NAME	Sr. ShemiGeorge
DESIGNATION	Asst. Professor
QUALIFICATION	M.Sc., M.Phil., Ph.D
EMAIL ID	srshemigeorge@gmail.com
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### TEACHING INTERESTS

**Nutrition, Food science, physiology** 

## RESEARCH AREAS

Nutrition, Health science

**ACADEMIC/PROFESSIONAL QUALIFICATIONS\*** 

NAME OF THE PROGRAMME	INSTITUTION/UNIVERSITY	YEAR OF PASSING
B.sc	Morning Star Home Science College, Angamaly M.G University,Kotayam	2004
M.sc	AvinashilingamUniversity, Coimbatore	2006
M.phil	Mother Teresa University, Kadaikannal	2008
Ph.d	Periyar University, Salem	2013
Certificate course in counseling	Subodhana Regional Pastoral Center , Angamaly	2018

### CAREER HISTORY/TEACHING EXPERIENCE

DESIGNATION	INSTITUTION/UNIVERSITY	YEAR OF SERVICE
Lecturer	Morning Star Home Science College, Angamaly	3
Asst. professor	Morning Star Home Science College, Angamaly	7

### **PHD THESIS**

SL.NO	TITLE	GUIDE NAME	INSTITUTION	MONTH/YEAR
1	Effect Of Processing On Nutritional And Pharmacological Activities Of Pumpkin Seed	Dr.P. Nazni	Periyar university, salem	July, 2013

## RESEARCH GUIDESHIP

• M.G University, Kottayam

### M.PHIL/PH.D GUIDED

SL.NO	NAME OF THE STUDENT	TITLE	UNIVERSITY & WORK CENTRE	MONTH/ YEAR
1	Lakshmi A.S.		M.G University, Kottayam, Morning Star Home Science College Angamaly	Pursuing
2	Sajitha Suseelan S		M.G University, Kottayam, Morning Star Home Science College Angamaly	Pursuing
3	Sherine Abraham		M.G University, Kottayam, Morning Star Home Science College Angamaly	Pursuing

## RESEARCH PROJECTS/GRANTS RECEIVED

SL.NO	TITLE	INVESTIGATORS	SPONSORING AGENCY	MONTH/ YEAR
1	Supplementary Effect of Pumpkin Seeds on Memory Function in Animal and Human Models	and Dr. Lizmitha	UGC	2014-2016

## **AWARDS/ACHIEVEMENTS/OTHERS\***

SL.NO.	NAME OF AWARDS/ ACHIEVEMENTS/OTHERS	DESCRIPTION	MONTH/ YEAR
1.	Doctor of letters (D.Litt.)	University of south America	March, 2018
2.	2 <sup>nd</sup> prize for poster competition	National seminar on Rising Cancer: A Raising Concern	December 2017
3.	2 <sup>nd</sup> prize for poster competition	National seminar on sustainable health and wellness- issues and challenges- Topic- A Study On Prevalence Of Helminthes Infection Among Pre-School Children-	August 2015

# \*BEST PAPER, BEST POSTER, ANY OTHER POST HELD ETC...

## **JOURNAL PUBLICATIONS**

SL.NO.	TITLE	NAME OF JOURNAL / VOL. NO / ISSUE NO / PAGE NOS	ISSN NO	MONTH / YEAR
1.	Impact of Water on Human Health	Star Research Reach,12-22	0975-5101	Vol 10,11 .no1, 2, June, December 2018.
2.	A Study on Superiority of Human Milk over Cow's Milk	Star Research Reach,38-45	0975-5101	Vol10,11 .no1, 2, June, December 2018.
3.	A comparative study on the perception and attitudes of young adults about marriage and family life"	International Journal of Home Science, 228-230.	2395-7476 Impact factor- RJIF 5.3	2018 June – August
4.	A study on anthelmintic effect of the selected spices	International Journal of Home Science, 14-16	2395-7476 Impact factor- RJIF 5.3	Vol 3,issue 1 , January-April, 2017
5.	Effects of herbal drink on overweight among young adult women	International Journal of Home Science,228-230	2395-7476 Impact factor- RJIF 5.3	Vol 3,issue 1 , January-April, 2017
6.	A study on allergies in	Star Research Reach	0975-5101	Vol 8 .no 2

	people			December 2016.
7.	A study on anthelmintic effect of the Selected vegetables	Int. J. Cur. Tr. Res (2015)4 (1):94-97 www.injctr.com	2278-8042	24 December 2015
8.	A study on effect of pumpkin seed on memory function of school going children	Star Research Reach	0975-5101	Vol.7 .no 2 December 2015.
9.	Prevalence of obesity and food consumption pattern among school going children.	Star Research Reach	0975-5101	Vol.6. No. 1. June 2014.
10.	Optimization of autoclave pumpkin seed bread using response surface"	Elixir Food Science	2229-712X	(2012).45, 7774-7780
11.	Formulation and optimization of functional bread by employing response Surface methodology	International Journal of Current Research	0975-833X	4(06) (2012). 008-014.
12.	Antidepressive activity of processed pumpkin (cucurbita maxima) seeds on rats	Int. J. Pharm. Med. & Bio. Sc.	2278-5221	(2). 2012. 1-7
13.	Effect of Amla extract on Hypercholesterolemia subject	Star Research Reach	0975-5101	Vol.1. No. 2. June 2010. Page No-60-

## **CONFERENCE PUBLICATIONS**

SL.NO.	TITLE	NAME OF CONFERENCE	VENUE, MONTH / YEAR
1	Life style modification in management of diabetes mellitus.	International conference on current approaches in Nutraceuticals and food technology for diabetes management	Periyar university salem on January 24-25, 2019.

Development of Healthy Breakfast for Elderly People
Cancer: A Raising Concern  College, Ernakulam  Cancer: A Raising Concern  College, Ernakulam  College Angaricultural Sciences, And Sciences, Bangalore .25- 27th August 2016  Morning Star Home Science College Angamaly  August 12 & 13, 2015  A Study On Prevalence Of Helminthes Infection  National seminar on sustainable health and wellness- issues and National seminar on sustainable health and wellness- issues and National seminar on sustainable health and wellness- issues and National seminar on Science College Angamaly August 12 & 13, 2015
on overweight among young adult women  Sciences And Food Technologies For Sustainable Productivity And Nutritional Security  Memory function of pumpkin seed extract on animals  Relationship Between Blood Groups With Health Status  Relationship Between Blood Groups With Health Status  Agricultural Sciences And Food Technologies For Sustainable Productivity And Nutritional Security  National seminar on Food Safety and Quality Assurance — A Comprehensive Perpetual Perspective  National seminar on sustainable health and wellness- issues and challenges, Dept. of Home Science, M.S.H.S. College, Angamaly  Agricultural Sciences And Food Technologies For Sustainable Productivity And Nutritional Security  Morning Star Home Science College Angamaly August 12 &13, 2015  Morning Star Home Science College Angamaly August 12 &13, 2015
pumpkin seed extract on animals  Safety and Quality Assurance – A Comprehensive Perpetual Perspective  Relationship Between Blood Groups With Health Status  National seminar on sustainable health and challenges, Dept. of Home Science, M.S.H.S. College, Angamaly  A Study On Prevalence Of Helminthes Infection  Prevalence Of Washing Science College Angamaly National seminar on sustainable health and wellness- issues and wellness- issues and August 12 &13, 2015
Blood Groups With Health Status  Science College Angamaly August 12 &13, 2015  A Study On Prevalence Of Prevalence Of Helminthes Infection  Science College Angamaly August 12 &13, 2015  Morning Star Home Science College Angamaly August 12 &13, 2015
Prevalence Of sustainable health and Helminthes Infection wellness- issues and Science College Angamaly August 12 &13, 2015
Children Science, M.S.H.S.College, Angamaly
A Study on Prevalence of Iron Deficiency Anaemia among Young Adult Women  National seminar on sustainable health and wellness- issues and challenges, Dept. of Home Science, M.S.H.S. College, Angamaly  Morning Star Home Science College Angamaly August 12 &13, 2015
9 Effect of Germinated Pumpkin on Depressed Rats  National seminar on Functional foods- the Current Perceptive In Preventive Nutrition,  National seminar on Functional foods- the November, 25 & 26, 2014
10 "Effective utilization National conference on Dept. of Biochemistry,

	of Processing techniques and its Pharmacological Activities of Pumpkin Seed	"Implications and intervention of Phytomedicine in disease management.	Periyar University, Salem February 18-19, 2013.
11	Effect of supplementation of pumpkin seeds on hypercholesterolemia in animal and human models"	National seminar emerging trends in family and community science,	Govt, college for women Trivandrum October 25th2013
12	Optimization of Germinated Pumpkin Seed Bread by Employing Esponse Surface Methodology	National conference on Food Technological Interventions for Health and Nutrition Security,	Periyar University, Salem.March 15 <sup>th</sup> and 16 <sup>th</sup> 2012
13	"Comparison Of Physical And Chemical Properties of Raw Dried and Roasted Pumpkin Seed Power"	National conference on Recent Trends In Food Processing And Health Scenario In India,	Muslim Arts College, Thiruvithancode, Tamil Nadu .January 27 <sup>th</sup> 2012
14	"Effect of Pumpkin Seed Extract on Hypercholesterolemia Rats"	National conference on "Current Status and Future Prospects of Plant Therapeutics and Phytomedicine,.	Dept. of Biochemistry, Periyar University, Salem February 13-14 <sup>th</sup> 2012
15	"Optimization of Pumpkin Seed Bread Using Response Surface Methodology"	"International symposium on Functional Foods and Health",.	Dept. of Food Science, Periyar University, Salem 19 <sup>th</sup> November 2011.
16	Comparison of Physical and Chemical Properties of Raw Dried and Autoclave Pumpkin Seed Powder	"National conference on Prognosis of Food Processing Sector in Health Promotion,	NGP Arts and Science College, Coimbatore, 29th August 2011.
17	Physicochemical properties of pumpkin Seed Flour	"International Conference on Food and Nutraceuticals for Nutrition and Health: Technology and Delivery,	Periyar University, Salem 20 <sup>th</sup> to 22 <sup>nd</sup> January 2011.

18	"Study on Pumpkin Seed Powder Incorporated Biscuit"	National conference on" Biotechnology, Bioinformatics and Bioengineering	17 <sup>th</sup> and 18 <sup>th</sup> December 2010" in Dharmapuri
19	"Pharmacological Activities of Pumpkin seed"	Seminar on "Emerging Trends in Biotechnological Approaches for Infectious Disease Management,	Dept. of Biotechnology, Periyar University, Salem 29 <sup>th</sup> November 2010.
20	The effect of Amla extract on hypercholesterolemia subject	National science day	28 <sup>th</sup> February 2010

ARTICLES IN PERIODICALS/MAGAZINES/ANY OTHER

SL.NO.	TITLE	NAME OF PERIODICAL	MONTH/ YEAR
	Nil		

## BLOG/WEB ARTICLES

SL. NO.	TITLE	URL	SUBJECT	MONTH / YEAR
1	Antidepressive activity. Of processed pumpkin. (cucurbita maxima) seeds on rats.	new.ijpmbs.com/ view.php?iid=54	Web article	2012
2	Effect of pumpkin seeds on memory function in rats.	www.iccsk.org/ events.htm		2011
3	Effective utilization of processing techniques on nutritional and pharmacological activities of pumpkin seeds	URL: http://shodhganga.in flibnet.ac.in/handle/1 0603/40393	Web dissertation	2015
4	Optimization of autoclave pumpkin seed bread using response surface methodology.	www.elixirpublishers.c om/articles/ 1350371726_45%20(2 012)%207774-7780	Web article	2012
5	A study on anthelmintic effect of the selected vegetables	injctr.com/ Archives.aspx? ID=2&Value=Issue	Web article	December,2015

BOOKS AS AUTHOR/EDITED/CHAPTERS/REVIEWS

SL.NO	TITLE	<b>AUTHOR NAMES</b>		
			ISBN NO.	MONTH/ YEAR
1	Star Research Reach Vol.10,11, No1,.2:	Co-editor	0975-5101	June, December 2018
2	Star Research Reach Vol.9, No.2:	Co-editor	0975-5101	January 2017
3	Star Research Reach Vol.9, No.1:	Co-editor	0975-5101	June 2016
4	Sustainable Health and Wellness - Issues and Challenges	Editor	978-81-7255- 070-7	August 12 &13, 2015
5	Star Research Reach Vol.9, No.2:	Co-editor	0975-5101	December 2015
6	Star Research Reach Vol.8, No.1:	Co-editor	0975-5101	June 2015
7	Star Research Reach Vol.7, No.2:	Co-editor	0975-5101	December 2014
8	Star Research Reach Vol.5, No.1:	Co-editor	0975-5101	December 2013
9	Proceedings in the UGC sponsored National Seminar, "Burn Out syndrome: Prevention and coping strategies"	Co-editor	-	August 2013

## ORIENTATION/REFRESHER COURSES ATTENDED

SL.NO	NAME OF THE PROGRAMME	NAME OF THE ORGANISER	MONTH/ YEAR
1	Orientation programme	Academic Staff College, Thiruvananthapuram	30.1.2014 to 26.2.2014
2	Refresher course	University Of Madras, Chennai.	15.09.2016- 05.10.2016
3	National workshop in interdisciplinary research methodology	SreeSankaracherya University Of Sanskrit,Kalady,Kerala	6.05.2019- 20.05.2019

SEMINARS/CONFERENCES/WORKSHOPS ATTENDED#

SL. NO	NAME OF THE PROGRAMME	NAME OF THE ORGANISER& SPONSORING AGENCY	VENUE & DATE	LEVEL *
1.	International conference on current approaches in Nutraceuticals and food technology for diabetes management	SERB	Periyar university salem on January 24-25, 2019.	Internation al
2.	National seminar on Current Trends in Organic And Computational Chemistry	KSCSTE	Morning Star Home Science College Angamaly, 14 <sup>th</sup> and 15 <sup>th</sup> February 2019	National
3.	National seminar on the Keto Fad: A Critical Approach to the Phenomenon	Dept. of Clinical Nutrition And Dietetics, Women Study Center	St. Teresa's, College, Ernakulam, 18 <sup>th</sup> February 2019.	National
4.	International conference on Innovations and Challenges in Food Processing Sector	UGC	St. Teresa's, College, Ernakulam 9-10/2/2018	International
5.	Workshop on Maximizing Efficiency In Institutional Administration: Potentials and Possibilities	Administrative Staff Of The Cochin College	The Cochin College, Feb,3 2018.	State
6.	National seminar onRaising Cancer: A Raising Concern	UGC	15/12/2017 St. Teresa's, College, Ernakulam	National
7.	Workshop on restructuring of curriculum and syllabus of the UG programme	MG university	CMS College,Kottayam, 7/4/2017	State
8.	National seminar on A Discourse on Health, Lifestyle and Biosphere Survival	PG and Research Department Zollogy, Directorate of College Education Government of Kerala	Maharaja's College, Ernakulam	National
9.	Workshop on capacity building	New Initiatives In Higher Education ,Govt. Of Kerala	26/10/2016- 27/10/2016, Loyola College of social science, Trivandrum	State
10.	International Conference on Agricultural Sciences And Food Technologies For Sustainable Productivity And	University of Agricultural Sciences,	University of Agricultural Sciences, Bangalore .25-	International

	Nutritional Security		27 <sup>th</sup> August 2016	
11.	National seminar on Food Safety and Quality Assurance – A Comprehensive Perpetual Perspective	UGC	Morning Star Home Science College Angamaly, 12 <sup>th</sup> August 2016	National
12.	National Conference on "Food Safety in India- Current Issues and Carrer Prospects National Biotechnology	St. peter,s college, Kollancherry	October,8-9 <sup>th</sup> 2015	National
13.	"Sustainable health and wellness- issues and challenges	UGC, M.S.H.S. Angamaly.	August 12 th and 13 <sup>th</sup> 2015	National Conference
14.	"Functional foods: the current perspective in preventive nutrition	Alphonsa College, Pala UGC	November 25 <sup>thand</sup> 26 <sup>th</sup> 2014	National Conference
15.	Traditional foods- a key to comprehensive health and longevity	M.S.H.S. college, Angamaly. UGC	August 7 <sup>th</sup> and 8 <sup>th</sup> 2014	National Seminar
16.	"Changing status of women in indie: its issues and challenges"	M.S.H.S. Angamaly. UGC	July,25 <sup>th</sup> and 26 <sup>th</sup> 2013	National Conference
17.	"Emerging trends in family and community science	Govt, college for women Trivandrum,UGC	October,25 <sup>th</sup> 2013	National Seminar
18.	National conference on "Implications and intervention of phytomedicine in disease management"	Dept. ofBiochemistry, Periyar University, Salem.	February 18-19, 2013	National Seminar
19.	"Life Style Disease – An Emerging Issue"	M.S.H.S. Angamaly. UGC	August 16 <sup>th</sup> and 17 <sup>th</sup> , 2012	National Seminar
20.	Workshop on young lecturers of Christian in India towards developing foundational leadership	Chithanya pastoral centre, 1. Kottayam	July,28,2012	National Workshop
21.	"International Conference on Sports and Nutrition: Modern Scientific Technologies to Empower	Avinashilingam University, Coimbatore.	March 8 <sup>th</sup> and 9 <sup>th</sup> 2012	National Seminar

	Sports Personal			
22.	Recent Trents in Food Processing and Health Scenario in India	Muslim Arts College, Thiruvithancode, Tamil Nadu	January 27 <sup>th</sup> 2012.	CONFERE NCE
23.	"Food Technological Interventions For Health and Nutrition Security"	Periyar University, Salem	March 15 <sup>th</sup> and 16 <sup>th</sup> 2012	National Seminar
24.	"Trends In Perishable Food Processing And Its Quality Control Techniques"	Periyar University, 2. Salem ,Tamil Nadu	February,27 <sup>th</sup> , 2012.	National Seminar
25.	"HACCP and Quality Control Issues in Food Industry"	Periyar University, Salem	August,22 <sup>nd,</sup> 2011.	Workshop
26.	"Prognosis of Food Processing Sector in Health Promotion"	Periyar university, salem	August,29 <sup>th</sup> 2011.	National Seminar
27.	Food and Nutrition Prospects in Human Nutrition	Periyar University, Salem, Tamil Nadu on	October ,21 <sup>st</sup> 2011.	National Seminar
28.	"International symposium on Functional Foods and Health"	Periyar University, Salem,	November,19 <sup>th</sup> ,20	Inter National Symposium
29.	"Food and Nutrition Challenges and Prospects in Human Health"	Periyar University, Salem	February,25 <sup>th</sup> and 26 <sup>th</sup> 2010.	National Seminar
30.	Food and Nutraceuticals for Nutrition and Health: Technology and Delivery	Periyar University, Salem,	January ,20 <sup>th</sup> to 22 <sup>nd</sup> 2011.	International Confrerence
31.	Food Processing and Marketing	Vellalar College for Women. Erode, Tamil Nadu.	February,1st 2011	Natioal Seminar
32.	Pediatric Nutrition and Health	Women's Christian college Chennai	September, 4 <sup>th</sup> 2010.	National Conference
33.	Biotechnology, Bioinformatics and Bioengineering	Biotechnology Association, Dharmapuri	December, 17 <sup>th</sup> and 18 <sup>th</sup> 2010.	National conference
34 <b>3. 4.</b>	Emerging Trends in Bi technological Approaches for Infectious Disease Management	Dept. ofBiotechnology, Periyar University, Salem. Ugc /icmr	November, 29 <sup>th</sup> 2010.	State
35 <b>5.</b>	Impact of migration on the Kerala Economy	M.S.H.S College, Angamaly	August 25-26 <sup>th</sup> 2008	National

36.	Women empowerment through science and technology	Swasrayabharath -2008	October 20 <sup>th</sup> 2008	national
37.	Recent trends in nutritional science	Avinashilingamuniversity,Coim batore	March 15-16 <sup>th</sup> 2006	National
38.	Pre conference Workshop on Epidemological Tools in Assessment of Nutritional Status	National institute of Nutrition, Hyderabad	November 17 <sup>th</sup> 2005	National
39.	Annual Conference	National institute of Nutrition,Hyderabad	November 18-19 <sup>th</sup> 2005	National
40.	Workshop on Patent Aweareness and Intellectual Property Rights	Avinashilingam Deemed University, Coimbatore	October 27 <sup>th</sup> 2004	Regional
41.	Seminar on Planning,Preparing and Presenting Project Work	Dept. of Economics, Morning Star College, Angamaly	21 <sup>st</sup> and 22 <sup>nd</sup> November 2002	Internation al
42.	Conference on Impact of Women's Empowerment on the Modern Society	Dept. of Home Science Morning Star College, Angamaly	September 14 <sup>th</sup> 2001	National

<sup>\*</sup>INSTITUTIONAL, REGIONAL, STATE, NATIONAL, INTERNATIONAL# (MENTION THOSE WHICH ARE RELEVANT & PREFERABLY WITHN PAST 5 YEARS)

## **SEMINARS ORGANIZED**

SL.NO	NAME OF THE SEMINAR	NAME OF THE ORGANISER & SPONSORING AGENCY	VENUE & DATE	POSITION HELD	LEVEL *
1	Workshop on Deck the Halls	Dept. of Home Science at Morning Star Home Science Colege, Angamaly	Dept. of Home Science at Morning Star Home Science Colege, Angamaly on 12 <sup>th</sup> -16 <sup>th</sup> December 2017- State	Organizing	State
2	National seminar on Food	UGC Morning Star Home Science College	, 12th August 2016 National	Organizing	National

	Safety and Quality Assurance – A Comprehensive Perpetual Perspective	Angamaly			Seminar
3	Burn out syndrome prevention and coping strategies	M.S.H.S.College, Angamaly. UGC	M.S.H.S. college, Angamaly. August 16 <sup>th</sup> and 17 <sup>th</sup> , 2013	Organizer	National Seminar
4	Traditional foods- a key to comprehensive health and longevity	UGC,M.S.H.S. college, Angamaly.	7 <sup>th</sup> and 8 <sup>th</sup> 2014	organizer	National Seminar
5	Sustainable Health and Wellness - Issues and Challenges	M.S.H.S. college, Angamaly.	12 & 13 <sup>TH</sup> AUGUST,201 5	Organizer	National Seminar

#### \*INSTITUTIONAL, REGIONAL, STATE, NATIONAL, INTERNATIONAL

#### PROFESSIONAL AFFILIATIONS/MEMBERSHIPS

Life membership in Nutrition Society of India from 2009.

Life membership in home science association of India from 2017.

#### INVITED TALKS/IN MEDIA/ANY OTHER

- Jaivam organic literacy programed, Kurupumthara, Kottayam **2017-2018.**M G University Kottayam
- •
- MSME classes in morning star college
- A lecture class for Parakkadavu block about nutmeg on 2013
- Invited talks in agro food processing industries and district industry center on 17<sup>th</sup> January 2009 at M.S.H.S College, Angamaly.
- Five day training program for trainers on nutrition and health collaborated with food and nutrition board, Kochi. On 23-3-2009 to 27-03-2009.
- Cooking classes on vine, cake in ACV channel-December, 2009
- Class on health for adolescent girls in Parakadavublock panchayath in 2007 august.
- Class on Kakkand for Kudumbasree members -2009

# • Class in DIST Collegeon "Nutritional awareness among women Angamaly-2007july 25th.

POSITIONS HELD IN COLLEGE	
NSS programme office 2017 onwards	
UGC COORDINATOR - 2013 -2017	
Scholar Supportive Programme Coordinator-2015-2017	
STAFF SECRETARY-2014-2015	
HOSTEL ASSISTANT WARDEN-2012-2013	
HOSTEL ASSISTANT WARDEN-2007-2008	

## **PG PROJECTS GUIDED**

SL.NO	TITLE	MONTH/ YEAR
1	Assessment of symptoms and nutritional management in young adult wit polycystic ovary syndrome	h <b>2019</b>
2	Consumption of Fresh and Dried Fruits	2019
3	Impact of water on human health	2017
4	Health status of regular and irregular fish consumers	2017
5	Comparative study on health status among urinary calculi and non-urinary calculi patient	2017
6	The effect of yoga on quality of life	2017
7	A study on food preference and health status with reference to blood group	2015
8	Impact of supplementation of garden cress seeds incorporate nutrition rich food supplement among young adult anemic woman	2015
9	A study on prevalence of Helminthes infection among pre-school children and Anthelmintic effects of selected plant's food	2015
10	Effect of Pumpkin Seeds On Memory Function Among School Going Children	2014
11	Effects of Herbal drink on Obesity and Overweight Among Young Adult Women	2014
12	Assessing Dietary and Yogic impact on the Nutritional Status of Elderly People	2014

13	Nutritional status and health problems of alcoholics	2009
14	A study on nutritional status of diabetes among adult men	2008
15	Prevalence of obesity and food intake among school going children	2008
16	Nutritional status and health problems of elderly women in Angamaly railway colony	2007

## **UG PROJECTS GUIDED**

SL.NO	TITLE	MONTH/ YEAR
1	Ann Maria Davis- Identify the symptoms of PCOS in adolescent girls	APRIL/2019
2	Stegi Peter- The home environment influence on children after school physical activity	APRIL/2019
3	Sreelakshmi Sasi- Locally available banana stem products	APRIL/2019
4	Merin Mathew- Customs of scheduled tribal community in Kallargramapanchayat of Kasargod District	APRIL/2019
5	Agnes Sebastian, A study on preference of milk and dairy products among school going children	APRIL/2018
6	Swetha M.M., Comparison between the sensory evaluation of woodfire cooking ,LPG cooking and solar cooking	APRIL/2018
7	AsmyP.P. A study on self-harm behavior of preschool children	APRIL/2018
8	Dona Chacko, Comparing health related quality of life among employed and unemployed women	APRIL/2018
9	Lovely Maria John comparison of behavior problems among vegetarians and non-vegetarians	APRIL/2017
10	Athiya Anand, Superiority of human milk and cows milk	APRIL/2017
11	Thasfia N., Nutritional And Health Problems of Pregnant Women in	APRIL/2017

	Lakshadweep area	
12	Edna bassie, A comparative study on the perception and attitudes of young adults marriage and family life	APRIL/2017
13	Alphy Kochappan, A study on food choice and development of healthy breakfast for elderly people	APRIL/2017
14	A study on snacks and obesity	2016
15	Bensy baby, Consumption of locally available fruits among school going children	2016
16	A study on food allergies in people	2016
17	The dietary habit of schoolgoing children of employed and unemployed home makers	2016
18	A study on prevalence & health status complications among thyroid disorders in adult women	2016
19	Development of High Calorie Breakfast recipes for an Underweight girl	2015
20	A Study on health status of yoga practicing in Adolescent	2015
21	Study on consumption of carbonated drinks among college girls	2015
22	A study on irregular menstrual cycle in adolescent girls	2015
23	A Study on health status and food preferences with preference to blood group of adolescents	2015
24	Development of protein rich recipes for pregnant lady	2013
25	Breast cancer Aetiology and food consumption pattern of the affected	2013
26	Development of protein rich recipes for pregnant lady	2009
27	Breast cancer aetiology and food consumption pattern of the affected	2009
28	Development of soya milk products for peptic ulcer patient	2009
29	Food and nutrient intake in relation to cardiovascular disease among adult	2009
30	Consumption of street foods among urban college students	2008

31	Development of less spicy nutritious recipes for heartburn subjects	2008

## REFERENCES

- Dr. P. Nazni, Associate Professor, Periyaruniversity, Salem.
- •