


<b>NAME</b>	<b>SAJITHA SUSEELAN. S</b>	
<b>DESIGNATION</b>	Assistant Professor	
<b>QUALIFICATION</b>	M.Sc., M.Ed., NET	
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<b>TEACHING INTERESTS</b>	
<ul style="list-style-type: none"> <li>• Interior decoration</li> <li>• Family Resource Management,</li> <li>• Human Development</li> <li>• Family Dynamics</li> </ul>	<ul style="list-style-type: none"> <li>• Early Childhood Education</li> <li>• Early Intervention for Indian Infants</li> <li>• General Psychology</li> <li>• Guidance and Counseling</li> </ul>

### **ACADEMIC/PROFESSIONAL QUALIFICATIONS\***

<b>NAME OF THE PROGRAMME</b>	<b>INSTITUTION/UNIVERSITY</b>	<b>YEAR OF PASSING</b>
<b>NET in Education</b>	UGC	2006
<b>NET in Home Science</b>	UGC	1999
<b>M.Ed.</b>	Annamalai University	2006
<b>B.Ed.</b>	Kerala University	2001
<b>M.Sc.</b>	Kerala University	2000
<b>B.Sc.</b>	Kerala University	1998
<b>Pre-Degree</b>	Kerala University	1994
<b>SSLC</b>	Board of Public Examination, Govt. of Kerala	1992

### **OTHER TRAINING PROGRAMS ATTENDED**

<b>NAME OF THE PROGRAMME</b>	<b>INSTITUTION/UNIVERSITY</b>	<b>YEAR</b>
One day training programme for the Coordinators of Walk With a Scholar Programme	Organized by Directorate of Collegiate Education, Trivandrum at Loyola College, Sreekaryam, Trivandrum	11 <sup>th</sup> June 2019
Two days training programme for Question Bank preparation	Organized by M. G. University, Kottayam at B. K. College, Amalagiri, Kottayam	25 <sup>th</sup> & 26 <sup>th</sup> October 2018
One day training programme for the Coordinators of Walk With a Scholar Programme	Organized by Directorate of Collegiate Education, Trivandrum at Loyola College, Sreekaryam, Trivandrum	11 <sup>th</sup> September 2018
Three days training session on ‘ Objective Based Education’ for Chairman and selected members of UG Board of Studies for science subjects	Organized by Kerala State Higher Education Council and M.G. University, Kottayam at Seminar Hall of IUCNN in M.G. University, Kottayam	17 <sup>th</sup> to 19 <sup>th</sup> January 2018

### **CAREER HISTORY/TEACHING EXPERIENCE**

<b>DESIGNATION</b>	<b>INSTITUTION/UNIVERSITY</b>	<b>YEAR OF SERVICE</b>
<b>Assistant Professor in Home Science</b>	Morning Star Home Science College, Angamaly, Ernakulam	2016 onwards
<b>Lecturer in General Education</b>	Kerala University College of Teacher Education, Trivandrum	2010 to 2014
<b>Lecturer in Home Science</b>	Kerala University College of Teacher Education, Trivandrum	2006 to 2010
<b>Lecturer in Home Science</b>	Kerala University College of Teacher Education, Trivandrum	2003 to 2005

### **PHD THESIS**

<b>SL.No.</b>	<b>TITLE</b>	<b>GUIDE NAME</b>	<b>INSTITUTION</b>	<b>MONTH/YEAR</b>
1	Development of educational software for improving language and arithmetic skills in Scholastically backward school going children.	Dr. Shemi George	Morning Star Home Science College, Angamaly	Pursuing Reg.No. 223/2018

**AWARDS/ACHIEVEMENTS/OTHERS\***

SL. No.	NAME OF AWARDS/ ACHIEVEMENTS/OTHERS	DESCRIPTION	MONTH/ YEAR
1	Question Paper Setter for Question Bank	I & II semester PG CSS Examination M.G. University, Kottayam	2020-2021
2	Question Paper Setter for Question Bank	III, IV & V semester UG CBCS Examination M.G. University, Kottayam	2019-2020
3	Resource Person	Professional Development Programme on 'Outcome Based Education', organised by IQAC of Morning Star Home Science College, Angamaly	19 <sup>th</sup> October 2020
4	Resource Person	Technology Management Development Program on Food Sector organized by District Industries Centre, Ernakulam in association with PG and Research Department of Home Science and Department of Economics of Morning Star Home Science College	11 <sup>th</sup> February 2020
5	Resource Person	An awareness programme as part of World Food Day organized by PG and Research Department of Home Science at Anganwadi located in Cheriavappalasseri at Nedumbassery Panjayat	16 <sup>th</sup> October 2019.
6	External Examiner	II Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination at BCM College, Kottayam	2 <sup>nd</sup> September 2019
7	External Examiner	IV Semester B.Sc. Degree (FCS) Practical Examination at BCM College, Kottayam	30 <sup>th</sup> July 2019
8	External Examiner	IV Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination (Thesis	5 <sup>th</sup> July 2019

		evaluation and viva-voce) at BCM College, Kottayam	
9	Chief Examiner	II Semester PG (CBCS) Degree (Home Science) End Semester Examination of Assumption College, Changanacherry	25 <sup>th</sup> May 2019
10	External Examiner	IV Semester B.Sc. Degree (FCS) Practical Examination at BCM College, Kottayam	4 <sup>th</sup> April 2019
11	External Examiner	I Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination at BCM College, Kottayam	19 <sup>th</sup> March 2019
12	External Examiner	III Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination at BCM College, Kottayam	25 <sup>th</sup> February 2019
13	External Examiner	B.Sc. Home Science Degree V Semester Examination at St. Teresa's College, Ernakulam	16 <sup>th</sup> October 2018
14	External Examiner	II Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination at BCM College, Kottayam	8 <sup>th</sup> October 2018
15	Question paper setter	III Semester UG (CBCS) Examination (B.Sc. FCS) of Assumption College, Changanacherry	7 <sup>th</sup> July 2018
16	External Examiner	IV Semester M.Sc. Home Science Degree Practical Examination (Project Evaluation and Viva-voce) at BCM College, Kottayam	2 <sup>nd</sup> July 2018
17	External Examiner	III & IV Semester B.Sc. Home Science Degree Practical Examination at BCM College, Kottayam	22 <sup>nd</sup> June 2018

18	Member in Board of Examiners	II Semester PG (CSS) Home Science Degree End Semester Examination at Assumption College, Changanacherry	1 <sup>st</sup> June 2018
19	External Examiner	III & IV Semester B.Sc. Home Science Degree Practical Examination at CMS College, Kottayam	23 <sup>rd</sup> April 2018
20	External Examiner	VI Semester B.Sc. Degree (FCS) Practical Examination at Assumption College, Changanacherry	20 <sup>th</sup> April 2018
21	External Examiner	I Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination at BCM College, Kottayam	26 <sup>th</sup> March 2018
22	External Examiner	III Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination at BCM College, Kottayam	23 <sup>rd</sup> February 2018
23	Question paper setter	IV Semester UG Examinations (Home Science) of CMS College, Kottayam	7 <sup>th</sup> February 2018
24	Member, Board of Studies	Kannur University	2018
25	Subject Expert in the Screening Committee	Promotion of teachers in Home Science (Aided colleges of M.G. University) as per UGC regulation 2010 at Assumption College, Changanacherry	24 <sup>th</sup> October 2017
26	Chief Examiner	III Semester UG (CBCS) Degree (Home Science) End Semester Examination of Assumption College, Changanacherry	17 <sup>th</sup> October 2017
27	Judge	Flower Arrangement Competition at NIMIT, Pongam, Thrissur as part of	7 <sup>th</sup> October 2017

		the management fest 'Phoenix 2K17'	
28	Subject Expert	Judgement of Cooking Competition at Nedumbassery Panchayath as part of Nutrition Week Celebrations 2017	19 <sup>th</sup> September 2017
29	External Examiner	II Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination at BCM College, Kottayam	21 <sup>st</sup> August 2017
30	External Examiner	IV Semester M.Sc. Degree (Child Development and Behaviour Science) Practical Examination at BCM College, Kottayam	7 <sup>th</sup> July 2017
31	Resource Person	One day seminar on 'Nurturing Naturalistic Intelligence to Craft a Green World' at Kerala University College of Teacher Education, Kayamkulam and supported by KSCSTE	9 <sup>th</sup> June 2017
32	External Examiner	III & IV Semester B.Sc. Degree (FCS) Practical Examination at BCM College, Kottayam	6 <sup>th</sup> June 2017
33	External Examiner	III & IV Semester B.Sc. Degree (FCS) Practical Examination at Assumption College, Changanacherry	2 <sup>nd</sup> June 2017
34	Member in Board of Examiners	II Semester PG (CSS) Home Science Degree End Semester Examination of Assumption College, Changanacherry	15 <sup>th</sup> May 2017
35	External Examiner	VI Semester B.Sc. Home Science Degree Practical Examination at BCM College, Kottayam	19 <sup>th</sup> April 2017
36	External Examiner	M.Sc. Home Science Degree IV Semester Practical	11 <sup>th</sup> April 2017

		Examination at St.Teresa's College, Ernakulam	
37	External Examiner	M.Sc. Home Science Degree IV Semester Examination at St.Teresa's College, Ernakulam	4 <sup>th</sup> April 2017
38	External Examiner	III Semester M.Sc. Home Science Degree Practical Examination at BCM College, Kottayam	9 <sup>th</sup> March 2016
39	Question paper setter	II Semester PG (CSS) Dietetics and Food Service Management Examination of Assumption College, Changanacherry	9 <sup>th</sup> March 2017
40	External Examiner	M.Sc. Home Science Degree I Semester Examination at St.Teresa's College, Ernakulam	28 <sup>th</sup> February 2017
41	Member, Board of Studies (UG & PG combined)	M G University	2017 to 2020
42	External Examiner	II Semester M.Sc. Home Science Degree Practical Examination at BCM College, Kottayam	11 <sup>th</sup> November 2016
43	Resource Person	A training programme for Creche workers, organized by Kerala State Social Welfare Board at St.Jude Counselling Centre, Angamaly	6 <sup>th</sup> October 2016.
44	Additional Examiner	Board of Examinations of B.Sc. and M.Sc. Examinations, M.G. University, Kottayam	2016 Onwards
45	External Examiner	VI Semester CBCSS (UG) FCS Degree Practical Examination at BCM College, Kottayam	9 <sup>th</sup> May 2016
46	External Examiner	M.Sc. Home Science Degree IV Semester Examination at St.Teresa's College, Ernakulam	8 <sup>th</sup> April 2016

47	Proficiency in M.Sc. Home Science (FRM)	S N College for Women, Kollam	2000
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### **JOURNAL PUBLICATIONS**

SL. No.	TITLE	NAME OF JOURNAL / VOL. NO / ISSUE NO / PAGE NOS	ISSN NO	MONTH / YEAR
1	Common Physical and Psychological Hazards of Old Age	Star Research Reach Vol.8 No.2 Pg. no. 45-51	0975-5101	December 2016

### **CONFERENCE PUBLICATIONS**

SL. No.	TITLE	NAME OF CONFERENCE	VENUE, MONTH / YEAR
1	Areas of Research for Quality Assurance in Teacher Education	National Seminar on Quality Assurance in Teacher Education	Gnanamani College of Education, Tamilnadu. December 2011
2	Coping with Challenging Behaviour	National Conference on Fine-tuning Student's Behaviour	Gnanamani College of Education, Tamilnadu. January 2014
3	Rights of Children	One day Basic Training Programme on Human Rights	Kerala University College of Teacher Education, Kayamkulam. October 2014

### **ORIENTATION/REFRESHER COURSES ATTENDED**

SL. No.	NAME OF THE PROGRAMME	NAME OF THE ORGANISER	MONTH/ YEAR
1	Orientation Programme XLII – UCG sponsored	UGC-HRDC, Kannur University, Kannur.	9 <sup>th</sup> to 29 <sup>th</sup> January 2020
2	Orientation Programme for the teachers of the University Colleges of Teacher Education	University of Kerala	November 2013



3	Orientation Programme on Restructured B.Ed. Curriculum-2013	CSI College of Education, Parassala	October 2013
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### **FACULTY DEVELOPMENT PROGRAMME/SHORT TERM COURSES ATTENDED**

<b>SL. No.</b>	<b>NAME OF THE PROGRAMME</b>	<b>NAME OF THE ORGANISER</b>	<b>MONTH/ YEAR</b>
1	Seven day Short Term programme on 'Early Education Matters! A Comprehensive Educator Programme'	Department of Home Science, St.Teresa's College, Ernakulam.	23 <sup>rd</sup> to 29 <sup>th</sup> November 2020
2	Two days online Research Advancement Programme (ReAP 2020) on 'Fostering Interdisciplinary Research in Young Minds'	Department of Home Science, St.Teresa's College, Ernakulam.	25 <sup>th</sup> & 26 <sup>th</sup> November 2020
3	Three days online Faculty Development Programme on 'Best Practices in Research'	The Research and Publication Committee of IQAC, Sree Narayana College, Nattika, Trissur.	2 <sup>nd</sup> , 4 <sup>th</sup> & 7 <sup>th</sup> November 2020
4	Three days Professional Development Programme on 'ICT Tools for Online Teaching'	IQAC, Morning Star Home Science College, Angamaly	28 <sup>th</sup> to 31 <sup>st</sup> October 2020
5	Five days online Professional Development Programme	The Management, Morning Star Home Science College, Angamaly.	3 <sup>rd</sup> to 8 <sup>th</sup> October 2020
6	Two weeks online course on 'Identification and Remediation of Specific Learning Disabilities'	Department of Home Science, St.Teresa's College, Ernakulam in association with Shishya Learning Centre.	9 <sup>th</sup> to 22 <sup>nd</sup> September 2020
7	Two weeks online Faculty Development Programme on 'Advanced Concepts For Developing MOOCS'	Teaching Learning Centre, Ramanujan College, University of Delhi.	2 <sup>nd</sup> to 17 <sup>th</sup> July 2020
8	Ten days online course in 'E-Teaching with Learning Management Systems'	The All Kerala Private College Teachers' Association.	June 2020

### **SEMINARS/WEBINARS/CONFERENCES/WORKSHOPS ATTENDED**

<b>SL. No.</b>	<b>NAME OF THE PROGRAMME</b>	<b>NAME OF THE ORGANISER &amp; SPONSORING AGENCY</b>	<b>VENUE &amp; DATE</b>	<b>LEVEL *</b>
1	National webinar on 'Paradigm Shift in Home Science Education'	Home Science Association of India (Kerala Chapter)	Online Platform 18 <sup>th</sup> & 20 <sup>th</sup> February 2021	National
2	National webinar on 'Management of Learning Disorders'	Aster KIND (Kids Integrated Neuro Developmental Center), Aster Medcity, Kochi	Online Platform 21 <sup>st</sup> & 22 <sup>nd</sup> November 2020	National
3	Webinar on 'Intellectual Property Rights- Concepts and Implications'	Research Cell, Library, IIC and IEDC of Morning Star Home Science College, Angamaly	Online Platform 18 <sup>th</sup> November 2020	Instituti onal
4	Webinar on 'What can I eat?'	PG & Research Department of Home Science, Morning Star Home Science College, Angamaly	Online Platform 15 <sup>th</sup> November 2020	Instituti onal
5	Webinar on 'Traditional Foods and Wellness'	IQAC and PG Department of Home Science, Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri	Online Platform 1 <sup>st</sup> November 2020	State
6	National webinar on 'Traditional Foods and Immunity'	Department of Family and Community Science, CMS College, Kottayam in association with Home Science Association of India- Kerala Chapter	Online Platform 12 <sup>th</sup> October 2020	National
7	National webinar on 'Academic Publishing and Research Prospects in Home Science' as part of "Explorigate", Research Webinar Series.	IQAC & the Research and Consultancy Cell, Vimala College, Thrissur	Online Platform 7 <sup>th</sup> August 2020	National

8	International Webinar on 'Adapting to the new norm of Education-Part III Mental Health Needs for Students and Faculty'	Department of Home Science, Assumption College, Changanassery and facilitated by resource persons from Northern State University, USA	Online Platform 30 <sup>th</sup> July 2020.	International
9	International Webinar on 'Solid Waste Management'	Post Graduate Department of Home Science, Sree Narayana College for Women, Kollam	Online Platform 29 <sup>th</sup> July 2020.	International
10	International Webinar on 'Adapting to the new norm of Education-Part II Navigating Change for Students and Faculty'	Department of Home Science, Assumption College, Changanassery and facilitated by resource persons from Northern State University, USA	Online Platform 29 <sup>th</sup> July 2020.	International
11	International Webinar on 'Adapting to the new norm of Education-Part I Hyflex Learning Model'	Department of Home Science, Assumption College, Changanassery and facilitated by resource persons from Northern State University, USA	Online Platform 28 <sup>th</sup> July 2020.	International
12	National Webinar on 'Fundamentals of IPR'	Department of Zoology, Morning Star Home Science College, Angamaly	Online Platform 22 <sup>nd</sup> July 2020.	National
13	Webinar on 'How to Submit a Winning Project Proposal'	IQAC of St. Joseph's College, Irinjalakuda and Morning Star Home Science College, Angamaly	Online Platform 20 <sup>th</sup> July 2020	Institutional
14	National Webinar on 'Advanced Materials for Future'	Department of Physics and IQAC of Morning Star Home Science College, Angamaly	Online Platform 29 <sup>th</sup> May 2020	National
15	National Webinar on 'Who is a Great Teacher'	IQAC of Morning Star Home Science College, Angamaly	Online Platform 28 <sup>th</sup> May 2020	National

16	International webinar on 'Innovative Teaching Strategies for Intellectually Diverse Students'	Department of Home Science and Centre for Research, St.Teresa's College, Ernakulam in association with IQAC	Online Platform 27 <sup>th</sup> May 2020	International
17	International webinar on 'Rethinking Sustainability and Development in Times of COVID-19'	Department of Chemistry, Morning Star Home Science College, Angamaly in collaboration with Sustainable Futures in Africa.	Online Platform 17 <sup>th</sup> May 2020	International
18	International webinar on 'Nurturing Physical, Mental and Social Health during and post Covid 19'	Institute of Home Science, Dr.Bhimrao Ambedkar University, Agra	Online Platform 16 <sup>th</sup> May 2020	International
19	National Webinar on 'Skills for Fourth Industrial Revolution Post Covid 19'	Department of English, Morning Star Home Science College, Angamaly	Online Platform 16 <sup>th</sup> May 2020	National
20	National Webinar on 'Impact of Covid-19 on the Indian Economy: Problems and Prospects'	Department of Economics, Morning Star Home Science College, Angamaly	Online Platform 14 <sup>th</sup> May 2020	National
21	National Webinar on 'Effective Ways of Reaching Millennium Learners'	Department of Chemistry, Morning Star Home Science College, Angamaly	Online Platform 10 <sup>th</sup> May 2020	National
22	National Webinar on 'Being Next-Gen Entrepreneur'	Albertian Centre for Human Resource Development and Research, St. Albert's College, Kochi.	Online Platform 24 <sup>th</sup> April 2020	National
23	Workshop for 'Restructuring Under Graduate Curriculum and Syllabus'	Kannur University	Nirmalagiri College, Kannur 13 <sup>th</sup> May 2019	National
24	Seminar on 'Online Databases and Information Retrieval'	IQAC and Library, Morning Star Home Science College, Angamaly	Morning Star Home Science College. 12 <sup>th</sup> March 2019	Institutional

25	International conference on 'Air Pollution and Monitoring'	School of Environmental Sciences, Mahatma Gandhi University, Kottayam	School of Environmental Sciences, Mahatma Gandhi University, Kottayam 9 <sup>th</sup> , 10 <sup>th</sup> and 11 <sup>th</sup> March 2019	International
26	International seminar on 'Poetics of Art and Media on Fashion'	Department of Fashion Designing, Women's Study Centre, St. Teresa's College, Ernakulam	St. Teresa's College, Ernakulam 21 <sup>st</sup> February 2019	International
27	National seminar on 'Current Trends in Organic and Computational Chemistry'	Department of Chemistry, Morning Star Home Science College. Sponsored by UGC	14 <sup>th</sup> and 15 <sup>th</sup> February 2019	National
28	Workshop on 'PG CSS Syllabus revision'	M. G. University, Kottayam	E-Learning centre, CMS College, Kottayam 6 <sup>th</sup> and 7 <sup>th</sup> December 2018	State
29	International conference on 'Innovations and Challenges in Food processing Sector'	B.Voc. Food Processing Technology, St. Teresa's College, Ernakulam Sponsored by UGC	St. Teresa's College, Ernakulam 9 <sup>th</sup> and 10 <sup>th</sup> February 2018	International
30	Workshop on 'Redesigning of courses for Outcome Based Education (OBE)'	Kerala State Higher Education Council in association with Mahathma Gandhi University	Mahathma Gandhi University Campus, Kottayam 17 <sup>th</sup> , 18 <sup>th</sup> and 19 <sup>th</sup> January 2018	National
31	Workshop on 'Art of Parenting and Science of Parenting'	St. Jude Home Science Institute, Angamaly and NIMHANS, Bangalore	St. Jude Counseling Centre, Angamaly 1 <sup>st</sup> and 2 <sup>nd</sup> December 2017	International
32	Seminar on 'Nurturing Naturalistic Intelligence to craft a Green World'	Organized by Kerala University College of Teacher Education, Kayamkulam, Sponsored by Kerala State Council for Science, Technology	Kerala University College of Teacher Education, Kayamkulam 9 <sup>th</sup> June 2017	State

		and Environment, Trivandrum		
33	National Seminar on 'Social Entrepreneurship: Avenues and Challenges in Home Science'	Dept. of Home Science, Govt. College for Women. Sponsored by Directorate of Collegiate Education, Govt. of Kerala.	Govt. College for Women, Thiruvananthapuram 29 <sup>th</sup> & 30 <sup>th</sup> November 2016	National
34	One Day Basic Training Programme on 'Human Rights'	Kerala University College of Teacher Education, Kayamkulam. Sponsored by National Human Rights Commission, New Delhi	Kerala University College of Teacher Education, Kayamkulam. 29 <sup>th</sup> October 2014	Instituti onal
35	State Seminar on 'Scientific Temper- An Individual and Social process of Thinking and acting'	Kerala University College of Teacher Education, Nedumangad. Sponsored by Kerala State Council for Science, Technology and Environment	Kerala University College of Teacher Education, Nedumangad 24 <sup>th</sup> February 2014	State
36	National Conference on 'Fine-tuning Student's Behaviour'	Gnanamani College of Education.	Gnanamani College of Education, Tamilnadu. 27 <sup>th</sup> & 28 <sup>th</sup> January 2014	National
37	Creative Workshop for 'Drafting & Editing of B.Ed. Home Science curriculum 2013'	Board of Studies, University of Kerala	Mar Theophilus Training College, Thiruvananthapuram 1 <sup>st</sup> to 5 <sup>th</sup> April 2013	Instituti onal
38	State Seminar on 'Genetically Modified Crops and Food Security- Issues and Prospects'	Kerala University College of Teacher Education, Nedumangad. Sponsored by Kerala State Council for Science, Technology and Environment.	Kerala University College of Teacher Education, Nedumangad 28 <sup>th</sup> February 2013	State

39	Workshop for the 'Revision of B.Ed. Home Science curriculum 2013'	Board of Studies, University of Kerala	University of Kerala 22 <sup>nd</sup> & 23 <sup>rd</sup> February 2013	Institutional
40	Counseling Program on 'Adolescent Mental Health Issues'	Child Development Centre in association with Kerala University College of Teacher Education, Thiruvananthapuram	Kerala University College of Teacher Education, Kumarapuram. 28 <sup>th</sup> November 2012	Institutional
41	National Seminar on 'Quality Assurance in Teacher Education'	Gnanamani College of Education. Sponsored by NAAC	Gnanamani College of Education, Tamilnadu. 16 <sup>th</sup> & 17 <sup>th</sup> December 2011	National

#### **SEMINARS/WORKSHOPS ORGANIZED**

<b>SL. No.</b>	<b>NAME OF THE SEMINAR</b>	<b>NAME OF THE ORGANISER &amp; SPONSORING AGENCY</b>	<b>VENUE &amp; DATE</b>	<b>POSITION HELD</b>	<b>LEVEL *</b>
1	Webinar on 'What can I eat?'	PG and Research Department of Home Science, Morning Star Home Science College, Angamaly	Online platform 15 <sup>th</sup> November 2020	Member, Organizing committee	State
2	Webinar series on 'Organic Farming- A Sustainable Path for worthy Health and Wealth'	PG and Research Department of Home Science, Morning Star Home Science College, Angamaly in collaboration with the ICAR- Krishi Vigyan Kendra, Kottayam	Online platform 15 <sup>th</sup> to 17 <sup>th</sup> October 2020	Member, Organizing committee	State
3	National webinar on 'Nutrients to Boost Immune Function- Fight Covid 19'	PG and Research Department of Home Science, Morning Star Home Science College, Angamaly	Online platform 20 <sup>th</sup> May 2020	Member, Organizing committee	National
4	Two-day State level workshop on	PG and Research Department of	Morning Star Home Science	Member, Organizing	State

	‘Research Methodology’	Home Science, Morning Star Home Science College, Angamaly	College, Angamaly 1 <sup>st</sup> and 2 <sup>nd</sup> August 2019	committee	
5	‘Grahadarshan 2018’ - One day self employment training programme	Department of Home Science, Morning Star Home Science College, Angamaly	Morning Star Home Science College, Angamaly 27 <sup>th</sup> October 2018	Member, Organizing committee	Institutional
6	‘Deck The Halls’ - a five day Bakery and Confectionery Workshop	Department of Home Science, Morning Star Home Science College, Angamaly	Morning Star Home Science College, Angamaly 12 <sup>th</sup> to 16 <sup>th</sup> December 2017	Member, Organizing committee	Institutional
7	‘Grahadarshan 2017’ - One day self employment training programme	Department of Home Science, Morning Star Home Science College, Angamaly	Morning Star Home Science College, Angamaly 7 <sup>th</sup> October 2017	Member, Organizing committee	Institutional
8	National Seminar on ‘Food Safety and Quality Assurance- A Comprehensive Perpetual Perspective’	Dept. of Home Science, Morning Star Home Science College. Sponsored by UGC	Morning Star Home Science College, Angamaly. 11 <sup>th</sup> & 12 <sup>th</sup> August 2016	Member of Organizing Committee	National Seminar
9	One day Training Programme on ‘Adolescent Mental Health & Reproductive Health’	Kerala University College of Teacher Education, Kumarapuram in association with Child Development Centre, Medical College, Thiruvananthapuram	Kerala University College of Teacher Education, Kumarapuram. 10 <sup>th</sup> February 2011	Member of Organizing Committee	Institutional
10	Two day Training Programme on ‘Life Skills For Student Teachers’	Kerala University College of Teacher Education, Kumarapuram in	Kerala University College of Teacher	Member of Organizing Committee	Institutional



		collaboration with Council for Teacher Education	Education, Kumarapuram. December 2011		
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### PROFESSIONAL AFFILIATIONS/MEMBERSHIPS

- Life member of Home Science Association of India

### INVITED TALKS/IN MEDIA/ANY OTHER

- Talk on '**Outcome Based Education**' as part of Professional Development Programme , organized by IQAC of Morning Star Home Science College, Angamaly on 19<sup>th</sup> October 2020.
- Talk on '**Food preservation and Adulteration**' as part of Technology Management Development Program on Food Sector organized by District Industries Centre, Ernakulam in association with PG and Research Department of Home Science and Department of Economics of Morning Star Home Science College 11<sup>th</sup> February 2020.
- Talk on '**Developmental aspects of pre-school children**' as part of World Food Day organized by PG and Research Department of Home Science to the parents of pre-school children in the Anganwadi located in Cheriavappalasseri at Nedumbassery Panjayat on 16<sup>th</sup> October 2019.
- Talk on '**Environment-friendly food habits**' as part of seminar on 'Nurturing Naturalistic Intelligence to craft a Green World' organized by KUCTE, Kayamkulam and Sponsored by Kerala State Council for Science, Technology and Environment on 9<sup>th</sup> June 2017.
- Talk on '**Child development**' as part of Creche workers' training programme, organized by Kerala State Social Welfare Board at St.Jude Counselling Centre, Angamaly on 6<sup>th</sup> October 2016.

### POSITIONS HELD IN COLLEGE

- Staff Secretary, 2020-2021
- Class advisor – II B.Sc. FCS 2020-2021
- In charge of College Portal, 2020-2021
- Class advisor – II B.Sc. FCS 2019-2020

• In charge of College Website and College Portal, 2018-2020
• Coordinator, Walk With a Scholar Programme, 2018-2020
• Joint Coordinator, Save A Star Programme, 2018-2019
• Class advisor – III B.Sc. FCS 2018-2019
• Magazine Editor, 2017-2018
• Class advisor – II B.Sc. FCS 2016-2018
• Walk With a Scholar Mentor. 2016-2018
• Union Advisor, 2016-2017

### **PG PROJECTS GUIDED**

<b>SL. No.</b>	<b>TITLE</b>	<b>YEAR</b>
1	Role of parents in fostering Autistic children	2020
2	The social, moral and religious behaviour among children of working and non working mothers	2020
3	A comparative study on the academic and co-curricular activities of selected government and government aided senior secondary schools	2019
4	Consumer behavior of working and non-working women in urban and rural area	2019
5	Trends in play habits and its impact on developmental aspects of children.	2017
6	Influence of parents in the academic achievements of children.	2017

### **UG PROJECTS GUIDED**

<b>SL. No.</b>	<b>TITLE</b>	<b>YEAR</b>
1	Preference of sterilized flavoured milk among adolescent girls.	2020
2	Development of fabric painted products.	2020
3	Coffee addiction among men and women.	2020

4	Event management practices and customer preferences.	2019
5	Role of parents in character formation among pre-school children.	2019
6	Clothing trends among late adolescent girls.	2019
7	Evaluation of the effectiveness of an educational toy developed for Preschool children.	2018
8	Comparative study on the role of anganwadi and playschool in developmental aspects of pre-school children.	2018
9	Role of anganwadi and playschool in developing physical, motor, cognitive and language skills among pre-school children.	2018
10	Aggressive behaviour of pre-school children while playing.	2017
11	Influence of visual media on social behaviour of school going children.	2017
12	Health problems among working women.	2017

## LECTURE NOTES

- Human Development
- Family Dynamics
- General Psychology
- Guidance and Counseling
- Early Childhood Care Education
- Early Intervention for Infants and Exceptional Children
- Interior Decoration and Related Arts
- Research methodology

## REFERENCES

- Dr.Sunith Kumar G.N., Principal, KUCTE, Nedumangad, Trivandrum
- Smt.Sheeja C. Haran., Former HOD, Dept. of Home Science, S N College for Women, Kollam