceremony was held on 13th February 2019. Prizes for winners of youth festivals and sports event were distributed on this occasion. Sr Annie Jose, General Education councilor and Jayasankar B, PTA vice president were the chief guests on this occasion.

21. PARENT TEACHER ASSOCIATION

- General PTA meeting was held on 18 December 2018.
- The PTA is headed by Principal Dr.Sr.Rosily A.V. and the Vice President was Mr.Saju Augustine and the PTA secretaries were Dr.Beena George and Dr.Lizmitha Godwin.
- In connection with Golden Jubilee celebrations PTA sponsored Library books and cupboards to St.Joseph's High School and Junior Basic School at Desom.
- PTA donated Rs.30,000 to honour the glorious achievements of students in sports.

22. STUDENT SUPPORT PROGRAMMES

ASAP

- On 17th September 2018 an orientation on the skill course was given to the first year fashion designing ASAP students by the District Level Programme Manager Ms.Swati.
- On 14th January 2019 an orientation on the skill course was given to the second year fashion designing ASAP students by the trainer, Mr.Vipin, from TSP. Also a meeting for the parents of selected candidates was arranged with Programme Manager Mr.DolgyPaul of ASAP on 22nd January 2019.

Walk With a Scholar Programme (WWS)

- The Walk With a Scholar (WWS) programme for the academic year 2018-19 was inaugurated on 9th October 2018.

- Mrs.SajithaSuseelan. S, Coordinator, WWS attended the Orientation Programme for Coordinators of Aided Colleges at Layola College, Sreekaryam, Trivandrum on 11th September 2018.
- Mrs. K. Leena Joseph and Mrs.Rinu K. Louis, Internal Mentors attended the Cluster workshop for WWS internal mentors on 16th November 2018.
- Ms Della Toyon, attended the three day State level Motivation Camp at Rajagiri College of Social Science, Kalamassery, Ernakulam from 29th to 31st January 2019.

Student Support Programme (SSP)

- An orientation class was provided to internal mentors and Students of SSP Programme on 8th October 2018. An inauguration programme of internal mentoring sessions was conducted on 9th October 2018.
- The ice breaking sessions of English, Physics, Chemistry, Maths and Commerce were conducted on 11th October 2018.
- Inauguration of external mentoring sessions was conducted on 2nd November 2018 by Mr.Sivasree M.S.
- In association with district employability centre an employment enhancement programme was conducted on 29th and 30th January 2019.

SAVE A STAR

- It is a unique feature of Morning Star Home Science College where the management, staff and students find a platform to help their fellow students. It was coordinated by Dr.Beena George and Mrs. Sajitha Suseelan S. This year an amount of Rs 16,755 was collected through auction and the amount was disbursed among 31 students in the form of uniforms, medical aid, noon meals , text books, note books and bus fare etc.

23. COMMUNITY LAB

The different components of the institution- Management, the Departments, and Cells- provide training sessions in their areas of expertise under the leadership of selected students and staff. This enables the students to gain practice and to share the knowledge acquired. The following are the Community Lab activities:

- Ornamental Jewellery Making by Women Cell on 30 October 2018 at CDS Community Hall.

- Hand Embroidery by the Management on November 2018.
- White Forest Cake Making- by the Management on December 2018.

24. CLUBS' ACTIVITIES

There are various clubs functioning in the college under the leadership of different departments.

- **Jhankar Beats:**Jhankar Beats functions under the department of Commerce. The International Music Day was celebrated on 23rd June 2018.
- **Nature Club:**Niharam functions under the department of Zoology. Students and staff participated in a three day nature camp held by Kerala Forest and Wildlife Department at Thattekad bird sanctuary from 14th -16th November 2018.
- **Bhoomithrasena Club:**The club observed World Environment Day on 6th June 2018. A documentary video show on plastic pollution was arranged for the students. Poster designing competition was conducted on 7th June 2018 based on the focal theme 'Beat Plastic Pollution'. One day nature study programme was conducted at Salim Ali Nature Center, Nedumbassery on 7th February 2019. The programme was inaugurated by Dr. InduchoodanN.C , Divisional Forest Officer. Club members participated in planting of indigenous Pokkali paddy seedlings at Moolampally, Pizhala fields in association with a group of environmentalists.
- **Quiz Club** functions under the department of Physics.
- **VIBGYOR**-This club is offered by the department of Home Science to enhance the creative skills in students.
- **Human Resource Development Club**is offered by the department of Economics. A demonstration class on embroidery was held on 11th January 2019. Ms.Sinda Paul lead the class.
- **Fitness Club** functions under the department of Physical Education. The club organised various inter-departmental competitions like chess, dodge ball, arm wrestling ,badminton, table tennis, aerobics, yoga, march past, caroms, baseball etc.
- **Akshajam**(Reading Club) functions under the College Library. An orientation program was conducted for second and third year students. Reading week was celebrated with one hour reading campaign organized in collaboration with the department of Chemistry. Competitions were also conducted like treasure hunt, book

review, review writing etc. Book exhibition and free distribution were organized during the month of January. Books for the exhibition were sponsored by the organization GOONJ. A seminar on online resources for teaching, learning and research was organised for the faculty on 12th March 2019.

- **Finesse Circle** functions under the department of English. The club organizes programmes for developing the language skills, confidence and ability for critical thinking among students.
- **Electoral Literacy Club:** The official inauguration of the ELC was done by Smt. CP Maya, Deputy Tahasildar at Aluva on 13th October 2018. The inaugural session was followed by a talk on Electoral Literacy by Mr. CA Rashimon, Deputy Tahasildar. An awareness programme for the students was conducted on the Indian Constitution by Adv.Maria Joy of St. Jude Counselling Center on 29th November 2018.

25. EXTENSION ACTIVITIES

- **Community Lab Programme**
Morning Star Community Lab is a humble women empowerment initiative of the College. It envisages a better living status for the women folk in and around the college through education, raising awareness, literacy and training. Kudumbasree members of the Nedumbassery Grama Panchayat are the beneficiaries of this programme. A class on Ornamental Jewellery making was held under the auspices of 'Sreyas'- Women's Cell of the College.
- Women's cell members collected dress materials from the students and handed over the items to the inmates of Anugraha Sadan, an orphanage at Koodapuzha on 3rd August 2018.

26. NSS ACTIVITIES

- The NSS unit of our college observed World Environment Day, Ocean Day, International Yoga Day, Independence Day, AIDS Day, Flag Day and Palliative Care Day.
- On 18th June 2018 Dr.Sr. Shemi George and Ms. Rinu K. Louis attended the training programme on 'clean campus green campus' at Samridhi Village, Vengola, Perumbavoor.

- The College library, Department of Commerce and NSS jointly observed reading week on 26th June 2018.
- In connection with announcing Jackfruit as state fruit, the NSS unit of our college distributed jack fruit plant saplings on 12th July 2018.
- In connection with providing support to the people of flood affected area it was decided to give a kit filled with essentials worth Rs. 1000/- to 220 houses of Avanamcode area in Nedumbassery panchayath. Principal, NSS co-ordinators and other faculty members along with the students visited Avanamcode and distributed kits and other essentials.
- Cleaning programmes were undertaken by the students. NSS volunteers also collected Rs. 12000/- from the students to donate to the Chief Minister's flood relief fund.
- As part of 'Share a meal' programme 'Pothichoru' was distributed to the inmates of Abhaya Bhavan Angamaly on 2nd August 2018.
- As part of Swachhta Pakhwada programme, campus cleaning was done by the students on 2nd and 3rd July 2018.
- On 17th September 2018, NSS programme officer Dr. Teji K. T, secretary Ms. Anna C. Sebi and volunteer Aleena Johnson attended a meeting on 'Thelineer', an organization for protecting Manjaly Thodu. As part of Thelineer Programme, NSS unit of our college participated in cleaning of Manjaly Thodu on 16th February 2019.
- Speech, quiz and cartoon competitions were conducted in connection with Gandhi Jayanthi celebrations. NSS volunteers also conducted Padayatra from the college to Telk Junction.
- The mini Camp 'Thelineer' was officially inaugurated by Mr. Roji M. John MLA on 2nd October 2018.
- Sandra Saju and Anna C. Sebi attended the Pre-RD camp selection meeting at B. K. College, Amalagiri on 20th October 2018. On 22nd October 2018 Dr. Teji K. T. attended PFMS training at Ettumanoorappan College, Kottayam. Dr. Teji K. T., NSS volunteer secretaries Ms. Della Toyon and Ms. Greeshma A. U. attended a seminar on the topic 'Edutainment' on 31st October 2018.
- The NSS unit of our college organized a reception for Devika M. J who successfully attended the adventure camp at Manali, Himachal Pradesh on 1st November 2018.
- On 28th November 2018, NSS volunteers and NSS programme officers watched the movie 'Samaksham' directed by M. G. University.

- The seven day special camp of NSS, Sukrutham-2018 was conducted at Avanamcode Area of Nedumbassery Panchayath from 21st-27th December 2018.
- Cancer awareness programmes and personality development programmes were organized. Students also distributed booklets among the public.
- A class on waste management was organized at Avanamcode as part of Suchitwa Mission.
- NSS units organized an event in which they paid tribute to the soldiers on 15th February 2019.
- On 19th February 2019 NSS unit of our college and Amala Medical College, Thrissur jointly organized a hair donation campaign for cancer patients.

27. WOMEN'S CELL

It works in coordination with the Kerala State Women Development Cooperation. Ms. K Leena Joseph and Ms. Megha Thampy were the staff coordinators and Ms Angel Varghese of II BSc Zoology was the Student representative.

Programmes of the year

- Programmes like collection of dress materials, visits to charitable institutions and workshop on jewellery making was organised.
- Review writing competition. 'Deal done'- short film review writing competition was held on 15th Jan 2019.
- Inter departmental poster designing competition about 'Kerala women yesterday, today, tomorrow' was organised on 29th January 2019.
- A seminar on cyber security laws was arranged on 13th January 2019. The resource person was Sri. ThalhathPM , Civil Police officer, Cyber cell, Aluva. The seminar was officially inaugurated by Smt. MC Josephine, Chairperson, Kerala State Women's Commission.
- In connection with International Women's Day, three students participated in Women Innovations and Entrepreneurs meet – NAVANGANA 2019, on March 1st 2019.
- Street play competitions was held on 6th March 2019 based on the topic 'Women Security and Women Empowerment'.
- International Women's Day Celebrations was organized on 8th March 2019. Ms Anita Dileep, CEO of Anita-Dileep foundation for Education and Empowerment, an aspiring actor in film and TV industry was the resource person of the day.

- Training programme on Eco-friendly cloth bag making was conducted on 15th March 2019.

28. AICUF

- The activities of AICUF was inaugurated by Fr. Joy James, Higher Education Secretary, South Asian Jesuit institutions on 29th October 2018.
- AICUF Representatives collected and donated dress to the flood victims of Kuttanad.

29. YOUTH RED CROSS

- Staff coordinator, Ms. Megha Thampy and Youth Red Cross members actively served as Viomithram volunteers and distributed study materials to the grandchildren of elderly people of Angamaly Municipality.
- Staff coordinators and Red Cross members collected various materials like provisions, study materials, stationary items, toiletries and dress materials on 29th September 2018 and distributed to the flood affected students on 1st and 3rd October 2018.

30. HUMAN VALUES DEVELOPMENT PROGRAMME

- The programme was formally inaugurated by the Principal ,Dr.Sr. Rosily AV on 11th July 2018. The course on ‘Life Enrichment Skills’ were handled by Dr. Navya Antony to the first year degree students.
- Ms Sherin Abraham handled classes on ‘Dynamics of Relationships’ to the Second year degree students.
- Ms K Leena Joseph handled the course on ‘Gender Concepts , Societal concerns and Challenges’ for the third year degree students.
- A campaign on ‘Awareness of Ragging and Anti-Ragging measures’ organized by CASH and Human Values Development Programme was held on 18th and 26th Sept 2018 for UG Students as per UGC mandate.

31. CAREER GUIDANCE CELL

- A session on overseas education conducted in association with Santa Monica, Ernakulam on 2nd August 2018.
- On 4th August 2018 a job fair named ‘Opportunist 2018’ was conducted. 45 students participated in the job fair.

- On 12th Sept 2018 an orientation about Civil Service examinations was organized by Naipunya Academy.
- Career guidance cell arranged a Civil Service Coaching in association with Naipunya academy for interested students. 16 students joined this programme.
- On 24th September 2018 an ice-breaking session for first year students was conducted by ‘Training Gurus’, Kothamangalam.
- Arranged a ‘Career Advancement Training’ for the degree students on 16th November 2018. Resource persons were Mr. Sandeep K and Mrs. Kashama Sandeep, Managing Directors, Glow mind consultancy, Aluva. The main theme was ‘How to face interviews, Stress management and Career Guidance’. Industry awareness session was conducted on the topic ‘Information Technology’ sector in association with Tata Consultancy Services (TCS) for BSc Physics and Chemistry students. The session was handled by Mr. Jomon from TCS Kochi.
- A three day workshop from 10th -12th December 2018 on ‘How to Perform on Group Discussion and Personal interviews’ was conducted in association with Training Gurus.
- Our students Ms Amala Davy (III BSc Chemistry), Niveditha James (III BSc Zoology), Jessil George and Rosemary Pollachan (III BCom) won second prize in Quiz and Product presentation conducted by Guiders Travel – Mart Expo on 15th December.
- On 16th April 2019, a job fair **Opportunity 2019** was organized for final year students. In this job fair, 13 companies including ICICI Bank, Axis Bank, HDFC, Life Insurance, Hyundai Goan Institute International, Ramsted HR, Prayag Institute, EVM Group, Joy Alukkas, Kurlis, Bharath Matrimony, Samasta Finance, ISON participated and interviewed the students.

32. STUDENT COUNSELING

- Students are placed under the personal supervision of Class Advisors who monitor the academic progress as well as psychological needs of the students. Those who were identified with challenges like academic pressures, learning disorders, family problems etc., during the personal counselling are referred to expert counselling at the St. Jude Counselling Centre functioning in the campus.
- Kerala floods – a calamity of severe nature had washed away study materials and other prized possessions of our students. Nearly 80 students were badly affected. The

counsellors identified the needy students and provided provisions, bags, text books, uniforms, dress materials, stationary items and toiletries with the immediate financial assistance from the management, staff and students. These efforts extend support to students to meet educational and financial needs.

33. ALUMNI ASSOCIATION

- As part of Alumni Association stakeholders meeting was held in the college on 13th October 2018. The annual alumni meet of this year was held on Saturday, the 11th August 2018. On 31st January 2019 Sherlin Memorial Endowment was launched. An Endowment prize of Rs. 25000 for best outgoing UG Student and Rs. 15000 as financial assistance for a meritorious UG student for the academic year was presented.

New Endowment by Alumni

- Sherlin Nair Memorial Endowment- An award of Rs. 25,000/- to the Best Out Going Student of the college instituted by the parents of late Ms. Sherlin V. Nair, a meritorious alumna of the college. The endowment was launched on 31st January 2019.

34. DEPARTMENTAL ACTIVITIES

1. DEPARTMENT OF HOME SCIENCE

1. Department of Home Science in association with Kitchen Treasures, a leading brand of spices conducted a chicken recipe contest on 14th June 2018.
2. Research centre was inaugurated by Major Archbishop His Eminence Cardinal George Alencherry on 20th July 2018 in the glorious occasion of Golden Jubilee Finale celebration.
3. Final year B.Sc. students visited Silk Mark Expo, an exhibition on silk products held at Kaloor, on 25th July 2018.
4. II year B.Sc. students visited the palliative care unit 'Anugrahasadhan' in Koodapuzha, Chalakudy on 3rd August 2018.
5. As part of Breast feeding week celebration, an interdepartmental Poster competition on the topic 'Importance of breast feeding' was conducted on 8th August 2018.
6. Department of Home Science in association with 'Nestle' conducted a recipe contest, 'Creative Kitchen' on 14th August 2018.

7. An awareness class on Silk and Silk mark products was conducted for the final year B.Sc. and M.Sc. students of Home Science and for the open course students of Zoology on 6th September 2018. The class was taken by Mr. Johny, Technical Assistant of Weaving and Spinning, Central Silk Board, Palakkad.
8. As part of the Nutrition week celebration, a Power Point presentation competition on the topic 'Go further with Food' was conducted on 7th September 2018.
9. The winners of the National Powerlifting Championship, Ms. Vandana Shaji (Silver medalist) and Ms. Babitha M. Babu (8th position) were felicitated in the department on 3rd October 2018.
10. One day workshop was organized on 'Food Safety and Standards' for the M.Sc. and final year B.Sc students on 5th October 2018. Ms. Girija, National level resource person of FSSAI and Ms. Sheeja, Co-ordinator of FSSAI, Southern region handled the sessions.
11. Dr. Sheelamma Jacob, Former HOD, Department of Home Science, St. Teresa's College inaugurated the Home Science Association activities on 10th October 2018.
12. As part of the curriculum, the first year post graduate students visited Morning Star Play School, at Angamaly on 11th October 2018.
13. As part of Global Iodine Deficiency Disorders Awareness Programme, an interdepartmental poster competition on the topic 'Role of Iodine in Health' was conducted by the Home Science Association on 24th October 2018.
14. The postgraduate students participated in the seminar organized by the Dietary Department of General Hospital, Ernakulam in collaboration with State Iodine Deficiency Disorder Control Cell, Trivandrum as part of Global Iodine Deficiency Disorders (IDD) Prevention Day on 25th and 26th October 2018 at General Hospital, Ernakulam. The resource person was Dr. Elizabeth Augustine from Women and Care Hospital, Ernakulam.
15. The students also participated in the competitions conducted by the Dietary Department of General Hospital, Ernakulam in collaboration with State Iodine Deficiency Disorder Control Cell, Trivandrum and won prizes.
16. A flash mob based on the theme 'Iodine Deficiency' was performed by the post graduate students on 26th October 2018 at General Hospital, Ernakulam.
17. Dr. Sr. Rosily. A.V, inaugurated Grahadarshan-2018 on 27th October 2018. Higher Secondary Home Science students from Fathima Matha H.S.S., Piravom participated in the training programme.

18. Ms. Megha Thampy and Ms. Sherin Abraham, Assistant Professors, served as judges for cooking competition held at Angamaly Block Panchayath on 27th October 2018.
19. Ms. Rajani Devi T. R and Ms. Sajitha Suseelan. S, Assistant Professors, served as judges for cooking competition held at ICDS, Angamaly Block Panchayath as part of celebration of National Nutrition Week on 30th October 2018.
20. Children's day-2018 was observed in Morning Star Play School, Angamaly on 14th November 2018. A powerpoint presentation about Jawaharlal Nehru and a colouring competition was conducted for the children.
21. As part of the observation of World Diabetes Day, a recipe contest for students was conducted in the campus and also a visit was conducted to Pakalveedu by Ist M.Sc. students on 14th November 2018. The students took awareness classes on lifestyle diseases and also conducted diet counseling for the inmates in the Pakalveedu.
22. Departmental PTA meeting of the academic year 2018-2019 was conducted on 22nd November 2018.
23. Three students of I M.Sc. and 3 students of III B.Sc. participated in the grand cooking contest 'Our state our taste' conducted by The Hindu group for finding the Master Chef of Kerala on 25th November 2018 at Oberon Mall, Kochi.
24. Four students of III B.Sc. volunteered to assist dieticians in a public health awareness programme, 'The family approach to stop diabetes'. It was organized by Mile stone clinic at Kakkanad on 25th November 2018.
25. The students of Ist M.Sc attended a workshop on 'Learning disability' organized by Department of Home Science, St. Teresa's college, Ernakulam on 3rd December 2018.
26. Ms. Megha Thampy, Assistant Professor, served as resource person for a seminar at Carmel College, Mala on 11th December 2018. She delivered a talk on the topic 'Health benefits of mushroom'. Ms. Mary Aleena and Ms. Linda of I M.Sc. Home Science conducted a demonstration class on preparation of mushroom recipes at Carmel College, Mala on 11th December 2018.
27. Dr. Sr. Shemi George served as subject expert in the panel of Assessment Committee for the evaluation of the UGC sponsored major project on 'Sensitising Consumers on Food Adulteration: A Sustainable Health Approach' on 15th December 2018.
28. The commencement of PhD course work in Home Science was inaugurated by Dr.Sajimol Augustine, Principal, St. Teresa's College on 1st January 2019 in the college auditorium.

29. Cottage stay of III B.Sc. Home Science students was held from 7th January to 3rd February 2019.
30. Dr. Lizmitha Godwin, HOD, served as resource person for KSCTE sponsored seminar, 'Elayarivu' at Vimala College, Thrissur on 18th January 2019. She delivered a talk on the topic 'Health benefits of leafy vegetables'.
31. The students of Ist M.Sc. attended a 10 days internship on Diet Therapy at different hospitals in Ernakulam and Thiruvananthapuram.
32. To improve the entrepreneurial skills among the students, the Department of Home Science started an extension centre 'LIKHA', which was inaugurated by the college Principal, Rev. Sr. Dr. Rosily A. V. on 25th January 2019. A payasam sale was conducted by Ms. Athulya Alex of II M.Sc. Community and Family Science on the same day.
33. As part of Likha, few alumni of the college conducted a sale on handicraft items on 1st February 2019 in the college auditorium. A mehendi tattooing sale was also conducted by II M.Sc. students on 1st and 2nd February 2019.

2.DEPARTMENT OF ZOOLOGY

1. Bhoomithrasena club observed World Environment day on 6th June 2018 with a documentary video show on plastic pollution.
2. Poster designing competition was conducted on 7th June 2018 based on the focal theme "Beat plastic pollution"
3. KSCSTE sponsored one-day state level programme including a seminar, documentary film show and an intercollegiate quiz competition on the focal theme "Beat plastic pollution" was conducted in connection with World Environmental Day on 19th June 2018.
4. Ms.Usha K. R, Ms. K. Leena Joseph and Bhoomithrasena club members participated in planting of indigenous pokkali paddy seedlings at Moolampilly-pizhala fields in association with a group of environmentalists-CORL(collective of right to live) on 26th July 2018.
5. 22 B. Sc students participated in various competitions of Zonal Zoofest, organized by Zoological Society of Kerala on 9th August 2018 at St Peter's college, Kolenchery and won prizes.

6. A six day Field study programme was organized for final year B.Sc students to Hyderabad on 29th August to 3rd September 2018. Dr. Sr. Philo T. J. and Ms. K. Leena Joseph accompanied the students.
7. Bhoomithrasena club conducted an interdepartmental slogan writing competition in connection with world ozone day on 18th September 2018. An interdepartmental Quiz competition was also conducted in connection with world ozone day on 19th September 2018.
8. A one day field trip for open course and final year B.Sc Zoology students was organised by the department to College of Horticulture, Kerala Agricultural University, Vellanikkara was conducted on 29th September 2018. A training session on Honey Bee culture techniques was also given to the students. Dr. Sr. Philo T. J., Ms. K. Leena Joseph, Dr. Teji K.T and students also visited Manual hatchery, South vellarapilly and Aiswaryagram, Kanjoor to study about quail and rabbit breeding and marketing techniques.
9. Bhoomithrasena club conducted an interdepartmental Essay writing competition in connection with wild life week celebrations on 9th October 2018.
10. Ms. Usha K.R., K. Leena Joseph and Ist MSc. Zoology students (Ms. Madhavi and Ms. Anjana) participated in the residential training programme on “Rapid assessment of biodiversity loss of flood affected areas” conducted by Kerala State Biodiversity Board and KILA on 10th and 11th October 2018 at Alappuzha. They were also team leaders of the proposed Biodiversity sample survey in Alappuzha District.
11. Ms. Usha K.R., Ms. K. Leena Joseph and eight M.Sc. students conducted a five day biodiversity assessment survey at Parakkadavu and Kunnukara Gramapanchayath and handed over sample study reports to Mr. Sreerag, Senior Research Fellow, Kerala State Biodiversity Board on 27th October 2018.
12. The activities of SCAWEP and Zoology association was inaugurated by Mr. Premkumar T. R., Environmentalist and social activist on 1st November 2018. A seminar on ‘Importance of Organic farming’ was presented.
13. Ms. Usha K. R. and 18 Club members participated in 3 days nature camp held by Kerala Forests and Wildlife Department at Thattekkad Bird Sanctuary from 14th to 16th November 2018. The programme was led by famous ornithologist Dr. Sugathan.

14. Departmental PTA meeting was held in association with General body meeting on 22nd November 2018.
15. Dr. Sr. Philo T. J, Ms. K. Leena Joseph and final year B.Sc Zoology students visited PIXELS-an art film exhibition conducted by DIST,Angamaly on 26th November 2018.
16. Dr.Sr. Philo T.J and 3rd BSc.Zoology students visited Tissue culture lab, Biotechnology and Ecopark of Kerala Agricultural University, Vellanikkara on 5th December 2019.
17. SUCHITWA BODHANA YAJNAM 2019 was organized by the department and Mitradham an renewal energy centre on 4th January 2019 as in previous years. Students and staff of Najath College of Nursing and St. XaviersBEd. College, Aluva were present.
18. Directorate of Minority welfare, Govt. of Kerala and Dept. of Zoology jointly organized four days certificate course from 17th January 2019 on premarital training for 3rd BSc and 1st MSc Zoology students. Smt. Mini Eldho inaugurated the programme. Classes were taken by Dr. LissyShajan, Free-lance International trainer and faculty of Minority welfare board on Life skills and emotional management. Dr. RaseenaPadmam, Rtd. Professor, Department of Behavioral Science, M. G. University. Kottayam, Mr. AnupP.Thomas, consultant Psychiatrist, Holy cross Hospital Kanjirappilly, Ms. Hajeesha Husain, and Ms. LakshmiPriya handled other sessions.
19. Bhoomithrasena club and Department of zoology in association with Forestry and Wild life, Govt. of Kerala jointly organized a one day nature study programme at Salim Ali Nature Study Centre, Nedumbassery on 7th February 2019. The programme was inaugurated by Dr. Induchoodan N.C, Divisional forest officer. The students visited Suvarnodyanam Biological park Nedumbassery.

DEPARTMENT OF MSc ZOOLOGY

1. Diversity of butterfly fauna (Lepitoptera) in Morning Star Home Science College was studied by Chandini P.K in the year 2018 and the specimen were displayed taxonomically in the department for future reference.
2. A study trip was organized to Fort Kochi and Mangalavanam for the PG students and staff on 7th September 2018.

3. Department PTA Meeting was held on 22nd October 2018.
4. Ms. AyanaSurendran 2nd PG Zoology student won first place for the Dr.Sr. Redempta Memorial State Level Intercollegiate essay competition organised by the Alumini Association(OSAX), St.Xavier's College for Women, Aluva on 9th February 2019.

3. DEPARTMENT OF ECONOMICS

1. On 11th August 2018 the Alumni meet was held.
2. The Economics Association Inauguration was held on 5th October 2018. Dr.M.S.Vijayakumari, Associate Professor and Head, Department of Economics, M.A College Kothamangalam inaugurated the activities of Association and also moderated the debate on the controversial theme 'Women's entry into Sabarimala'
3. On 15th October 2018, the Department organized a Career Guidance session led by Mr. Mahesh Mohan, Fellow of International Association of Accounting Professionals, London.
4. In connection with International UN Day, on 23rd October 2018, an Elocution Competition on the topic "UN and World Peace" was conducted.
5. On 19th November 2018, in association with the Department of Commerce and NSE, the Department of Economics organized a seminar on "Stock Exchange" that was led by financial journalist Mr. Sanal.
6. Departmental PTA meeting was held on 22nd November 2018.
7. Annual Inter departmental Quiz Competition was held on 14th February 2019.

4. DEPARTMENT OF CHEMISTRY

1. 'MuttathoruMaram'-As a part of world environment day, the department planted a mango tree near the hostel and distributed saplings to the students of Morning star play school on 6th June 2018.
2. Observation of world ozone day on 19th September 2018 was inaugurated by Dr. E P Yashodharan, Professor Emeritus, School of Environmental Studies, CUSAT followed by a class on focal theme "Keep cool and carry on the Montreal protocol". In the afternoon session, a lecture was delivered by Dr. Sindhu K S, HOD, Department of Chemistry, MSHS College Angamaly. As the part of the celebration, department conducted role play competition, wall paper designing competition and an exhibition on focal theme. The students of II B. Sc Chemistry,

demonstrated role play at De Paul English Medium Higher Secondary School Angamaly.

3. Chemistry Association activities was inaugurated on 29th September 2018 by Dr.Sreejith Sankar P, Ramanujan Fellow and Assistant Professor, A CSIR, Photo sciences and Phonics Section (CSIR NIIST) Thiruvananthapuram. It was followed by a talk on “Adventures and tales in chemistry dare to dream.”
4. Department conducted skill training programme for students on Soap Making.
5. Milky Expo 2K18 was conducted by Department of Chemistry on 10th October 2018 with the co-operation of students of open course (Diary science) and first year chemistry students held the sale of bathing soaps made by the department. The department also conducted exhibitions of the milk products and the best product was awarded.
6. Left Hand Writing Competition was conducted on 11th October 2018 as part of left hander’s day.
7. Students attended workshop on Basics on Chemistry at Maharajas College Ernakulam.
8. Department conducted a photography competition on the topic “BE NICE” as a part of World Photography Day.
9. Electoral Literacy Club was inaugurated by Smt. C. P Maya, Dy. Tahasildar, Aluva on 30th October 2018. The inaugural session was followed by a talk on electoral literacy by Mr. C. A Rashimon, Dy. Tahasildar, Aluva.
10. Dr. Sindhu K S inaugurated Chemistry Association of St. Xaviers College Aluva on 14th November 2018 and delivered a lecture on “A Step towards Research as a Career in Chemistry”.
11. Dr. Beena George inaugurated Mathematics association of Sree Sankara College Kalady on 16th November 2018.
12. Constitution day was celebrated by taking a pledge and an awareness programme on the Indian constitution by Adv.Mariya Joy of St. Jude counseling centre was held on 29th November 2018.
13. As part of Extension activities department of Chemistry organized a visit to PakalVeedu
14. CHETHANA-2019 was inaugurated on 11th January 2019, in association with OISCA INTERNATIONAL and a class was held on “Embracing Modernity by

Mr.Shaju Antony, Senior officer, Federal Bank, Nedumbassery and State Joint Secretary, Bank Employees Federation of India

15. On 31st January 2019, MOU was signed by the Head of the department, Dr Sindhu K Sin in the presence of the Principal, Rev. Sr. Dr. Rosily and faculty members APTECH Computer centre.
16. Dr. Beena George served as a resource person for recruitment of faculty at Al Ameen College Edathala.
17. A two day national seminar sponsored by KSCSTE on the 'Current trends in organic and computational chemistry' CTROC 2019, on February 14th and 15th 2019 was inaugurated by Dr. P. Anbarasan, Associate Professor, Department of Chemistry, IIT Chennai.
18. As part of Star Care programme, an interactive session was led by Department of Psychology, UC College Aluva and Aster Medicity on the topic 'Know your mind' on 5th February 2019.
19. Ms. Jisna Alias and Ms. Amala David secured First prize in Debate competition organized by Bhoomithrasena club at Sree Sankara College Kalady.
20. Ms. Jisna Alias won 3rd Prize in Elocution organized by Bhoomithrasena club at Sree Sankara College Kalady.
21. Ms. Amala David won Second Prize for Product Presentation Competition by All Kerala Tourism Ventures Kochi.
22. Ms. Amala David interacted with Nobel Laureate of Chemistry Dr. Robert Grubbs at S H college Thevara

DEPARTMENT OF MSc. CHEMISTRY

1. Ist MSc Chemistry students participated in the introductory seminar on "Higher Education and Research at IISER", an outreach program of IISER Thiruvananthapuram organized by the PG Department of Chemistry, St. Teresa's College in collaboration with IISER Thiruvananthapuram on 29th October 2018.
2. 2nd year MSc students carried out their project works at various industries like Kancor Ingredients Ltd ,AVT,Akay Flavours and Aromatics Pvt Ltd , Tolins,Sud-Chemie.

5.DEPARTMENT OF PHYSICS

1. A seminar on 'Basic Electronics and Robotics' was conducted on 2nd August 2018.
2. A lecture on 'Disaster Management' was organized on 5th September 2018. Sr.Arptha, Director, St. Jude Counseling Centre was the resource person
3. A certificate course on 'Embedded C & Arduino' was initiated on 8th September 2018 in collaboration with DCS Robotics, an authorized training centre of STED Council of India , Aluva.
4. The Physics association was inaugurated on 27th September 2018 by Dr. P.Sumod, Asst. Professor , S.H.College Thevara .The inauguration session was followed by a seminar on Space Research – An Indian Perspective.
5. Departmental News Letter 'Spectra' was released on 27th September 2018.
6. Bridge Course was conducted for the first year students.
7. Vocational Education Program on 'Soldering practice & PCB making commenced on 7th December 2018.
8. A Talent Search Examination was conducted on 15th December 2018, organised by the Academy of Physics Teachers.
9. Vocational Education Program on 'LED Series Assembling & Star Making' was initiated on 18th December 2018.
10. In connection with 'Energy Conservation Day' interdepartmental Quiz and Poster Competitions were organized on 21st December 2018.
11. Academic collaboration has been established with Al Ameen College Edathala and UG students have done their projects in their research lab.
12. A visit to Mithradham – Renewable Energy Centre, Aluva was arranged on 21st December.
13. A certificate course on 'Environmental Education and Green Technology' was introduced for the final year students.
14. A certificate course on 'Diploma in Computer Applications' by SRC, Kerala was organized for the first year students.
15. A Science Popularisation Program supported by Kerala State Council for Science Technology and Environment was inaugurated on 18th January 2019 by Smt. Mini Eldho, Nedumbassery Gram Panchayat President. Shri. A.V. Sathish, Scientific Officer NPCIL,Koodamkulam was the resource person. A seminar on 'The role of material science in Nuclear Power Plant' was organized on the same day.

16. Students participated in Thejas-2018, Energy Environment Residential Camp at Forest Department Vazhachal organized by ECS,EMC,KSCSTE and PCRA from 26th – 28th of January 2019.
17. Faculty members published papers in various Journals and attended refresher courses and seminars. Ms. Neenu Mary Thomas selected for FLAIR 2018-2019, Government of Kerala.
18. The Department arranged a warm farewell to Ms. Leena Varghese, non-clerical staff who served for three decades with her valuable service.
19. Anila Shaju, Anjali K.S ,Arathy K. R, Reshma H.R and Sony K.P are the outstanding sports students of the department.
20. Anjana Sahadevan of II physics got KSCSTE, SPYTiS title to carry out her project.
21. Open lab was arranged for senior secondary students on 9th February 2019.
22. In connection with Birth Centenary Celebrations of Vikram Sarabhai, a documentary presentation “ Vikram Sarabhai, the great Indian Visionary” was conducted on 15th February 2019.
23. National Science Day 2019 supported by KSCSTE was organized on 19th February 2019. Dr. K.A Vijayakumar, Emeritus Scientist(KSCSTE), Government of Kerala inaugurated the programme and delivered a lecture on solar cells. A magic show by magician JowanMadhumala, Kottayam was also arranged on the same day.

DEPARTMENT OF MSc. PHYSICS

1. Students presented a seminar and participated in a quiz competition on October 3rd 2018, held at Assumption College, Changanassery.
2. Students participated in a two day National seminar on Basic Concepts of Electrodynamics at Maharajas College Ernakulam on 12th October 2018.
3. Second year PG students attended a three day National Workshop on ‘High energy Physics’ held at SreeSankara College, Kalady on 29th-31st October 2018.
4. Final year students undertook their academic project work at School of Photonics and Department of Electronics at CUSAT.

6.DEPARTMENT OF COMMERCE

1. World Environment Day was celebrated on June 5th 2018. Mrs.Jwalini K.S, HOD of Commerce Department presented saplings to students.
2. The Reading week “Beuno La Lectura” was celebrated from June 19th -25th 2018, with varied competitions.
3. On International Music day 23rd June 2018, The Jhankar Beat Club of Commerce Department arranged a music show by the popular band “Blue Graph”.
4. “Opportunist 2018”- a job fair, was organized on 4th August 2018, in association with ‘Glow Mind’ Training Consultancy Pvt Ltd. 10 companies participated in the event. Among the selected candidates, there were four students from Morning Star Home Science College.
5. Teacher’s day was observed on 5th September 2018 with sweet merriments arranged for the teachers.
6. On 19th September 2018, the Department organized a seminar on “Investment Practices and Stock Exchange” presented by Mr. Sanal Abraham.
7. On 26th September an orientation class on Tally ERP.9 was conducted by Tally Info Solution and participants who had completed the course were awarded certificates.
8. On 27th September, Kerala State Reutronics organized a session on ‘Diploma in Goods and Sales Tax Practice’.
9. The Association activity of the Department was inaugurated on 15th October 2018. The Chief Guest, Mr. K S Unnikrishnan, Corporate Trainer and Counsellor, presented a seminar on ‘Inclination of women to Corporate World’.
10. “KarunyaSparsam”- an initiative of the B.Com Dept. intended to provide financial assistance to needy students was inaugurated on 15th October 2018. So far, four students have obtained financial support through this venture.
11. As part of the International Poverty Eradication Day, an Essay competition was held on 22nd October 2018 and the best essays were awarded prizes.
12. On 31st October 2018, Tally MOU was signed by the Principal Rev.Dr.Sr.Rosily A.V along with the faculties of Tally Info Solution in association with ManvishCo.Pvt Ltd, Aluva.
13. On November 1st 2018, DGSTP MOU was signed by the Principal Rev. Dr. Sr. Rosily AV along with the faculties of Kerala State Reutronics.

14. Departmental PTA was held on 22nd November 2018.
15. On 15th December 2018, in the All Kerala Product Presentation, Jessil George and Rosemary Poulachan secured second place.
16. On 15th December 2018, in a quiz competition conducted by Travel Mart, Kritika P Krishnakumar bagged second prize.
17. Christmas was celebrated with the elderly people of the Hospice Palliative Care Centre Kariyadu on 21st December 2018
18. The Department has arranged six career guidance programs during the last six months. The guests invited for the programmes include Mr. Anil Kumar-faculty of Level 3, Mr. Joseph Devassy from Logic school of Management, Mr. Mahesh Mohan from Mock Man and Mr. Nandakumar from Galaxy Education Services. An aptitude test by G-Tech and Mock interview session by Mr. Sandeep- Chief Executive of Glow Mind was also held by the Department.
19. The Commerce students went for an industrial visit to Anna group of Companies Pvt Ltd and Kitex Ltd, Kizhakambalam on 2nd January 2019.
20. KALOPSIA 2K19 –the annual tour for final year B.Com students was organized to Chikmanglore, Belur and Coorg from 11th to 14th January 2019.
21. On 22nd January 2019, at the Inter Collegiate quiz organized by St. Paul’s College. Sanjana Santhosh and Kritika P Krishnakumar won first place.
22. On 7th February 2019, CMA Santhosh from the Institute of Cost Accountants of India, conducted an orientation seminar.

7.DEPARTMENT OF ENGLISH

1. As part of World Environment Day, on June 5th 2018, students of the English Department planted a sapling.
2. Ms.AswathyS..Nair took a class at UC College Aluva in connection with Harrisean lecture series:Bricolage on 2nd June.
3. As a part of celebrating World Oceans Day on 8th June 2018, the Department organized a PowerPoint Presentation competition on “Ocean Narratives” for the students of Department of English.
4. Ms. Aswathy S. Nair took classes at Institute of Chartered Accountants India (Kollam, Kottayam, Trivandrum) on Communicative English.

5. Dr Sr. Gisha M. Joseph and Dr Sr. Jessy K.P. attended two day International Seminar on “Chinthaa-Charithram: The Intellectual Histories of modern Kerala” on 8th and 9th October 2018.
6. Dr Sr .Gisha M. Joseph participated in the Inauguration of Golden Jubilee Celebrations and then Conference on “New Trends in Higher Education” organized by the Council of Principals of colleges in Kerala on 5th November 2018.
7. Dr Sr. Gisha M. Joseph, participated in the UGC – Sponsored Orientation Programme from 8th November to 5th December 2018 and obtained A grade.
8. The Certificate Course in Communicative English offered by the department of English started on 16 November 2018.
9. Department’s Open house/PTA meeting was held on 22nd November 2018.
10. The English Association was inaugurated on 22nd November 2018 by Prof. KunjikochuSheroob (Jai Bharath Arts and Science College, Perumbavoor).
11. A one week Programme was conducted as a part of National Integration Week Celebration (Ekta week). Various Inter departmental competitions in association with the ekta week were organized in the noon breaks in order to create awareness of National Integration. In the concluding Ceremony on 26th November students from various departments made a performance which showed Cultural unity.
12. Ms. Sophia James, Head of the Department of English attended a two week training programme on “Research Methodology” from 3rd-17th December 2018.
13. A Film Review – “Asta Neilson’s Hamlet: A Woman Performative? Well...” by Ms.Aswathy S. Nair was published in Albertian Review of Literature: Peer Reviewed Journal of Literatures in English, Cinema, and the Performing Arts.
14. As an attempt to mould the language competency and to improve the reading habits the department allocated The Hindu newspaper to students.
15. The Department focused more on technological learning by implementing google class rooms and the blog ‘Ink linked thinkings’ is also updated by the students on a regular interval.
16. Fourteen Students of III BA English participated in the One Day Workshop on Indian Aesthetics organized by, The Post Graduate Department of English, SreeSankara College, Kalady.
17. Four students of the department attended Renaissance- Centre for Research , Extension and Studies in Literature and Arts, SreeSankara College, Kalady.

8. DEPARTMENT OF PHYSICAL EDUCATION

1. The Annual Sports Day was held on 8th January 2019 with events for both staff and students. Mr.Mathew Zakariya, manager of Joy Alukkas Group, Angamaly declared the meet open. March Past and Mass Display competitions were conducted. The Department organized inter-department Chess, Badminton, Table-tennis, Arm-wrestling, outdoor Dodge ball and Base-ball tournaments. The Overall championship was won by the Dept. of Commerce, the position of first runners up was secured by the Dept. of Physics and the second runners up was the Department of Home Science.
2. On 13th February 2019, Sports and Cultural Award Day was held for honouring the International, National, Inter University, State and Inter Collegiate medal winners.
3. Come let's play scheme, initiated in 2017, and was aimed at providing sports training to students from nearby schools. Presently, the 24 students enrolled in the scheme are offered training in Kho-Kho.

ACHIEVEMENTS

International level

Vandhana Shaji- was selected to represent India for Classic Powerlifting Championship held at Mongolia.

National level

- Vandhana Shaji- secured a Silver Medal at the All India Junior unequipped Powerlifting Championship held at Lucknow, U.P
- Babitha M Babu, Anju George, Anila Shaju and Babitha M Babu Displayed commendable performance in the Powerlifting and Arm-wrestling Competitions held at Lucknow and Punjab.

Inter-University level

- Arathy Anand, Anu A.S and Sreepriya K.S., Ahana Thankappan and Reshma M.R. – were selected to represent M.G University in the All India Inter-University Kho-Kho championship.
- Babitha M Babu, Vandhana Shaji and Anila Shaju- – were selected for representing M.G University at the All India Inter-University Powerlifting championship.

- Jesty Poly and Karthika E Sukumar secured selection to represent M.G university in the All India interuniversity yoga championship.

State level

- On June 6th 2018, Six medals were secured in the All Kerala Senior unequipped Powerlifting Championship - Amrutha Thomas (one Silver and one Bronze Medal), Anila Shaju (Silver Medal), Vandhana Shaji (one Silver and one Bronze Medal) and Sona Mariya Biju (one Silver Medal).
- Winners for the All Kerala Sub Junior and Junior Powerlifting Championship were Anila Shaju (one Silver and one Bronze Medal), Ajitha Raman (one Gold Medal), Vandhana Shaji (two Gold Medals), Anju George (two Bronze Medals), Babitha M Babu (one Silver Medal), Devika M.J (two Silver Medals) and Sona Mariya Biju (one Silver and one Bronze Medal).
- In the All Kerala Senior Kho-Kho Championship held at Malappuram, Arathy Anand, Anu A.S and Sreepriya K.S.P secured bronze medals.
- In the All Kerala Senior Yoga Championship held at Malappuram, Morning Star Home Science College was represented by Karthika E Sukumar and Nimisha Suresh and in the Junior Judo Championship Harsha Martin participated from our college.

M.G University Level

- In the Inter-Collegiate Kho-Kho Championship, Morning Star Home Science College won the Overall championship with 12 gold medals. Anu A.S was selected as the Best Player.
- In the Powerlifting Championship, Morning Star Home Science College was awarded the Overall Championship in Women's category with 3 gold and 2 silver medals.
- At the Athletic Championship, we secured 4th position and won 4 bronze medals in the 4x100m relay.
- Twelve of our students participated in the Fencing Inter Collegiate Championship.
- 6 students represented M. G university in the yoga championship and we secured runner up position with 346.2 points and 6 silver medals.

District level

- Morning Star Home Science College was awarded the Overall Championship in Ernakulam District Senior Arm-wrestling Championship.

35. RETIREMENTS

After offering sincere and dedicated workmanship for many decades, four of our staff members retire this year - Dr. Beena George, Assistant Professor in Mathematics, Ms. Aleyamma Joseph, UD clerk, Ms. Leena Varghese and Ms. Clara A. M., non-teaching staff. We express our wholehearted gratitude towards your service and wish you all goodness in your life.

36. OBITUARY

The college pays homage to our beloved student Ms. Sunitha P.M., III B.Com. Our heartfelt condolences to her family.

37. CONCLUSION

Morning Star Home Science College, train students to fill their hearts with values and knowledge thereby producing responsible citizens for the future. Adhering strongly to the vision and values of our founders we are looking forward to reach out new horizons in learning. May the good God continue to shower his blessings. May Morning Star Heavenly Patroness continue to guide us.